

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022

* Denotes new East Leeds record

Wales National Pool, Swansea

Results - Session 1 - Warm Up 08.00 - 08:50

Event 1 Men 18-24 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Thomas Beamer	20	Swansea Uni-	4:00.37	4:10.64
27.75	58.94 (31.19)	1:31.02 (32.08)	2:03.47 (32.45)	
2:35.14 (31.67)	3:07.35 (32.21)	3:39.61 (32.26)	4:10.64 (31.03)	
2 Dafydd Price	22	Cardiff Mast-	4:26.66	4:41.86
29.60	1:03.39 (33.79)	1:39.31 (35.92)	2:14.79 (35.48)	
2:50.74 (35.95)	3:28.06 (37.32)	4:05.21 (37.15)	4:41.86 (36.65)	
3 Samuel McKelvie-Warsop	23	Bristol Nor-	4:55.21	4:48.81
30.47	1:05.13 (34.66)	1:41.46 (36.33)	2:17.73 (36.27)	
2:55.46 (37.73)	3:33.53 (38.07)	4:12.57 (39.04)	4:48.81 (36.24)	
4 Josh Hooper	24	Bristol Nor-	4:48.36	4:50.32
31.12	1:06.58 (35.46)	1:43.36 (36.78)	2:21.43 (38.07)	
2:59.75 (38.32)	3:38.40 (38.65)	4:16.22 (37.82)	4:50.32 (34.10)	

Event 1 Men 25-29 400 LC Meter Freestyle

1 Matthew James	29	Birmingham M-	4:20.00	4:27.28
29.18	1:02.25 (33.07)	1:36.37 (34.12)	2:10.66 (34.29)	
2:45.15 (34.49)	3:19.65 (34.50)	3:54.14 (34.49)	4:27.28 (33.14)	
2 Ross Hosking	26	Cardiff Mast-	4:30.00	4:32.80
30.02	1:03.78 (33.76)	1:37.99 (34.21)	2:13.23 (35.24)	
2:47.68 (34.45)	3:23.05 (35.37)	3:57.51 (34.46)	4:32.80 (35.29)	

Event 1 Men 30-34 400 LC Meter Freestyle

1 Michael Tansini	31	Co Cambridge-	4:28.66	4:34.67
30.43	1:04.37 (33.94)	1:39.15 (34.78)	2:14.38 (35.23)	
2:49.71 (35.33)	3:25.39 (35.68)	4:00.51 (35.12)	4:34.67 (34.16)	
2 Andrew Benson	33	Out To Swim-	4:50.23	4:49.11
30.87	1:06.15 (35.28)	1:42.95 (36.80)	2:20.45 (37.50)	
2:58.30 (37.85)	3:36.20 (37.90)	4:14.16 (37.96)	4:49.11 (34.95)	
3 Adam Warner	32	Barnet Copt-	4:34.20	5:00.73
31.60	1:07.49 (35.89)	1:44.69 (37.20)	2:22.85 (38.16)	
3:00.61 (37.76)	3:40.34 (39.73)	4:20.37 (40.03)	5:00.73 (40.36)	
4 Arran Bluck	30	Bridgend SC-	5:08.00	5:22.04
35.55	1:14.63 (39.08)	1:55.64 (41.01)	2:37.34 (41.70)	
3:18.67 (41.33)	4:01.21 (42.54)	4:43.30 (42.09)	5:22.04 (38.74)	
5 Andrew Mason	30	Cardiff Mast-	6:00.00	5:37.76
34.40	1:13.79 (39.39)	1:56.73 (42.94)	2:40.43 (43.70)	
3:24.56 (44.13)	4:09.26 (44.70)	4:54.01 (44.75)	5:37.76 (43.75)	

Event 1 Men 40-44 400 LC Meter Freestyle

1 Christopher Hanmer	43	Chirk-	6:15.00	6:12.09
40.00	1:25.53 (45.53)	2:14.34 (48.81)	3:02.01 (47.67)	
3:50.60 (48.59)		5:26.84 ()	6:12.09 (45.25)	

Event 1 Men 45-49 400 LC Meter Freestyle

1 Andrew Martin	47	Cardiff Mast-	4:52.00	4:53.84
32.03		1:44.05 ()	2:21.45 (37.40)	
2:58.91 (37.46)	3:37.48 (38.57)	4:16.18 (38.70)	4:53.84 (37.66)	

