

## SOUTH YORKSHIRE OPEN MASTERS 2018

**Promoted by:** Sheffield & District A.S.A. (Under A.S.A. Laws and Technical Rules)  
**Date:** Sunday 18th November 2018  
**Venue:** Ponds Forge International Sports Centre Sheffield  
**Warm Up:** 12.30 (**Swim Down Facility available all afternoon after main warm up**)  
**Start:** 13.15 Estimated Finish: 18.00  
**Length of Pool:** 25 Metres 10 Lanes  
**Age Groups:** A:18/24, B:25/29, C:30/34, D:35/39, E:40/44, F:45/49, G:50/54, H:55/59, I:60/64, J:65/69, K:70/74, L:75yrs+,

### EVENTS

1. Ladies	400m Freestyle	18. Men's	50m Butterfly
2. Men's	400m Freestyle	19. Ladies	100m Backstroke
3. Ladies	50m Backstroke	20. Men's	100m Backstroke
4. Men's	50m Backstroke	21. Ladies	50m Freestyle
5. Ladies	100m Butterfly	22. Men's	50m Freestyle
6. Men's	100m Butterfly	23. Ladies	100m Breaststroke
7. Ladies	4 x 25m Medley Team 72yrs +	24. Men's	100m Breaststroke
8. Men's	4 x 25m Medley Team 72yrs +	25. Ladies	100m Ind. Medley
9. Ladies	4 x 25m Medley Team 120yrs +	26. Men's	100m Ind. Medley
10. Men's	4 x 25m Medley Team 120yrs +	27. Ladies	100m Freestyle
11. Ladies	4 x 25m Medley Team 160yrs +	28. Men's	100m Freestyle
12. Men's	4 x 25m Medley Team 160yrs +	29. Ladies	4 x 25m F/S Team 72yrs +
13. Ladies	50m Breaststroke	30. Men's	4 x 25m F/S Team 72yrs +
14. Men's	50m Breaststroke	31. Ladies	4 x 25m F/S Team 120yrs +
15. Ladies	200m Freestyle	32. Men's	4 x 25m F/S Team 120yrs +
16. Men's	200m Freestyle	33. Ladies	4 x 25m F/S Team 160yrs +
17. Ladies	50m Butterfly	34. Men's	4 x 25m F/S Team 160yrs +

All events shall be heat declared winner. All heats will be spearheaded

Medals will be awarded for the first three in each age group in each event **irrespective of how many are competing in the age group**

There will be no presentations; medals should be collected from the Awards table when announced.

All entries must be made on the attached entry form or on a copy. Current times should be entered for a 25m pool.

Swimmers may only swim for one club.

This is a "no cards" gala. Swimmers will be pre-seeded and heats and lanes will be shown on the start lists available on the day.

**CLOSING DATE FOR ENTRIES:** 28th October 2018

**Entry Fees:** £4.00 for all other Individual events

£10.00 per Relay event

All entries to be sent to: Philip Johnson, 55 Sheffield Road, Hackenthorpe, Sheffield, S12 4LR.

Tel: 0114-2510448 (07974 669947 Mobile) Email: philandliz1985@gmail.com

Cheques to be made out to Sheffield & District ASA

## SOUTH YORKSHIRE OPEN MASTERS 2018

Sunday 18<sup>th</sup> November 2018 - Ponds Forge International Sports Centre Sheffield

### Individual Entry Form

<b>Name:</b>		<b>Date of Birth:</b>	
<b>Sex:</b>		<b>Age Group:</b>	
<b>Club:</b>		<b>Reg. No</b>	
<b>Address:</b>			
<b>Tel. No:</b>		<b>Email Address:</b>	
<b>Individual Events</b>	<b>Submitted Time</b>	<b>Individual Events</b>	<b>Submitted Time</b>
<b>50m Freestyle</b>		<b>100m Backstroke</b>	
<b>100m Freestyle</b>		<b>50m Breaststroke</b>	
<b>200m Freestyle</b>		<b>100m Breaststroke</b>	
<b>400m Freestyle</b>		<b>50m Butterfly</b>	
<b>50m Backstroke</b>		<b>100m Butterfly</b>	
		<b>100m Ind. Medley</b>	

#### **CLUB RELAYS**

Relay events should be submitted by only one person from your club. Subject to the number of team entries, poolside relay entries may be accepted on the day before the start of the session. **PLEASE NOTE THAT 18-24 YEAR OLD SWIMMERS MAY ONLY SWIM IN THE 72+ RELAYS.**

TO ENTER SIMPLY TICK THE RELEVANT BOX(ES)

NAME OF CLUB IN FULL.....

EVENT	<u>MEN</u>			<u>WOMEN</u>		
	72yrs+	120yrs+	160yrs+	72yrs+	120yrs+	160yrs+
4x25m Freestyle						
4x25m Medley						

Declaration (This declaration must be signed and the appropriate entry fees must accompany this form): I declare that the above particulars are correct and agree to abide by the Promoter's conditions as laid down in the Information Sheet for this event.

Signature of Competitor.....

ENTRY FEES: Total Number of Individual Event Entered.....@£4.00 per event.....

Total Number of Relay Events Entered.....@£10.00 per event.....

Program Required before Event: YES/NO (Please delete, as appropriate)

**Programs will be emailed. If you require a program, please ensure that you supply an email above. If you do not supply an email address, or don't select 'YES' for "Program Required before Event", I will not email a program to you.**

<b>Cheques made payable to Sheffield &amp; District ASA for a total of:</b>
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Closing date for entries: 28th October 2018

Send to: Philip Johnson, 55 Sheffield Road, Hackenthorpe, Sheffield, S12 4LR