

# EVENT 105 Mens/Womens Open 400m Freestyle

## MENS 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Daniel Craigen	39	Chester Acad	4:25.72	4:21.05 *	541 *			
<b>New NW Region Record - Previously RICHARD SYMONS, TRAFFORD METRO, 4:42.97, set 2012</b>									
<b>New NW All comers= Record - Previously RICHARD SYMONS, TRAFFORD METRO, 04:42.97, set 2012</b>									
	50m	30.29,	100m 1:03.33,	150m 1:36.62,	200m 2:10.48,	250m 2:44.21,	300m 3:18.43,	350m 3:52.88,	400m 4:25.72
2.	Christopher Rix	37	Warrington D	4:33.01	4:28.30 *	498 *			
	50m	30.26,	100m 1:04.17,	150m 1:38.58,	200m 2:13.16,	250m 2:48.22,	300m 3:23.36,	350m 3:58.68,	400m 4:33.01
3.	Richard Symons	39	Trafford Met	4:57.41	4:52.18 *	386 *			
	50m	31.77,	100m 1:07.65,	150m 1:44.70,	200m 2:22.89,	250m 3:01.22,	300m 3:40.20,	350m 4:18.97,	400m 4:57.41
4.	Graeme Atherton	38	Warrington D	5:01.50	4:56.35 *	370 *			
	50m	33.35,	100m 1:11.27,	150m 1:49.56,	200m 2:27.99,	250m 3:06.95,	300m 3:46.21,	350m 4:24.77,	400m 5:01.50
5.	Ed Clayton	37	Southport SC	5:02.74	4:57.52 *	365 *			
	50m	27.70,	100m 58.64,	150m 1:43.09,	200m 2:24.43,	250m 3:04.98,	300m 3:45.34,	350m 4:25.17,	400m 5:02.74
6.	Richard Taylor	39	Warrington D	5:04.95	4:59.59 *	358 *			
	50m	34.15,	100m 1:11.61,	150m 1:50.17,	200m 2:28.91,	250m 3:07.89,	300m 3:46.78,	350m 4:26.06,	400m 5:04.95
7.	Daniel Dawson	37	Colne SC	5:29.66	5:23.98 *	283 *			
	50m	34.60,	100m 1:12.54,	150m 1:53.01,	200m 2:35.43,	250m 3:18.63,	300m 4:02.60,	350m 4:47.24,	400m 5:29.66

## MENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Philip Croxall	44	Colne SC	4:52.26	4:43.00 *	424 *			
	50m	33.46,	100m 1:11.12,	150m 1:48.96,	200m 2:26.85,	250m 3:04.18,	300m 3:41.15,	350m 4:17.52,	400m 4:52.26
2.	Bing-Hua Kuan	43	NorthernWave	6:31.54	6:20.84 *	174 *			
	50m	43.61,	100m 1:33.08,	150m 2:23.72,	200m 3:15.12,	250m 4:05.64,	300m 4:56.17,	350m 5:44.52,	400m 6:31.54

## MENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Clive Roberts	48	Chester Acad	4:43.34	4:27.60 *	502 *			
	50m	32.16,	100m 1:07.31,	150m 1:43.68,	200m 2:19.99,	250m 2:56.22,	300m 3:32.44,	350m 4:08.65,	400m 4:43.34
2.	Andrew Carr	47	City of Linc	4:54.49	4:40.14 *	438 *			
	50m	34.49,	100m 1:11.80,	150m 1:50.30,	200m 2:29.17,	250m 3:05.72,	300m 3:42.30,	350m 4:18.94,	400m 4:54.49
3.	Garry Vickers	45	Etwall Eagle	5:17.25	5:05.59 *	337 *			
	50m	35.17,	100m 1:13.35,	150m 1:52.44,	200m 2:32.39,	250m 3:13.31,	300m 3:54.90,	350m 4:36.42,	400m 5:17.25
4.	Tom McCullough	45	Barrow Long	5:42.46	5:29.88 *	268 *			
	50m	38.81,	100m 1:21.84,	150m 2:05.91,	200m 2:50.06,	250m 3:33.51,	300m 4:17.15,	350m 5:00.77,	400m 5:42.46
5.	David Barnes	47	Blackpool Aq	5:57.64	5:40.21 *	244 *			
	50m	32.86,	100m 1:12.80,	150m 1:58.15,	200m 2:45.91,	250m 3:33.35,	300m 4:21.64,	350m 5:10.06,	400m 5:57.64

## MENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Mark Jones	53	Everton Swim	4:50.21	4:22.74 *	531 *			
<b>New NW Region Record - Previously MARK JONES, EVERTON, 4:50.70, set 2012</b>									
<b>New NW All comers= Record - Previously MARK JONES, EVERTON, 04:50.70, set 2012</b>									
	50m	33.55,	100m 1:09.75,	150m 1:46.44,	200m 2:23.65,	250m 3:00.11,	300m 3:37.35,	350m 4:14.08,	400m 4:50.21
2.	Alec Johnson	51	Trafford Met	4:51.84	4:28.99 *	494 *			
	50m	32.82,	100m 1:09.81,	150m 1:46.98,	200m 2:24.45,	250m 3:01.58,	300m 3:38.35,	350m 4:15.74,	400m 4:51.84
3.	Russell Mason	50	Warrington D	5:03.90	4:42.51 *	427 *			
	50m	34.37,	100m 1:12.12,	150m 1:51.08,	200m 2:30.06,	250m 3:08.67,	300m 3:48.29,	350m 4:27.33,	400m 5:03.90
4.	Bob Bolton	53	Trafford Met	6:03.39	5:28.99 *	270 *			
	50m	38.47,	100m 1:27.53,	150m 2:10.84,	200m 2:55.95,	250m 3:41.95,	300m 4:29.01,	350m 5:16.91,	400m 6:03.39
	Nick Parkes	52	Middlesbroug	DNC					

## MENS 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	David Burchell	58	Mold	5:30.21	4:45.21 *	415 *			
<b>New NW All comers= Record - Previously BRAD KEEGAN, CLITHEROE, 05:36.99, set 2005</b>									
	50m	37.05,	100m 1:18.53,	150m 1:59.93,	200m 2:42.49,	250m 3:25.19,	300m 4:07.56,	350m 4:49.93,	400m 5:30.21

## MENS 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Graham Pearson	61	Carlisle Aqu	6:24.38	5:22.79 *	286 *			
	50m	42.55,	100m 1:29.86,	150m 2:17.10,	200m 3:05.38,	250m 3:53.62,	300m 4:42.86,	350m 5:34.03,	400m 6:24.38
2.	Keith Rothwell	64	Arfon Master	6:50.10	5:34.93 *	256 *			
	50m	41.32,	100m 1:31.34,	150m 2:22.99,	200m 3:16.67,	250m 4:10.45,	300m 5:04.73,	350m 5:57.91,	400m 6:50.10

## MENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points			
1.	Graham Padgett	66	Warrington D	5:30.03	4:24.50 *	520 *			
	50m	37.35,	100m 1:18.46,	150m 2:00.79,	200m 2:42.60,	250m 3:24.50,	300m 4:06.75,	350m 4:49.27,	400m 5:30.03

### MENS 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points										
1.	Harry Barrow	75	Borough of K	6:58.86	5:00.84 *	353 *										
<b>New NW All comers= Record - Previously THOMAS WALKER, C OF CHESTER, 07:22.01, set 2012</b>																
	50m	46.60,	100m	1:38.33,	150m	2:32.68,	200m	3:26.93,	250m	4:20.03,	300m	5:12.81,	350m	6:05.94,	400m	6:58.86
2.	John Anderson	76	Trafford Met	8:23.08	5:55.11 *	215 *										
	50m	56.53,	100m	2:01.41,	150m	3:09.22,	200m	4:15.09,	250m	5:19.30,	300m	6:22.65,	350m	7:24.00,	400m	8:23.08

### MENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Daniel Craigen	39	Chester Acad	4:25.72	4:21.05 *	541 *
2.	Mark Jones	53	Everton Swim	4:50.21	4:22.74 *	531 *
3.	Graham Padgett	66	Warrington D	5:30.03	4:24.50 *	520 *
4.	Clive Roberts	48	Chester Acad	4:43.34	4:27.60 *	502 *
5.	Christopher Rix	37	Warrington D	4:33.01	4:28.30 *	498 *
6.	Alec Johnson	51	Trafford Met	4:51.84	4:28.99 *	494 *
7.	Andrew Carr	47	City of Linc	4:54.49	4:40.14 *	438 *
8.	Russell Mason	50	Warrington D	5:03.90	4:42.51 *	427 *
9.	Philip Croxall	44	Colne SC	4:52.26	4:43.00 *	424 *
10.	David Burchell	58	Mold	5:30.21	4:45.21 *	415 *
11.	Richard Symons	39	Trafford Met	4:57.41	4:52.18 *	386 *
12.	Graeme Atherton	38	Warrington D	5:01.50	4:56.35 *	370 *
13.	Ed Clayton	37	Southport SC	5:02.74	4:57.52 *	365 *
14.	Richard Taylor	39	Warrington D	5:04.95	4:59.59 *	358 *
15.	Harry Barrow	75	Borough of K	6:58.86	5:00.84 *	353 *
16.	Garry Vickers	45	Etwall Eagle	5:17.25	5:05.59 *	337 *
17.	Graham Pearson	61	Carlisle Aqu	6:24.38	5:22.79 *	286 *
18.	Daniel Dawson	37	Colne SC	5:29.66	5:23.98 *	283 *
19.	Bob Bolton	53	Trafford Met	6:03.39	5:28.99 *	270 *
20.	Tom McCullough	45	Barrow Long	5:42.46	5:29.88 *	268 *
21.	Keith Rothwell	64	Arfon Master	6:50.10	5:34.93 *	256 *
22.	David Barnes	47	Blackpool Aq	5:57.64	5:40.21 *	244 *
23.	John Anderson	76	Trafford Met	8:23.08	5:55.11 *	215 *
24.	Bing-Hua Kuan	43	NorthernWave	6:31.54	6:20.84 *	174 *

## EVENT 105 Mens/Womens Open 400m Freestyle

### WOMENS 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Rachael Gorman	22	Trafford Met	5:11.46	5:12.42 *	425 *
50m 35.40, 100m 1:14.26, 150m 1:53.94, 200m 2:33.47, 250m 3:12.27, 300m 3:51.70, 350m 4:31.92, 400m 5:11.46						

### WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
	Laura Bowden	26	Trafford Met	DNC		

### WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Helen Whittle	32	Blackpool Aq	5:26.55	5:23.61 *	382 *
50m 35.52, 100m 1:14.54, 150m 1:55.31, 200m 2:36.82, 250m 3:18.80, 300m 4:01.28, 350m 4:44.24, 400m 5:26.55						
	Rebecca Holland	33	Chester Acad	DNC		

### WOMENS 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Lisa Stansbie	39	Etwall Eagle	6:16.83	6:12.83 *	250 *
50m 40.59, 100m 1:26.10, 150m 2:14.28, 200m 3:03.40, 250m 3:52.92, 300m 4:41.27, 350m 5:29.24, 400m 6:16.83						

### WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Sarah Adams	40	Basingstoke	4:59.84	4:56.22 *	498 *
<b>New NW All comers= Record - Previously KAREN DRIVER, COLNE, 05:03.04, set 2011</b>						
50m 34.05, 100m 1:11.22, 150m 1:49.37, 200m 2:27.77, 250m 3:06.27, 300m 3:44.17, 350m 4:22.43, 400m 4:59.84						
2.	Karen Driver	42	Colne SC	5:02.35	4:57.39 *	492 *
<b>New NW Region Record - Previously KAREN DRIVER, COLNE, 5:03.04, set 2011</b>						
50m 35.50, 100m 1:13.24, 150m 1:51.25, 200m 2:29.85, 250m 3:08.26, 300m 3:46.58, 350m 4:24.82, 400m 5:02.35						
3.	Deborah Tuck	43	Cleethorpes	5:05.29	4:59.38 *	483 *
50m 34.10, 100m 1:11.46, 150m 1:49.25, 200m 2:27.84, 250m 3:06.51, 300m 3:46.10, 350m 4:25.94, 400m 5:05.29						

### WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Lynne Dawson	46	Chapelton S	6:01.55	5:50.12 *	302 *
50m 38.95, 100m 1:23.30, 150m 2:09.41, 200m 2:56.40, 250m 3:43.02, 300m 4:29.98, 350m 5:16.64, 400m 6:01.55						
2.	Becky Kirby	46	Trafford Met	6:07.90	5:56.27 *	286 *
50m 40.41, 100m 1:25.84, 150m 2:12.65, 200m 3:00.22, 250m 3:47.37, 300m 4:34.71, 350m 5:22.50, 400m 6:07.90						

### WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Judy Hattle	53	Carlisle Aqu	5:15.74	4:50.77 *	527 *
50m 35.98, 100m 1:15.50, 150m 1:56.16, 200m 2:36.83, 250m 3:17.05, 300m 3:56.90, 350m 4:37.17, 400m 5:15.74						
2.	Frances West	52	Macclesfield	6:01.58	5:35.96 *	341 *
50m 39.46, 100m 1:22.63, 150m 2:07.71, 200m 2:53.91, 250m 3:40.39, 300m 4:27.10, 350m 5:14.70, 400m 6:01.58						
	Barbara Holmes	54	Blackpool Aq	DNC		

### WOMENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Rachel Barton	65	Trafford Met	5:52.51	4:41.74 *	579 *
<b>New British Record - Previously Linda ASHMORE, WEYPORT MASTERS SC, 05:59.84, set 27-Oct-12</b>						
<b>New NW Region Record - Previously DOREEN GORDON, SOUTHPORT, 7:17.47, set 2012</b>						
<b>New NW All comers= Record - Previously BRENDA WALKER, CITY OF CHESTER, 06:53.36, set 2005</b>						
50m 41.20, 100m 1:25.49, 150m 2:10.63, 200m 2:55.74, 250m 3:40.66, 300m 4:25.70, 350m 5:09.97, 400m 5:52.51						

### WOMENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Rachel Barton	65	Trafford Met	5:52.51	4:41.74 *	579 *
2.	Judy Hattle	53	Carlisle Aqu	5:15.74	4:50.77 *	527 *
3.	Sarah Adams	40	Basingstoke	4:59.84	4:56.22 *	498 *
4.	Karen Driver	42	Colne SC	5:02.35	4:57.39 *	492 *
5.	Deborah Tuck	43	Cleethorpes	5:05.29	4:59.38 *	483 *
6.	Rachael Gorman	22	Trafford Met	5:11.46	5:12.42 *	425 *
7.	Helen Whittle	32	Blackpool Aq	5:26.55	5:23.61 *	382 *
8.	Frances West	52	Macclesfield	6:01.58	5:35.96 *	341 *
9.	Lynne Dawson	46	Chapelton S	6:01.55	5:50.12 *	302 *
10.	Becky Kirby	46	Trafford Met	6:07.90	5:56.27 *	286 *
11.	Lisa Stansbie	39	Etwall Eagle	6:16.83	6:12.83 *	250 *

## EVENT 205 Mens/Womens Open 800m Freestyle

### MENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Clive Roberts	48	Chester Acad	9:55.22	9:20.08 *	496 *
	50m 34.31, 100m 1:10.94, 150m 1:48.90, 200m 2:26.46, 250m 3:04.23, 300m 3:42.14, 350m 4:20.35, 400m 4:58.50 450m 5:36.25, 500m 6:14.33, 550m 6:52.12, 600m 7:29.30, 650m 8:06.22, 700m 8:43.36, 750m 9:20.39, 800m 9:55.22					
2.	Andrew Carr	47	City of Linc	10:11.68	9:39.21 *	448 *
	50m 34.71, 100m 1:11.82, 150m 1:49.96, 200m 2:28.49, 250m 3:07.47, 300m 3:46.62, 350m 4:25.68, 400m 5:05.11 450m 5:44.20, 500m 6:23.69, 550m 7:02.98, 600m 7:42.17, 650m 8:20.16, 700m 8:57.88, 750m 9:35.36, 800m 10:11.68					

### MENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Mark Jones	53	Everton Swim	10:01.13	9:04.81 *	539 *
	50m 34.44, 100m 1:11.39, 150m 1:48.94, 200m 2:26.60, 250m 3:04.23, 300m 3:42.14, 350m 4:20.16, 400m 4:58.49 450m 5:36.52, 500m 6:14.74, 550m 6:53.24, 600m 7:31.63, 650m 8:09.04, 700m 8:47.37, 750m 9:25.13, 800m 10:01.13					

### MENS 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	David Randall	59	Trafford Met	11:52.18	10:12.00 *	380 *
	50m 39.41, 100m 1:23.37, 150m 2:08.96, 200m 2:54.53, 250m 3:39.56, 300m 4:24.85, 350m 5:09.88, 400m 5:54.94 450m 6:40.13, 500m 7:25.53, 550m 8:10.71, 600m 8:54.90, 650m 9:39.14, 700m 10:23.79, 750m 11:08.25, 800m 11:52.18					