Event 1 Men 50-54 400 LC Meter Freestyle

1 Peter Dixon	54	Bo Newham-	4:30.61	4:42.45
31.12	1:05.17 (34.05)	1:40.92 (35.75)	2:16.94 (36.02)	
2:53.61 (36.67)	3:30.29 (36.68)	4:07.30 (37.01)	4:42.45 (35.15)	
2 Paul Hatton	53	Caradon-	5:00.00	5:05.10
34.64	1:12.01 (37.37)	1:50.49 (38.48)	2:29.53 (39.04)	
3:08.16 (38.63)	3:47.49 (39.33)	4:26.40 (38.91)	5:05.10 (38.70)	
3 Sean McQuaid	54	Barnet Copt-	5:15.00	5:09.11
36.00	1:15.99 (39.99)	1:55.69 (39.70)		
3:15.14 ()	3:54.44 (39.30)	4:32.54 (38.10)	5:09.11 (36.57)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 1 Men 50-54 400 LC Meter Freestyle)**

4 Phillip Albright	52 Camden Swiss-	4:58.00	5:19.55
33.82	1:11.28 (37.46)	1:50.98 (39.70)	2:31.53 (40.55)
3:13.35 (41.82)	3:55.48 (42.13)	4:38.38 (42.90)	5:19.55 (41.17)
5 Stephen Croall	50 Swansea Mast-	5:18.00	5:20.67
33.46	1:12.80 (39.34)	1:54.04 (41.24)	2:35.78 (41.74)
	4:00.18 ()	4:42.34 (42.16)	5:20.67 (38.33)
6 Chris Adams	50 Bridgend SC-	7:30.00	7:36.01
47.28	1:43.32 (56.04)	2:39.69 (56.37)	
4:38.62 ()	5:39.00 (1:00.38)	6:37.67 (58.67)	7:36.01 (58.34)

Event 1 Men 55-59 400 LC Meter Freestyle

1 Mark Reynolds	59 Barnet Copt-	4:50.00	4:49.62
33.12	1:09.76 (36.64)	1:47.24 (37.48)	2:24.80 (37.56)
3:02.34 (37.54)	3:39.30 (36.96)	4:15.15 (35.85)	4:49.62 (34.47)
2 Colin Robbins	58 NottmLeander-	5:28.25	5:39.22
36.70	1:17.72 (41.02)	2:00.46 (42.74)	2:43.93 (43.47)
3:27.54 (43.61)	4:12.42 (44.88)	4:56.87 (44.45)	5:39.22 (42.35)
3 Martin Bradford	55 Out To Swim-	5:45.37	5:46.07
38.56	1:21.92 (43.36)	2:05.89 (43.97)	2:49.94 (44.05)
3:34.39 (44.45)	4:18.45 (44.06)	5:02.72 (44.27)	5:46.07 (43.35)

Event 1 Men 60-64 400 LC Meter Freestyle

1 Ralph Pinel	60 Bo Newham-	4:55.30	5:07.25
34.28	1:11.09 (36.81)	1:49.19 (38.10)	2:28.85 (39.66)
3:07.95 (39.10)	3:47.87 (39.92)	4:27.89 (40.02)	5:07.25 (39.36)
2 Boyd Freeman	60 Aer Lingus Masters-	5:30.00	5:11.49
35.73	1:15.67 (39.94)	1:55.86 (40.19)	2:36.32 (40.46)
3:16.20 (39.88)	3:55.52 (39.32)	4:34.05 (38.53)	5:11.49 (37.44)
3 Mark Jones	62 Warrington M-	5:05.86	5:11.61
36.14	1:14.89 (38.75)	1:54.99 (40.10)	2:34.96 (39.97)
3:14.61 (39.65)	3:54.10 (39.49)	4:33.61 (39.51)	5:11.61 (38.00)
4 Jonathan Hopkins	62 Cardiff Mast-	5:22.50	5:16.88
35.05	1:14.47 (39.42)	1:54.70 (40.23)	2:34.78 (40.08)
3:15.53 (40.75)		4:37.03 ()	5:16.88 (39.85)
5 Gordon Coutts	62 Totnes-	5:20.00	5:19.47
36.14	1:14.80 (38.66)	1:54.99 (40.19)	2:35.78 (40.79)
3:17.36 (41.58)	3:58.50 (41.14)	4:40.18 (41.68)	5:19.47 (39.29)
6 Paul Tallentire	60 Carlisle Aq-	5:20.46	5:27.42
36.73	1:17.12 (40.39)	1:58.55 (41.43)	
3:22.26 ()	4:04.80 (42.54)	4:46.94 (42.14)	5:27.42 (40.48)
7 Adam Lelean	60 Diss Otters-	5:30.00	5:29.57
36.46		2:00.44 ()	
		4:49.37 ()	5:29.57 (40.20)
8 Ian Yates	60 Bridgend SC-	5:45.00	6:01.83
39.31	1:22.66 (43.35)	2:08.27 (45.61)	2:54.20 (45.93)
3:42.43 (48.23)	4:29.67 (47.24)	5:17.35 (47.68)	6:01.83 (44.48)
9 Patrick Allen	60 Guildford Ct-	6:15.00	6:04.78
41.60	1:28.01 (46.41)	2:14.87 (46.86)	3:01.24 (46.37)
3:48.00 (46.76)	4:34.35 (46.35)	5:20.43 (46.08)	6:04.78 (44.35)
10 Euryn Williams	60 Asa Temp 2-	6:30.00	6:15.13
40.85	1:26.24 (45.39)	2:14.50 (48.26)	3:03.71 (49.21)
3:52.32 (48.61)	4:41.42 (49.10)	5:29.71 (48.29)	6:15.13 (45.42)
11 Michael Battersby	64 Cardiff Mast-	6:11.32	6:18.25
38.20	1:24.71 (46.51)	2:14.23 (49.52)	3:04.04 (49.81)
3:53.65 (49.61)	4:43.34 (49.69)	5:31.69 (48.35)	6:18.25 (46.56)
12 Stuart McGurk	61 Kendal-	6:57.40	6:57.47
45.78	1:37.83 (52.05)	2:30.42 (52.59)	3:25.38 (54.96)
4:19.00 (53.62)		6:06.85 ()	6:57.47 (50.62)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 1 Men 65-69 400 LC Meter Freestyle**

1	Christopher Goulden	65	Cardiff Mast-	5:39.10	5:31.34
			2:43.43 ()		
			4:07.61 ()	4:49.87 (42.26)	5:31.34 (41.47)
2	Trevor Clark	68	Kenilworth M-	5:45.00	5:45.18
	37.70		1:20.53 (42.83)	2:04.31 (43.78)	2:48.87 (44.56)
	3:33.00 (44.13)		4:17.67 (44.67)	5:01.93 (44.26)	5:45.18 (43.25)
3	Robert Steel	65	NottmLeander-	6:01.87	5:54.16
	38.58		1:22.39 (43.81)	2:08.51 (46.12)	2:54.34 (45.83)
	3:40.24 (45.90)		4:25.51 (45.27)	5:11.06 (45.55)	5:54.16 (43.10)
4	Nick Minns	69	St Felix Sch-	6:08.49	6:06.33
	41.89		1:27.67 (45.78)	2:14.68 (47.01)	3:00.98 (46.30)
	3:47.66 (46.68)		4:33.91 (46.25)	5:20.55 (46.64)	6:06.33 (45.78)
5	David Granger	66	Evesham-	5:47.69	6:22.33
	42.81		1:30.42 (47.61)	2:18.94 (48.52)	3:07.57 (48.63)
	3:57.02 (49.45)		4:46.92 (49.90)	5:36.86 (49.94)	6:22.33 (45.47)

Event 1 Men 70-74 400 LC Meter Freestyle

1	Stuart McLellan	73	Hadleigh-	6:30.00	6:20.53
	43.13		1:30.41 (47.28)	2:20.06 (49.65)	3:09.49 (49.43)
	3:58.99 (49.50)		4:47.42 (48.43)	6:20.53 (1:33.11)	6:20.53 ()
2	Terence Mansi	73	Hadleigh-	7:15.00	7:01.94
	46.16			2:33.02 ()	3:28.65 (55.63)
			5:17.21 ()	7:01.94 (1:44.73)	