### MENS 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Keith Rothwell	64	Arfon Master	14:10.99	11:36.94 *	257 *
	50m 44.94, 100m 1:36.42, 150m 2:30.64, 200m 3:24.34, 250m 4:18.21, 300m 5:12.39, 350m 6:05.87, 400m 6:59.27 450m 7:52.48, 500m 8:46.65, 550m 9:40.57, 600m 10:34.53, 650m 11:28.99, 700m 12:23.83, 750m 13:18.45, 800m 14:10.99					

### MENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Graham Padgett	66	Warrington D	11:07.51	8:55.58 *	567 *
	50m 38.96, 100m 1:20.49, 150m 2:02.53, 200m 2:44.74, 250m 3:27.18, 300m 4:09.19, 350m 4:51.51, 400m 5:33.18 450m 6:14.81, 500m 6:56.61, 550m 7:38.50, 600m 8:21.11, 650m 9:03.21, 700m 9:45.33, 750m 10:27.56, 800m 11:07.51					

### MENS 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Harry Barrow	75	Borough of K	14:22.85	10:16.05 *	372 *
	<b>New NW All comers= Record - Previously JOHN ANDERSON, TRAFFORD METRO, 16:49.34, set 2012</b> 50m 50.01, 100m 1:46.53, 150m 2:43.98, 200m 3:40.07, 250m 4:34.79, 300m 5:28.62, 350m 6:22.77, 400m 7:17.13 450m 8:11.55, 500m 9:05.31, 550m 9:59.22, 600m 10:53.36, 650m 11:47.69, 700m 12:40.98, 750m 13:33.38, 800m 14:22.85					

### MENS 85/89 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Ted Hoy	85	Shrewsbury S	17:00.19	9:29.03 *	473 *
	<b>New British Record - Previously Harold DODD, TRAFFORD MET, 17:36.39, set 31-Oct-04</b> <b>New NW All comers= Record - Previously unclaimed</b> 50m 55.27, 100m 1:56.48, 150m 2:59.70, 200m 4:04.79, 250m 5:10.21, 300m 6:16.58, 350m 7:20.27, 400m 8:25.04 450m 9:28.91, 500m 10:34.10, 550m 11:39.72, 600m 12:43.94, 650m 13:48.58, 700m 14:53.25, 750m 15:57.76, 800m 17:00.19					

### MENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1	Graham Padgett	66	Warrington D	11:07.51	8:55.58 *	567 *
2	Mark Jones	53	Everton Swim	10:01.13	9:04.81 *	539 *
3	Clive Roberts	48	Chester Acad	9:55.22	9:20.08 *	496 *
4	Ted Hoy	85	Shrewsbury S	17:00.19	9:29.03 *	473 *
5	Andrew Carr	47	City of Linc	10:11.68	9:39.21 *	448 *
6	David Randall	59	Trafford Met	11:52.18	10:12.00 *	380 *
7	Harry Barrow	75	Borough of K	14:22.85	10:16.05 *	372 *
8	Keith Rothwell	64	Arfon Master	14:10.99	11:36.94 *	257 *

### WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Rebecca Lennon	31	Trafford Met	10:46.13	10:47.60 *	418 *
	50m 36.76, 100m 1:16.53, 150m 1:57.18, 200m 2:38.28, 250m 3:19.31, 300m 4:00.39, 350m 4:41.43, 400m 5:22.38 450m 6:03.42, 500m 6:44.15, 550m 7:25.09, 600m 8:05.92, 650m 8:46.74, 700m 9:27.26, 750m 10:07.39, 800m 10:46.13					
2.	Helen Whittle	32	Blackpool Aq	11:07.60	11:08.48 *	380 *
	50m 36.79, 100m 1:17.20, 150m 1:58.18, 200m 2:40.06, 250m 3:22.25, 300m 4:05.04, 350m 4:47.50, 400m 5:30.13 450m 6:12.95, 500m 6:55.01, 550m 7:37.49, 600m 8:19.94, 650m 9:02.31, 700m 9:44.78, 750m 10:26.30, 800m 11:07.60					

### WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Karen Driver	42	Colne SC	10:14.11	10:00.12 *	526 *
	50m 35.63, 100m 1:13.36, 150m 1:52.18, 200m 2:31.02, 250m 3:10.08, 300m 3:48.84, 350m 4:27.57, 400m 5:06.47 450m 5:44.98, 500m 6:23.81, 550m 7:02.01, 600m 7:41.17, 650m 8:19.92, 700m 8:58.51, 750m 9:36.93, 800m 10:14.11					

### WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Judy Brown	49	Warrington D	10:21.86	9:43.17 *	573 *
	50m 36.66, 100m 1:16.39, 150m 1:56.49, 200m 2:36.56, 250m 3:16.07, 300m 3:55.46, 350m 4:34.25, 400m 5:13.01 450m 5:51.42, 500m 6:29.89, 550m 7:08.75, 600m 7:48.24, 650m 8:27.47, 700m 9:06.10, 750m 9:44.66, 800m 10:21.86					
2.	Jo Bolton	47	Trafford Met	11:31.35	10:57.53 *	400 *
	50m 39.06, 100m 1:21.87, 150m 2:05.62, 200m 2:50.07, 250m 3:34.67, 300m 4:18.64, 350m 5:02.42, 400m 5:46.40 450m 6:29.79, 500m 7:13.09, 550m 7:56.36, 600m 8:39.62, 650m 9:22.90, 700m 10:06.56, 750m 10:49.81, 800m 11:31.35					

### WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Sally Chapman	52	Barrow Long	12:28.30	11:24.72 *	354 *
	<b>New NW Region Record - Previously unclaimed</b> <b>New NW All comers= Record - Previously JANET BRIGGS, ETWALL, 13:42.91, set 2012</b> 50m 40.86, 100m 1:25.72, 150m 2:12.80, 200m 3:00.16, 250m 3:47.47, 300m 4:35.06, 350m 5:22.27, 400m 6:10.44 450m 6:57.56, 500m 7:44.96, 550m 8:32.62, 600m 9:20.13, 650m 10:07.63, 700m 10:55.15, 750m 11:42.56, 800m 12:28.30					
2.	Irene Meikle	51	Barrow Long	14:44.86	13:36.69 *	208 *
	50m 50.31, 100m 1:44.74, 150m 2:39.90, 200m 3:35.24, 250m 4:31.16, 300m 5:26.71, 350m 6:21.79, 400m 7:17.16 450m 8:12.19, 500m 9:08.13, 550m 10:04.16, 600m 11:00.68, 650m 11:57.29, 700m 12:53.81, 750m 13:49.87, 800m 14:44.86					

### WOMENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Helen Jenkins	67	Southport SC	15:22.97	11:51.40 *	315 *
	50m 51.43, 100m 1:48.96, 150m 2:47.36, 200m 3:45.65, 250m 4:45.21, 300m 5:44.55, 350m 6:44.16, 400m 7:43.12 450m 8:41.70, 500m 9:40.27, 550m 10:38.68, 600m 11:36.61, 650m 12:33.60, 700m 13:30.76, 750m 14:27.77, 800m 15:22.97					

### WOMENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1	Judy Brown	49	Warrington D	10:21.86	9:43.17 *	573 *
2	Karen Driver	42	Colne SC	10:14.11	10:00.12 *	526 *
3	Rebecca Lennon	31	Trafford Met	10:46.13	10:47.60 *	418 *
4	Jo Bolton	47	Trafford Met	11:31.35	10:57.53 *	400 *
5	Helen Whittle	32	Blackpool Aq	11:07.60	11:08.48 *	380 *
6	Sally Chapman	52	Barrow Long	12:28.30	11:24.72 *	354 *
7	Helen Jenkins	67	Southport SC	15:22.97	11:51.40 *	315 *
8	Irene Meikle	51	Barrow Long	14:44.86	13:36.69 *	208 *