Event 1 Men 75-79 400 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	5:20.00	5:32.59
	37.70		1:19.35 (41.65)	2:00.73 (41.38)	2:43.45 (42.72)
	3:25.85 (42.40)		4:09.20 (43.35)	4:51.92 (42.72)	5:32.59 (40.67)
2	Peter Stephens	75	Spencer-	6:44.13	6:46.32
	45.72		1:35.69 (49.97)	2:29.86 (54.17)	3:22.49 (52.63)
	4:14.83 (52.34)		5:05.99 (51.16)	5:58.55 (52.56)	6:46.32 (47.77)

Event 1 Men 80-84 400 LC Meter Freestyle

1	Paul Clarke	80	Beaver Mast-	8:49.00	9:04.99
	58.10		2:06.43 (1:08.33)	3:16.71 (1:10.28)	4:28.28 (1:11.57)
	5:39.73 (1:11.45)		6:50.85 (1:11.12)	8:00.30 (1:09.45)	9:04.99 (1:04.69)

Event 2 Women 18-24 400 LC Meter Freestyle

1	Lois Davies	19	Cardiff Mast-	4:56.54	5:04.03
	32.82			1:47.98 ()	
	3:06.11 ()			4:25.27 ()	5:04.03 (38.76)
2	Elke Morgan	23	Exeter City-	5:30.00	5:53.15
	37.62		1:21.06 (43.44)	2:06.09 (45.03)	2:52.62 (46.53)
	3:39.05 (46.43)		4:26.08 (47.03)	5:10.17 (44.09)	5:53.15 (42.98)

Event 2 Women 25-29 400 LC Meter Freestyle

1	Hannah Griffiths	28	Swansea Mast-	5:20.00	5:36.72
	34.28		1:13.26 (38.98)	1:54.71 (41.45)	2:38.66 (43.95)
			4:07.80 ()	4:53.11 (45.31)	5:36.72 (43.61)

Event 2 Women 30-34 400 LC Meter Freestyle

1	Rebecca O'Brien	33	Wycombe Dist-	5:25.02	4:43.98
	32.16		1:07.45 (35.29)	1:43.54 (36.09)	2:20.03 (36.49)
	2:56.16 (36.13)		3:32.48 (36.32)	4:08.66 (36.18)	4:43.98 (35.32)
2	Hannah Munday	31	Swansea Mast-	4:36.61	4:44.73
	31.92		1:07.02 (35.10)	1:43.16 (36.14)	2:19.62 (36.46)
	2:56.13 (36.51)		3:32.58 (36.45)	4:09.32 (36.74)	4:44.73 (35.41)
3	Hannah Angell	32	Woking-	4:56.55	4:54.16
	32.98		1:09.07 (36.09)	1:45.74 (36.67)	2:23.00 (37.26)
	3:00.77 (37.77)		3:38.68 (37.91)	4:16.89 (38.21)	4:54.16 (37.27)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 2 Women 30-34 400 LC Meter Freestyle)**

4	Stephanie McNally	33	Bristol Nor-	4:55.07	4:58.40
	33.11	1:09.00 (35.89)	1:46.18 (37.18)	2:23.93 (37.75)	
	3:02.34 (38.41)	3:41.06 (38.72)	4:20.22 (39.16)	4:58.40 (38.18)	
5	Carrie Power	34	British Army-	5:48.22	5:58.82
	38.28	1:20.31 (42.03)	2:05.33 (45.02)	2:50.61 (45.28)	
	3:37.11 (46.50)	4:23.50 (46.39)	5:11.34 (47.84)	5:58.82 (47.48)	

Event 2 Women 40-44 400 LC Meter Freestyle

1	Emma Harvey	41	A.N.T. SC-	5:42.20	5:49.07
	36.23		2:01.51 ()	2:46.36 (44.85)	
	3:31.09 (44.73)	4:17.02 (45.93)	5:03.48 (46.46)	5:49.07 (45.59)	

Event 2 Women 45-49 400 LC Meter Freestyle

1	Maida Shivik	48	Camden Swiss-	5:45.00	5:51.40
	39.81	1:24.47 (44.66)	2:09.22 (44.75)	2:54.76 (45.54)	
	3:39.65 (44.89)	4:24.65 (45.00)	5:08.96 (44.31)	5:51.40 (42.44)	
2	Sarah Jones	48	S Bournem'th-	6:01.94	6:27.22
	41.54	1:28.00 (46.46)	2:17.12 (49.12)	3:06.31 (49.19)	
	3:56.66 (50.35)	4:46.49 (49.83)	5:37.56 (51.07)	6:27.22 (49.66)	