# EVENT 104 Mens/Womens Open 1500m Freestyle

## MENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Chris Malpass	34	Chester Acad	18:39.60	18:06.39 *	479 *
	50m 31.96, 100m 1:08.54, 150m 1:45.81, 200m 2:22.84, 250m 3:00.28, 300m 3:37.90, 350m 4:15.41, 400m 4:52.75 450m 5:30.15, 500m 6:07.37, 550m 6:44.73, 600m 7:21.93, 650m 7:59.21, 700m 8:36.39, 750m 9:13.55, 800m 9:51.29 850m 10:29.08, 900m 11:06.69, 950m 11:44.39, 1000m 12:22.34, 1050m 13:00.28, 1100m 13:37.90, 1150m 14:15.85, 1200m 14:54.16 1250m 15:32.46, 1300m 16:10.73, 1350m 16:49.02, 1400m 17:27.24, 1450m 18:05.51, 1500m 18:39.60, ,					
2.	David NUTTALL	33	Bolton	18:41.59	18:07.75 *	477 *
	50m 32.35, 100m 1:07.48, 150m 1:43.69, 200m 2:20.46, 250m 2:57.29, 300m 3:34.42, 350m 4:11.85, 400m 4:49.67 450m 5:27.14, 500m 6:04.78, 550m 6:42.24, 600m 7:19.92, 650m 7:57.34, 700m 8:34.37, 750m 9:11.59, 800m 9:48.48 850m 10:25.18, 900m 11:02.31, 950m 11:40.29, 1000m 12:18.22, 1050m 12:55.65, 1100m 13:34.22, 1150m 14:12.28, 1200m 14:50.87 1250m 15:29.58, 1300m 16:08.58, 1350m 16:47.67, 1400m 17:26.76, 1450m 18:05.27, 1500m 18:41.59, ,					
3.	Danny Hallam	31	Salford City	20:49.59	20:11.82 *	345 *
	50m 34.91, 100m 1:13.69, 150m 1:54.69, 200m 2:36.31, 250m 3:17.92, 300m 3:59.64, 350m 4:42.40, 400m 5:24.88 450m 6:06.74, 500m 6:49.36, 550m 7:32.07, 600m 8:14.89, 650m 8:57.73, 700m 9:40.37, 750m 10:23.95, 800m 11:05.57 850m 11:46.69, 900m 12:27.78, 950m 13:09.94, 1000m 13:51.71, 1050m 14:34.40, 1100m 15:18.00, 1150m 15:59.22, 1200m 16:40.41 1250m 17:23.06, 1300m 18:04.29, 1350m 18:46.32, 1400m 19:28.31, 1450m 20:10.06, 1500m 20:49.59, ,					
4.	Phil Burchell	33	Holywell SC	21:32.12	20:53.14 *	312 *
	50m 37.65, 100m 1:19.35, 150m 2:02.36, 200m 2:45.65, 250m 3:29.05, 300m 4:12.46, 350m 4:55.11, 400m 5:37.77 450m 6:20.60, 500m 7:03.34, 550m 7:46.38, 600m 8:29.20, 650m 9:12.42, 700m 9:55.46, 750m 10:38.72, 800m 11:21.67 850m 12:05.10, 900m 12:48.62, 950m 13:32.11, 1000m 14:15.32, 1050m 14:59.24, 1100m 15:42.70, 1150m 16:26.60, 1200m 17:10.28 1250m 17:53.64, 1300m 18:37.57, 1350m 19:21.76, 1400m 20:06.10, 1450m 20:49.57, 1500m 21:32.12, ,					

## MENS 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Christopher Hopton	38	Camden Swiss	18:26.75	17:54.52 *	495 *
	50m 32.54, 100m 1:09.18, 150m 1:47.13, 200m 2:25.07, 250m 3:03.04, 300m 3:40.76, 350m 4:18.33, 400m 4:55.69 450m 5:33.28, 500m 6:10.83, 550m 6:48.26, 600m 7:25.70, 650m 8:02.85, 700m 8:40.45, 750m 9:17.51, 800m 9:54.95 850m 10:31.70, 900m 11:08.48, 950m 11:45.25, 1000m 12:22.20, 1050m 12:58.65, 1100m 13:35.37, 1150m 14:11.87, 1200m 14:48.59 1250m 15:25.50, 1300m 16:02.51, 1350m 16:39.39, 1400m 17:15.18, 1450m 17:50.21, 1500m 18:26.75, ,					
2.	Richard Symons	39	Trafford Met	18:39.53	18:05.93 *	479 *
	<b>New NW Region Record - Previously PAUL SMITH, NORTHERN WAVE, 20:07.16, set 2010</b> 50m 32.43, 100m 1:09.22, 150m 1:46.40, 200m 2:23.46, 250m 3:00.90, 300m 3:38.17, 350m 4:15.78, 400m 4:53.37 450m 5:30.52, 500m 6:07.76, 550m 6:45.05, 600m 7:22.54, 650m 7:59.73, 700m 8:37.17, 750m 9:14.20, 800m 9:51.78 850m 10:29.75, 900m 11:07.35, 950m 11:45.01, 1000m 12:23.08, 1050m 13:00.95, 1100m 13:39.10, 1150m 14:17.14, 1200m 14:55.05 1250m 15:33.12, 1300m 16:11.57, 1350m 16:49.73, 1400m 17:27.99, 1450m 18:06.14, 1500m 18:39.53, ,					
3.	Paul Smith	38	Northern Wav	20:04.64	19:29.56 *	384 *
	50m 34.13, 100m 1:11.07, 150m 1:49.63, 200m 2:28.93, 250m 3:08.80, 300m 3:49.27, 350m 4:29.96, 400m 5:10.80 450m 5:51.67, 500m 6:32.66, 550m 7:13.40, 600m 7:53.89, 650m 8:34.52, 700m 9:14.99, 750m 9:55.68, 800m 10:36.87 850m 11:18.03, 900m 11:59.00, 950m 12:39.87, 1000m 13:20.92, 1050m 14:01.85, 1100m 14:42.87, 1150m 15:23.75, 1200m 16:04.82 1250m 16:45.83, 1300m 17:26.48, 1350m 18:07.27, 1400m 18:47.61, 1450m 19:27.10, 1500m 20:04.64, ,					
4.	Marek Dynda	37	Barrow Long	22:27.72	21:48.99 *	273 *
	50m 39.51, 100m 1:22.91, 150m 2:07.31, 200m 2:52.28, 250m 3:37.28, 300m 4:22.44, 350m 5:07.67, 400m 5:52.70 450m 6:39.39, 500m 7:25.26, 550m 8:10.66, 600m 8:56.50, 650m 9:41.55, 700m 10:27.00, 750m 11:12.33, 800m 11:58.34 850m 12:43.94, 900m 13:28.89, 950m 14:14.41, 1000m 14:59.69, 1050m 15:45.35, 1100m 16:29.87, 1150m 17:14.66, 1200m 18:00.40 1250m 18:45.45, 1300m 19:31.19, 1350m 20:16.39, 1400m 21:02.36, 1450m 21:47.20, 1500m 22:27.72, ,					

## MENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Kyran Parker	43	East Leeds S	18:20.84	17:37.30 *	519 *
	<b>New NW All comers= Record - Previously PAUL THOMPSON, CLEETHORPES, 22:07.81, set 2011</b> 50m 32.86, 100m 1:08.80, 150m 1:45.88, 200m 2:22.86, 250m 2:59.93, 300m 3:37.15, 350m 4:14.37, 400m 4:51.51 450m 5:28.85, 500m 6:06.05, 550m 6:42.75, 600m 7:20.18, 650m 7:57.16, 700m 8:33.71, 750m 9:10.55, 800m 9:47.29 850m 10:24.15, 900m 11:00.91, 950m 11:37.48, 1000m 12:14.39, 1050m 12:51.46, 1100m 13:28.31, 1150m 14:05.54, 1200m 14:42.79 1250m 15:19.95, 1300m 15:57.43, 1350m 16:34.40, 1400m 17:11.98, 1450m 17:48.23, 1500m 18:20.84, ,					
2.	Les Church	41	Chester Acad	18:21.17	17:44.23 *	509 *
	<b>New NW Region Record - Previously THOMAS MCCULLOUGH, BARROW LDSC, 23:35.63, set 2012</b> 50m 32.77, 100m 1:09.14, 150m 1:45.84, 200m 2:22.86, 250m 2:59.91, 300m 3:37.46, 350m 4:14.75, 400m 4:51.57 450m 5:28.92, 500m 6:06.04, 550m 6:43.06, 600m 7:19.94, 650m 7:56.63, 700m 8:33.25, 750m 9:10.08, 800m 9:46.91 850m 10:23.81, 900m 11:00.40, 950m 11:37.17, 1000m 12:14.21, 1050m 12:51.14, 1100m 13:28.58, 1150m 14:05.74, 1200m 14:42.81 1250m 15:20.27, 1300m 15:57.18, 1350m 16:34.13, 1400m 17:12.05, 1450m 17:49.33, 1500m 18:21.17, ,					
3.	Iain Murray	44	Chester Acad	21:57.36	21:00.10 *	307 *
	50m 39.18, 100m 1:21.81, 150m 2:05.52, 200m 2:50.49, 250m 3:34.94, 300m 4:19.41, 350m 5:04.13, 400m 5:48.82 450m 6:33.01, 500m 7:17.30, 550m 8:01.64, 600m 8:46.55, 650m 9:31.14, 700m 10:14.82, 750m 10:59.00, 800m 11:43.43 850m 12:27.65, 900m 13:11.43, 950m 13:55.64, 1000m 14:39.48, 1050m 15:23.18, 1100m 16:07.55, 1150m 16:51.10, 1200m 17:35.41 1250m 18:20.03, 1300m 19:04.34, 1350m 19:48.41, 1400m 20:31.87, 1450m 21:15.57, 1500m 21:57.36, ,					
4.	Bing-Hua Kuan	43	NorthernWave	25:38.77	24:37.91 *	190 *
	50m 44.63, 100m 1:32.72, 150m 2:22.27, 200m 3:12.16, 250m 4:02.34, 300m 4:53.56, 350m 5:45.84, 400m 6:37.62 450m 7:29.25, 500m 8:20.83, 550m 9:13.91, 600m 10:04.38, 650m 10:56.31, 700m 11:46.73, 750m 12:38.85, 800m 13:31.04 850m 14:23.22, 900m 15:16.67, 950m 16:09.28, 1000m 17:01.60, 1050m 17:54.06, 1100m 18:48.31, 1150m 19:40.57, 1200m 20:34.17 1250m 21:26.80, 1300m 22:19.20, 1350m 23:11.94, 1400m 24:03.96, 1450m 24:54.14, 1500m 25:38.77, ,					

### MENS 45/49 Yrs Age Group - Full Results

Place Name	AaD Club	Time	Adjusted	Points
1. Andrew Carr	47 City of Linc	19:04.04	17:57.05 *	491 *
50m 33.98, 100m 1:11.13, 150m 1:49.94, 200m 2:28.60, 250m 3:06.84, 300m 3:45.23, 350m 4:23.99, 400m 5:02.57 450m 5:41.05, 500m 6:19.50, 550m 6:58.14, 600m 7:36.82, 650m 8:14.97, 700m 8:53.39, 750m 9:31.46, 800m 10:09.59 850m 10:47.65, 900m 11:26.35, 950m 12:04.53, 1000m 12:43.00, 1050m 13:21.16, 1100m 13:59.18, 1150m 14:37.55, 1200m 15:15.77 1250m 15:54.28, 1300m 16:32.33, 1350m 17:10.58, 1400m 17:48.96, 1450m 18:26.88, 1500m 19:04.04, ,				
Mitch Midgley-Davies	46 Blackpool Aq	DNC		

### MENS 50/54 Yrs Age Group - Full Results

Place Name	AaD Club	Time	Adjusted	Points
1. Mark Jones	53 Everton Swim	18:52.61	16:59.94 *	579 *
50m 33.89, 100m 1:10.35, 150m 1:47.42, 200m 2:24.43, 250m 3:01.62, 300m 3:38.97, 350m 4:16.73, 400m 4:54.34 450m 5:32.33, 500m 6:10.19, 550m 6:47.82, 600m 7:25.89, 650m 8:04.07, 700m 8:42.71, 750m 9:21.35, 800m 10:00.07 850m 10:38.09, 900m 11:15.94, 950m 11:54.40, 1000m 12:33.01, 1050m 13:11.33, 1100m 13:49.38, 1150m 14:27.73, 1200m 15:06.03 1250m 15:44.57, 1300m 16:22.99, 1350m 17:01.15, 1400m 17:39.95, 1450m 18:17.04, 1500m 18:52.61, ,				
2. Nick Parkes	52 Middlesbroug	19:15.90	17:29.55 *	531 *
50m 34.70, 100m 1:12.11, 150m 1:50.69, 200m 2:29.42, 250m 3:08.03, 300m 3:46.94, 350m 4:25.47, 400m 5:04.32 450m 5:42.65, 500m 6:20.52, 550m 6:58.60, 600m 7:36.93, 650m 8:15.55, 700m 8:53.92, 750m 9:32.52, 800m 10:11.05 850m 10:49.77, 900m 11:28.47, 950m 12:07.59, 1000m 12:46.42, 1050m 13:25.01, 1100m 14:04.02, 1150m 14:42.73, 1200m 15:21.55 1250m 16:00.61, 1300m 16:39.68, 1350m 17:18.83, 1400m 17:58.18, 1450m 18:37.35, 1500m 19:15.90, ,				
3. Phil Thomas	51 Manchester T	22:14.60	20:21.52 *	337 *
50m -, 100m -, 150m 2:01.15, 200m 2:44.14, 250m 3:28.21, 300m 4:11.82, 350m 4:56.33, 400m 5:40.87 450m 6:25.97, 500m 7:11.25, 550m 7:56.77, 600m 8:41.81, 650m 9:26.83, 700m 10:12.16, 750m 10:57.73, 800m 11:41.03 850m 12:25.83, 900m 13:12.32, 950m 13:57.51, 1000m 14:42.46, 1050m 15:28.63, 1100m 16:14.75, 1150m 17:00.15, 1200m 17:45.83 1250m 18:30.80, 1300m 19:17.35, 1350m 20:01.80, 1400m 20:48.21, 1450m 21:34.19, 1500m 22:14.60, ,				

### MENS 55/59 Yrs Age Group - Full Results

Place Name	AaD Club	Time	Adjusted	Points
1. Neville Barton	59 Trafford Met	21:15.11	18:08.70 *	476 *
<b>New NW Region Record - Previously FRANK KILGANNON, HALTON, 22:48.31, set 2012</b> <b>New NW All comers= Record - Previously FRANK KILGANNON, HALTON, 22:48.31, set 2012</b>				
50m 34.57, 100m 1:13.48, 150m 1:54.16, 200m 2:35.07, 250m 3:15.82, 300m 3:56.58, 350m 4:38.08, 400m 5:19.46 450m 6:01.22, 500m 6:43.56, 550m 7:25.47, 600m 8:07.24, 650m 8:49.95, 700m 9:32.70, 750m 10:16.19, 800m 10:59.88 850m 11:43.00, 900m 12:26.42, 950m 13:09.82, 1000m 13:54.34, 1050m 14:38.91, 1100m 15:23.36, 1150m 16:08.27, 1200m 16:53.29 1250m 17:38.17, 1300m 18:22.58, 1350m 19:06.82, 1400m 19:50.79, 1450m 20:34.12, 1500m 21:15.11, ,				
2. Robert Monk	56 Chester Acad	21:52.28	19:11.38 *	402 *
50m 39.58, 100m 1:21.72, 150m 2:04.30, 200m 2:48.29, 250m 3:32.01, 300m 4:15.87, 350m 4:59.51, 400m 5:42.67 450m 6:26.25, 500m 7:10.30, 550m 7:53.94, 600m 8:39.13, 650m 9:22.60, 700m 10:06.44, 750m 10:50.84, 800m 11:35.08 850m 12:19.19, 900m 13:03.28, 950m 13:47.28, 1000m 14:31.47, 1050m 15:15.81, 1100m 16:00.48, 1150m 16:44.24, 1200m 17:28.76 1250m 18:12.69, 1300m 18:57.77, 1350m 19:41.94, 1400m 20:26.62, 1450m 21:11.30, 1500m 21:52.28, ,				
3. David Randall	59 Trafford Met	22:11.19	18:56.59 *	418 *
50m 38.84, 100m 1:21.79, 150m 2:05.68, 200m 2:49.91, 250m 3:34.03, 300m 4:18.44, 350m 5:02.96, 400m 5:47.37 450m 6:31.54, 500m 7:16.55, 550m 8:01.71, 600m 8:46.47, 650m 9:31.36, 700m 10:15.71, 750m 10:59.74, 800m 11:43.83 850m 12:28.12, 900m 13:12.66, 950m 13:57.36, 1000m 14:41.81, 1050m 15:26.34, 1100m 16:11.40, 1150m 16:56.10, 1200m 17:41.20 1250m 18:26.17, 1300m 19:11.10, 1350m 19:56.30, 1400m 20:41.49, 1450m 21:26.14, 1500m 22:11.19, ,				