Event 2 Women 50-54 400 LC Meter Freestyle

1	Beverley Bourne	54	Barnet Copt-	5:39.29	6:05.27
	37.80	1:20.28 (42.48)	2:06.15 (45.87)	2:52.70 (46.55)	
	3:40.20 (47.50)		5:18.32 ()	6:05.27 (46.95)	
2	Zorika Adams	52	Camden Swiss-	6:18.00	6:12.57
	42.38	1:29.78 (47.40)	2:19.12 (49.34)	3:07.41 (48.29)	
	3:55.27 (47.86)	4:42.42 (47.15)	5:29.58 (47.16)	6:12.57 (42.99)	
3	Geertje Van Keulen	53	Swansea Mast-	6:00.00	6:21.87
	41.91	1:28.61 (46.70)		3:03.52 ()	
		4:41.90 ()	6:21.87 (1:39.97)		
4	Emma France	54	Guildford Ct-	6:42.57	6:42.01
	46.67	1:36.09 (49.42)	2:26.93 (50.84)	3:17.71 (50.78)	
	4:09.47 (51.76)	5:00.57 (51.10)	5:52.07 (51.50)	6:42.01 (49.94)	

Event 2 Women 55-59 400 LC Meter Freestyle

1	Helen Harris	56	Larkfield SC-	5:51.32	5:55.42
	39.21	1:23.32 (44.11)	2:08.45 (45.13)	2:53.86 (45.41)	
	3:39.61 (45.75)	4:25.58 (45.97)	5:11.04 (45.46)	5:55.42 (44.38)	
2	Suzanne Welham	58	St Albans Ma-	6:00.00	5:57.96
	41.39	1:27.39 (46.00)	2:13.51 (46.12)	2:59.84 (46.33)	
	3:45.40 (45.56)	4:31.12 (45.72)	5:15.78 (44.66)	5:57.96 (42.18)	
3	Hannah Ueckermann	59	Witham Dolph-	5:55.52	6:02.25
	42.23	1:29.19 (46.96)	2:15.00 (45.81)	3:01.63 (46.63)	
	3:46.39 (44.76)	4:32.85 (46.46)	5:18.08 (45.23)	6:02.25 (44.17)	
4	Ceri Thomas	57	Bridgend SC-	5:55.57	6:04.04
	40.84	1:25.61 (44.77)	2:11.88 (46.27)	2:57.90 (46.02)	
	3:44.70 (46.80)	4:30.97 (46.27)	5:17.97 (47.00)	6:04.04 (46.07)	
5	Helen Andrews	56	S D Trojan-	6:13.61	6:14.85
	41.56	1:28.88 (47.32)	2:17.75 (48.87)	3:07.27 (49.52)	
	3:55.32 (48.05)	4:43.26 (47.94)	5:30.01 (46.75)	6:14.85 (44.84)	
6	Suzanne Maidment	56	Spencer-	6:08.34	6:17.95
	39.18	1:24.07 (44.89)	2:11.80 (47.73)	3:00.76 (48.96)	
	3:49.60 (48.84)	4:39.43 (49.83)	5:28.97 (49.54)	6:17.95 (48.98)	
7	Lucille Thirlby	58	Out To Swim-	6:49.18	7:23.40
	46.83		2:35.68 ()		
	4:30.93 ()		6:26.82 ()	7:23.40 (56.58)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 2 Women 60-64 400 LC Meter Freestyle**