### MENS 70/74 Yrs Age Group - Full Results

Place Name	AaD Club	Time	Adjusted	Points
1. Keith Leary	74 Blackpool Aq	31:29.32	22:38.98 *	244 *
<b>New NW Region Record - Previously KEITH LEARY, BLACKPOOL, 31:38.05, set 2012</b>				
50m 52.42, 100m 1:51.51, 150m 2:52.19, 200m 3:53.87, 250m 4:54.92, 300m 5:57.60, 350m 7:00.00, 400m 8:02.01 450m 9:05.00, 500m 10:06.92, 550m 11:10.86, 600m 12:13.98, 650m 13:17.02, 700m 14:21.78, 750m 15:26.61, 800m 16:32.13 850m 17:37.37, 900m 18:41.37, 950m 19:46.36, 1000m 20:50.74, 1050m 21:56.16, 1100m 22:59.60, 1150m 24:03.98, 1200m 25:07.40 1250m 26:12.89, 1300m 27:17.96, 1350m 28:22.52, 1400m 29:27.61, 1450m 30:30.95, 1500m 31:29.32, ,				

### MENS 75/79 Yrs Age Group - Full Results

Place Name	AaD Club	Time	Adjusted	Points
1. Harry Barrow	75 Borough of K	27:01.61	19:06.56 *	407 *
<b>New NW All comers= Record - Previously unclaimed</b>				
50m 49.29, 100m 1:43.12, 150m 2:38.86, 200m 3:33.54, 250m 4:28.82, 300m 5:23.39, 350m 6:17.72, 400m 7:11.96 450m 8:06.58, 500m 9:01.21, 550m 9:55.76, 600m 10:50.47, 650m 11:44.93, 700m 12:39.67, 750m 13:34.73, 800m 14:29.43 850m 15:23.69, 900m 16:18.45, 950m 17:12.48, 1000m 18:06.83, 1050m 19:01.17, 1100m 19:55.27, 1150m 20:49.99, 1200m 21:44.35 1250m 22:38.59, 1300m 23:32.76, 1350m 24:26.48, 1400m 25:20.15, 1450m 26:12.69, 1500m 27:01.61, ,				

## EVENT 104 Mens/Womens Open 1500m Freestyle

### MENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1	Mark Jones	53	Everton Swim	18:52.61	16:59.94 *	579 *
2	Nick Parkes	52	Middlesbroug	19:15.90	17:29.55 *	531 *
3	Kyran Parker	43	East Leeds S	18:20.84	17:37.30 *	519 *
4	Les Church	41	Chester Acad	18:21.17	17:44.23 *	509 *
5	Christopher Hopton	38	Camden Swiss	18:26.75	17:54.52 *	495 *
6	Andrew Carr	47	City of Linc	19:04.04	17:57.05 *	491 *
7	Richard Symons	39	Trafford Met	18:39.53	18:05.93 *	479 *
8	Chris Malpass	34	Chester Acad	18:39.60	18:06.39 *	479 *
9	David NUTTALL	33	Bolton	18:41.59	18:07.75 *	477 *
10	Neville Barton	59	Trafford Met	21:15.11	18:08.70 *	476 *
11	David Randall	59	Trafford Met	22:11.19	18:56.59 *	418 *
12	Harry Barrow	75	Borough of K	27:01.61	19:06.56 *	407 *
13	Robert Monk	56	Chester Acad	21:52.28	19:11.38 *	402 *
14	Paul Smith	38	Northern Wav	20:04.64	19:29.56 *	384 *
15	Danny Hallam	31	Salford City	20:49.59	20:11.82 *	345 *
16	Phil Thomas	51	Manchester T	22:14.60	20:21.52 *	337 *
17	Phil Burchell	33	Holywell SC	21:32.12	20:53.14 *	312 *
18	Iain Murray	44	Chester Acad	21:57.36	21:00.10 *	307 *
19	Marek Dynda	37	Barrow Long	22:27.72	21:48.99 *	273 *
20	Keith Leary	74	Blackpool Aq	31:29.32	22:38.98 *	244 *
21	Bing-Hua Kuan	43	NorthernWave	25:38.77	24:37.91 *	190 *



# EVENT 104 Mens/Womens Open 1500m Freestyle

## WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Laura Bowden	26	Trafford Met	19:04.74	19:09.28 *	527 *
<b>New NW Region Record - Previously KATIE BIRCHALL, LIVERPOOL, 20:41.45, set 2012</b>						
<b>New NW All comers= Record - Previously SOPHIE COWIE, BUCS, 19:05.86, set 2012</b>						
50m 33.76, 100m 1:10.30, 150m 1:47.40, 200m 2:24.63, 250m 3:01.99, 300m 3:39.48, 350m 4:16.89, 400m 4:54.66						
450m 5:32.19, 500m 6:10.00, 550m 6:48.14, 600m 7:26.35, 650m 8:04.48, 700m 8:42.84, 750m 9:21.53, 800m 10:00.16						
850m 10:38.90, 900m 11:17.01, 950m 11:55.38, 1000m 12:34.14, 1050m 13:13.04, 1100m 13:52.03, 1150m 14:31.29, 1200m 15:10.11						
1250m 15:49.40, 1300m 16:28.70, 1350m 17:08.14, 1400m 17:47.32, 1450m 18:26.43, 1500m 19:04.74, ,						
2.	Gina Riley	26	Chester Acad	22:43.45	22:48.86 *	312 *
50m 40.77, 100m 1:24.47, 150m 2:09.86, 200m 2:55.35, 250m 3:41.09, 300m 4:26.98, 350m 5:12.86, 400m 5:59.21						
450m 6:44.80, 500m 7:30.08, 550m 8:15.77, 600m 9:01.00, 650m 9:46.49, 700m 10:32.21, 750m 11:17.49, 800m 12:02.92						
850m 12:48.65, 900m 13:34.83, 950m 14:20.83, 1000m 15:06.67, 1050m 15:52.67, 1100m 16:38.87, 1150m 17:25.04, 1200m 18:10.70						
1250m 18:56.73, 1300m 19:42.53, 1350m 20:28.38, 1400m 21:14.24, 1450m 22:00.05, 1500m 22:43.45, ,						

## WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Rebecca Lennon	31	Trafford Met	19:29.09	19:16.42 *	517 *
50m 35.94, 100m 1:15.23, 150m 1:54.75, 200m 2:34.19, 250m 3:13.69, 300m 3:53.09, 350m 4:32.65, 400m 5:12.40						
450m 5:51.72, 500m 6:30.93, 550m 7:10.16, 600m 7:49.37, 650m 8:28.39, 700m 9:07.38, 750m 9:46.10, 800m 10:24.91						
850m 11:03.93, 900m 11:42.80, 950m 12:22.07, 1000m 13:01.07, 1050m 13:40.01, 1100m 14:19.02, 1150m 14:58.02, 1200m 15:36.96						
1250m 16:15.89, 1300m 16:54.80, 1350m 17:33.97, 1400m 18:12.86, 1450m 18:51.84, 1500m 19:29.09, ,						
2.	Rebecca Holland	33	Chester Acad	26:43.09	26:14.56 *	205 *
50m 48.84, 100m 1:42.87, 150m 2:37.50, 200m 3:32.26, 250m 4:27.06, 300m 5:21.84, 350m 6:16.22, 400m 7:11.45						
450m 8:06.61, 500m 9:00.32, 550m 9:53.24, 600m 10:47.03, 650m 11:40.01, 700m 12:32.89, 750m 13:25.62, 800m 14:19.01						
850m 15:12.44, 900m 16:05.68, 950m 16:59.40, 1000m 17:52.80, 1050m 18:46.65, 1100m 19:40.46, 1150m 20:33.22, 1200m 21:26.37						
1250m 22:19.81, 1300m 23:14.03, 1350m 24:08.00, 1400m 25:01.37, 1450m 25:53.45, 1500m 26:43.09, ,						
3.	Hana Kobacova	32	Northern Wav	34:05.20	33:35.94 *	97 *
50m 58.81, 100m 1:58.86, 150m 3:02.77, 200m 4:07.06, 250m 5:14.88, 300m 6:20.45, 350m 7:30.67, 400m 8:39.30						
450m 9:44.67, 500m 10:54.33, 550m 12:02.93, 600m 13:14.26, 650m 14:20.13, 700m 15:28.79, 750m 16:38.51, 800m 17:46.18						
850m 18:55.99, 900m 20:04.95, 950m 21:15.09, 1000m 22:25.29, 1050m 23:38.64, 1100m 24:49.36, 1150m 25:57.55, 1200m 27:09.81						
1250m 28:19.36, 1300m 29:30.08, 1350m 30:39.69, 1400m 31:51.26, 1450m 33:01.47, 1500m 34:05.20, ,						

## WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Karen Driver	42	Colne SC	19:20.77	18:23.89 *	595 *
50m 35.72, 100m 1:13.77, 150m 1:51.99, 200m 2:30.75, 250m 3:09.37, 300m 3:48.05, 350m 4:26.55, 400m 5:05.34						
450m 5:43.98, 500m 6:22.87, 550m 7:01.73, 600m 7:40.46, 650m 8:19.38, 700m 8:58.23, 750m 9:37.12, 800m 10:16.08						
850m 10:54.93, 900m 11:33.86, 950m 12:12.93, 1000m 12:52.00, 1050m 13:31.20, 1100m 14:09.96, 1150m 14:48.93, 1200m 15:27.61						
1250m 16:07.00, 1300m 16:45.72, 1350m 17:25.06, 1400m 18:03.82, 1450m 18:42.84, 1500m 19:20.77, ,						
2.	Philippa Rickard	42	East Leeds S	19:35.35	18:37.76 *	573 *
50m 35.10, 100m 1:13.35, 150m 1:53.68, 200m 2:34.73, 250m 3:15.93, 300m 3:56.24, 350m 4:35.19, 400m 5:15.01						
450m 5:54.99, 500m 6:34.68, 550m 7:13.63, 600m 7:52.59, 650m 8:32.12, 700m 9:11.70, 750m 9:50.87, 800m 10:30.48						
850m 11:09.65, 900m 11:49.10, 950m 12:28.53, 1000m 13:08.38, 1050m 13:47.50, 1100m 14:27.00, 1150m 15:06.05, 1200m 15:44.43						
1250m 16:24.09, 1300m 17:03.43, 1350m 17:42.84, 1400m 18:21.56, 1450m 18:59.73, 1500m 19:35.35, ,						
3.	Helen Sadler	43	Trafford Met	20:11.84	19:07.90 *	529 *
50m 35.26, 100m 1:14.42, 150m 1:55.46, 200m 2:35.89, 250m 3:16.95, 300m 3:58.02, 350m 4:38.98, 400m 5:19.84						
450m 6:00.95, 500m 6:41.78, 550m 7:22.56, 600m 8:03.11, 650m 8:44.00, 700m 9:24.86, 750m 10:05.83, 800m 10:46.30						
850m 11:26.55, 900m 12:07.20, 950m 12:47.82, 1000m 13:28.81, 1050m 14:09.53, 1100m 14:50.09, 1150m 15:30.70, 1200m 16:11.07						
1250m 16:51.87, 1300m 17:32.55, 1350m 18:13.02, 1400m 18:53.89, 1450m 19:33.82, 1500m 20:11.84, ,						
4.	Lucie Brione	40	Northern Wav	30:06.15	28:50.57 *	154 *
50m 48.09, 100m 1:44.70, 150m 2:42.46, 200m 3:42.96, 250m 4:44.50, 300m 5:45.48, 350m 6:45.94, 400m 7:46.00						
450m 8:46.99, 500m 9:47.25, 550m 10:47.88, 600m 11:47.96, 650m 12:49.61, 700m 13:49.84, 750m 14:51.18, 800m 15:52.11						
850m 16:53.02, 900m 17:53.68, 950m 18:55.76, 1000m 19:59.06, 1050m 20:59.99, 1100m 22:01.32, 1150m 23:03.62, 1200m 24:05.22						
1250m 25:06.00, 1300m 26:05.67, 1350m 27:06.89, 1400m 28:07.69, 1450m 29:08.45, 1500m 30:06.15, ,						

### WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Karen Graham	48	Ilkley SC	19:34.07	18:06.05 *	625 *
<b>New NW All comers= Record - Previously TRACIE SHIPLEY, ELLESMERE PORT, 23:05.19, set 2012</b>						
50m 36.06, 100m 1:14.91, 150m 1:54.91, 200m 2:35.06, 250m 3:15.09, 300m 3:54.59, 350m 4:34.08, 400m 5:13.63						
450m 5:53.45, 500m 6:32.62, 550m 7:11.97, 600m 7:51.56, 650m 8:31.26, 700m 9:10.82, 750m 9:50.36, 800m 10:29.81						
850m 11:09.60, 900m 11:48.99, 950m 12:28.48, 1000m 13:08.01, 1050m 13:47.29, 1100m 14:26.53, 1150m 15:05.82, 1200m 15:44.44						
1250m 16:23.86, 1300m 17:03.02, 1350m 17:42.03, 1400m 18:20.65, 1450m 18:58.25, 1500m 19:34.07, ,						
2.	Judy Brown	49	Warrington D	19:42.44	18:07.47 *	622 *
<b>New NW Region Record - Previously TRACIE SHIPLEY, ELLESMERE PORT, 23:05.19, set 2012</b>						
50m 36.48, 100m 1:15.38, 150m 1:53.36, 200m 2:32.96, 250m 3:12.19, 300m 3:51.41, 350m 4:30.91, 400m 5:09.95						
450m 5:49.23, 500m 6:28.76, 550m 7:08.64, 600m 7:48.24, 650m 8:27.61, 700m 9:07.05, 750m 9:46.64, 800m 10:25.83						
850m 11:05.75, 900m 11:45.78, 950m 12:25.96, 1000m 13:06.03, 1050m 13:45.94, 1100m 14:25.83, 1150m 15:06.02, 1200m 15:45.70						
1250m 16:25.71, 1300m 17:05.72, 1350m 17:45.68, 1400m 18:25.52, 1450m 19:05.01, 1500m 19:42.44, ,						
3.	Sandra Skellern	46	Trafford Met	22:06.92	20:40.31 *	419 *
50m 38.36, 100m 1:21.24, 150m 2:04.54, 200m 2:48.47, 250m 3:32.30, 300m 4:16.65, 350m 5:00.81, 400m 5:44.93						
450m 6:28.99, 500m 7:13.44, 550m 7:57.55, 600m 8:41.98, 650m 9:26.83, 700m 10:11.62, 750m 10:56.15, 800m 11:40.41						
850m 12:25.43, 900m 13:09.96, 950m 13:54.36, 1000m 14:39.18, 1050m 15:23.99, 1100m 16:09.11, 1150m 16:54.41, 1200m 17:39.29						
1250m 18:24.53, 1300m 19:09.82, 1350m 19:55.36, 1400m 20:40.51, 1450m 21:24.48, 1500m 22:06.92, ,						

### WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Zoe Jackson	50	Borough of K	24:56.80	22:48.03 *	312 *
50m 47.35, 100m 1:36.16, 150m 2:25.48, 200m 3:16.07, 250m 4:06.63, 300m 4:57.40, 350m 5:47.94, 400m 6:37.93						
450m 7:28.09, 500m 8:18.29, 550m 9:08.39, 600m 9:58.63, 650m 10:48.54, 700m 11:38.53, 750m 12:28.60, 800m 13:18.81						
850m 14:08.89, 900m 14:58.96, 950m 15:48.74, 1000m 16:38.63, 1050m 17:28.53, 1100m 18:18.12, 1150m 19:07.74, 1200m 19:57.87						
1250m 20:47.94, 1300m 21:38.11, 1350m 22:28.21, 1400m 23:18.39, 1450m 24:08.33, 1500m 24:56.80, ,						
	Barbara Holmes	54	Blackpool Aq	DNC		

### WOMENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Patricia Jackson	66	East Anglian	26:38.97	20:31.45 *	428 *
50m 47.12, 100m 1:39.74, 150m 2:33.64, 200m 3:26.91, 250m 4:20.80, 300m 5:14.43, 350m 6:08.22, 400m 7:02.40						
450m 7:56.35, 500m 8:49.64, 550m 9:43.12, 600m 10:37.37, 650m 11:31.10, 700m 12:26.12, 750m 13:19.58, 800m 14:12.28						
850m 15:06.01, 900m 16:00.54, 950m 16:54.07, 1000m 17:47.67, 1050m 18:41.47, 1100m 19:34.87, 1150m 20:28.79, 1200m 21:22.71						
1250m 22:16.02, 1300m 23:09.26, 1350m 24:02.34, 1400m 24:55.01, 1450m 25:47.70, 1500m 26:38.97, ,						

### WOMENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1	Karen Graham	48	Ilkley SC	19:34.07	18:06.05 *	625 *
2	Judy Brown	49	Warrington D	19:42.44	18:07.47 *	622 *
3	Karen Driver	42	Colne SC	19:20.77	18:23.89 *	595 *
4	Philippa Rickard	42	East Leeds S	19:35.35	18:37.76 *	573 *
5	Helen Sadler	43	Trafford Met	20:11.84	19:07.90 *	529 *
6	Laura Bowden	26	Trafford Met	19:04.74	19:09.28 *	527 *
7	Rebecca Lennon	31	Trafford Met	19:29.09	19:16.42 *	517 *
8	Sandra Skellern	46	Trafford Met	22:06.92	20:40.31 *	419 *
9	Patricia Jackson	66	East Anglian	26:38.97	20:31.45 *	428 *
10	Zoe Jackson	50	Borough of K	24:56.80	22:48.03 *	312 *
11	Gina Riley	26	Chester Acad	22:43.45	22:48.86 *	312 *
12	Rebecca Holland	33	Chester Acad	26:43.09	26:14.56 *	205 *
13	Lucie Brione	40	Northern Wav	30:06.15	28:50.57 *	154 *
14	Hana Kobacova	32	Northern Wav	34:05.20	33:35.94 *	97 *

## EVENT 204 Mens/Womens Open 400m IM

### MENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Chris Malpass	34	Chester Acad	5:07.18	4:55.62 *	505 *
	50m 30.05, 100m 1:05.36, 150m 1:44.91, 200m 2:24.35, 250m 3:09.08, 300m 3:54.58, 350m 4:31.47, 400m 5:07.18					
2.	David NUTTALL	33	Bolton	5:17.01	5:06.86 *	452 *
	50m 31.61, 100m 1:07.97, 150m 1:49.28, 200m 2:29.68, 250m 3:14.61, 300m 4:01.65, 350m 4:39.93, 400m 5:17.01					
3.	Phil Burchell	33	Holywell SC	5:53.00	5:41.70 *	327 *
	50m 38.19, 100m 1:22.31, 150m 2:12.96, 200m 3:01.60, 250m 3:46.69, 300m 4:33.73, 350m 5:14.00, 400m 5:53.00					

### MENS 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
	Daniel Dawson	37	Colne SC	DQ -32L		

### MENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Les Church	41	Chester Acad	5:13.87	4:51.16 *	529 *
	<b>New NW Region Record - Previously ANTHONY WYLIE, PRESCOT SC, 5:20.14, set 2011</b> <b>New NW All comers= Record - Previously ANTHONY WYLIE, PRESCOT SC, 05:20.14, set 2011</b>					
	50m 32.60, 100m 1:11.00, 150m 1:52.58, 200m 2:32.55, 250m 3:18.02, 300m 4:04.36, 350m 4:40.04, 400m 5:13.87					
2.	Philip Croxall	44	Colne SC	6:03.86	5:33.10 *	353 *
	50m 38.28, 100m 1:24.48, 150m 2:14.78, 200m 3:04.71, 250m 3:54.35, 300m 4:44.56, 350m 5:24.28, 400m 6:03.86					

### MENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Andrew Cox	46	Blackpool Aq	5:43.94	5:12.15 *	429 *
	50m 35.04, 100m 1:14.22, 150m 1:56.96, 200m 2:38.83, 250m 3:35.24, 300m 4:30.71, 350m 5:08.14, 400m 5:43.94					
2.	David Barnes	47	Blackpool Aq	6:56.21	6:16.05 *	245 *
	50m 41.98, 100m 1:36.56, 150m 2:31.06, 200m 3:24.46, 250m 4:28.60, 300m 5:29.15, 350m 6:14.77, 400m 6:56.21					

### MENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Mark Jones	53	Everton Swim	5:38.34	4:55.90 *	504 *
	50m 37.40, 100m 1:20.91, 150m 2:07.23, 200m 2:52.07, 250m 3:39.09, 300m 4:26.83, 350m 5:03.61, 400m 5:38.34					

### MENS 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	David Randall	59	Trafford Met	6:49.23	5:40.17 *	331 *
	50m 44.20, 100m 1:33.84, 150m 2:39.51, 200m 3:30.10, 250m 4:25.90, 300m 5:21.55, 350m 6:05.70, 400m 6:49.23					

### MENS 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Graham Pearson	61	Carlisle Aqu	6:19.51	5:08.49 *	444 *
	50m 41.23, 100m 1:30.24, 150m 2:28.14, 200m 3:22.82, 250m 4:10.40, 300m 4:57.23, 350m 5:39.43, 400m 6:19.51					
2.	Keith Rothwell	64	Arfon Master	7:34.69	5:55.48 *	290 *
	50m 46.65, 100m 1:40.87, 150m 2:46.95, 200m 3:54.01, 250m 4:53.82, 300m 5:52.21, 350m 6:43.12, 400m 7:34.69					

### MENS 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Maurice James McDonald	75	City of Live	12:12.86	7:52.59 *	123 *
	<b>New NW Region Record - Previously unclaimed</b> <b>New NW All comers= Record - Previously unclaimed</b>					
	50m 1:37.09, 100m 3:56.30, 150m 5:23.16, 200m 6:48.53, 250m 8:17.67, 300m 9:46.38, 350m 11:00.79, 400m 12:12.86					

### MENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Les Church	41	Chester Acad	5:13.87	4:51.16 *	529 *
2.	Chris Malpass	34	Chester Acad	5:07.18	4:55.62 *	505 *
3.	Mark Jones	53	Everton Swim	5:38.34	4:55.90 *	504 *
4.	David NUTTALL	33	Bolton	5:17.01	5:06.86 *	452 *
5.	Graham Pearson	61	Carlisle Aqu	6:19.51	5:08.49 *	444 *
6.	Andrew Cox	46	Blackpool Aq	5:43.94	5:12.15 *	429 *
7.	Philip Croxall	44	Colne SC	6:03.86	5:33.10 *	353 *
8.	David Randall	59	Trafford Met	6:49.23	5:40.17 *	331 *
9.	Phil Burchell	33	Holywell SC	5:53.00	5:41.70 *	327 *
10.	Keith Rothwell	64	Arfon Master	7:34.69	5:55.48 *	290 *
11.	David Barnes	47	Blackpool Aq	6:56.21	6:16.05 *	245 *
12.	Maurice James McDonald	75	City of Live	12:12.86	7:52.59 *	123 *

### WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Laura Bowden	26	Trafford Met	5:36.88	5:39.25 *	455 *
50m 36.26, 100m 1:19.34, 150m 2:02.26, 200m 2:44.13, 250m 3:31.74, 300m 4:21.10, 350m 4:59.46, 400m 5:36.88						

### WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Emma Bisset	42	Trafford Met	7:04.25	6:54.55 *	249 *
50m 47.44, 100m 1:41.82, 150m 2:37.91, 200m 3:33.57, 250m 4:27.47, 300m 5:21.91, 350m 6:13.36, 400m 7:04.25						
	Amanda Atkinson	43	Carlisle Aqu	DNC		

### WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Judy Brown	49	Warrington D	5:39.08	5:14.94 *	569 *
50m 36.68, 100m 1:18.66, 150m 2:01.40, 200m 2:43.60, 250m 3:33.96, 300m 4:25.02, 350m 5:03.45, 400m 5:39.08						
2.	Lynne Dawson	46	Chapelton S	7:09.09	6:48.52 *	260 *
50m 49.26, 100m 1:49.11, 150m 2:41.92, 200m 3:35.25, 250m 4:33.81, 300m 5:33.68, 350m 6:22.58, 400m 7:09.09						

### WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Judy Hattle	53	Carlisle Aqu	5:40.50	5:03.84 *	634 *
50m 36.54, 100m 1:18.33, 150m 2:02.70, 200m 2:46.80, 250m 3:35.44, 300m 4:23.71, 350m 5:03.40, 400m 5:40.50						

### WOMENS 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Patricia Jackson	66	East Anglian	7:23.49	5:31.82 *	486 *
50m 47.79, 100m 1:45.83, 150m 2:42.76, 200m 3:40.22, 250m 4:41.51, 300m 5:44.17, 350m 6:34.39, 400m 7:23.49						

### WOMENS Combined Result - Full Results

Place	Name	AaD	Club	Time	Adjusted	Points
1.	Judy Hattle	53	Carlisle Aqu	5:40.50	5:03.84 *	634 *
2.	Judy Brown	49	Warrington D	5:39.08	5:14.94 *	569 *
3.	Patricia Jackson	66	East Anglian	7:23.49	5:31.82 *	486 *
4.	Laura Bowden	26	Trafford Met	5:36.88	5:39.25 *	455 *
5.	Lynne Dawson	46	Chapelton S	7:09.09	6:48.52 *	260 *
6.	Emma Bisset	42	Trafford Met	7:04.25	6:54.55 *	249 *