1	Dymphna Morris	61	Aer Lingus Masters-	5:45.00	5:27.89
	37.61	1:18.10 (40.49)	1:59.80 (41.70)	2:41.34 (41.54)	
	3:23.43 (42.09)	4:04.99 (41.56)	4:47.43 (42.44)	5:27.89 (40.46)	
2	Frances Baker	62	Carrick Mas-	6:30.48	5:59.41
	39.89	1:23.46 (43.57)	2:09.15 (45.69)	2:55.87 (46.72)	
		4:27.87 ()	5:14.09 (46.22)	5:59.41 (45.32)	
3	Catherine Hartle	64	Co Sheffield-	6:30.00	6:14.61
	43.02	1:28.67 (45.65)	2:16.47 (47.80)	3:04.58 (48.11)	
	3:52.69 (48.11)	4:40.79 (48.10)	5:29.02 (48.23)	6:14.61 (45.59)	
4	Micaela Morris	61	Gloucester M-	6:13.78	6:14.98
	40.54	1:26.86 (46.32)	2:14.33 (47.47)	3:03.99 (49.66)	
	3:52.02 (48.03)	4:41.24 (49.22)	5:29.08 (47.84)	6:14.98 (45.90)	
5	Sharon McLellan	64	Hadleigh-	7:30.00	6:29.10
	44.71	1:33.97 (49.26)	2:23.75 (49.78)		
	4:03.65 ()		5:42.12 ()	6:29.10 (46.98)	
6	Alison Chatterjea	60	Bude-	6:22.56	6:35.19
	42.30	1:30.60 (48.30)	2:21.01 (50.41)		
	4:03.53 ()	4:55.20 (51.67)	5:46.49 (51.29)	6:35.19 (48.70)	
7	Frances Wilson	64	Croydon Amph-	8:10.00	8:19.15
	55.98	1:57.95 (1:01.97)	3:02.20 (1:04.25)	4:06.96 (1:04.76)	
	5:11.98 (1:05.02)	6:16.60 (1:04.62)	7:19.75 (1:03.15)	8:19.15 (59.40)	

Event 2 Women 65-69 400 LC Meter Freestyle

1	Anne Bourne	68	Camphill Ed-	5:51.43	5:59.93
	41.45	1:27.47 (46.02)	2:13.93 (46.46)	3:00.60 (46.67)	
	3:45.86 (45.26)	4:31.22 (45.36)	5:16.59 (45.37)	5:59.93 (43.34)	
2	Jayne Stephenson	68	Gloucester M-	5:59.90	6:01.97
	41.47		2:14.16 ()	3:01.05 (46.89)	
	3:46.55 (45.50)		5:18.02 ()	6:01.97 (43.95)	
3	Julia Buchanan	65	Caldicot-	6:45.00	6:36.88
	43.35	1:32.60 (49.25)	2:23.96 (51.36)	3:15.71 (51.75)	
	4:05.95 (50.24)	4:57.90 (51.95)	5:47.65 (49.75)	6:36.88 (49.23)	
4	Lorraine Crook	68	Caldicot-	9:36.38	9:40.74
	1:05.92	2:18.36 (1:12.44)	3:31.77 (1:13.41)	4:46.90 (1:15.13)	
	6:01.23 (1:14.33)	7:15.61 (1:14.38)	8:28.44 (1:12.83)	9:40.74 (1:12.30)	

Event 2 Women 70-74 400 LC Meter Freestyle

1	Alison Gwynn	74	Mid Sussex-	6:59.41	6:57.75
	47.68	1:39.33 (51.65)	2:33.52 (54.19)	3:27.75 (54.23)	
	4:21.92 (54.17)	5:16.10 (54.18)	6:09.50 (53.40)	6:57.75 (48.25)	

Event 2 Women 75-79 400 LC Meter Freestyle

1	Rose Dudeney	75	Mid Sussex-	7:30.00	7:08.07
	50.07	1:44.70 (54.63)	2:39.19 (54.49)	3:33.87 (54.68)	
		5:23.12 ()	6:17.22 (54.10)	7:08.07 (50.85)	
2	Susan Lauder	79	Spencer-	8:50.26	8:52.04
	57.30	2:04.76 (1:07.46)	3:12.04 (1:07.28)	4:19.83 (1:07.79)	
	5:28.32 (1:08.49)	6:37.06 (1:08.74)	7:45.85 (1:08.79)	8:52.04 (1:06.19)	

Event 2 Women 90-94 400 LC Meter Freestyle

1	Jane Asher	91	Kings Corm-	8:10.00	8:25.92
	58.42	2:03.27 (1:04.85)	3:07.83 (1:04.56)	4:13.01 (1:05.18)	
	5:18.29 (1:05.28)	6:25.61 (1:07.32)	8:25.92 (2:00.31)		

Event 3 Men 18-24 200 LC Meter IM

1	Timon Chapman	20	Co Norwich-	2:22.45	2:26.84
	30.05	1:05.91 (35.86)	1:51.29 (45.38)	2:26.84 (35.55)	
2	Jack Endersby	22	Cardiff Mast-	2:20.03	2:27.57
	29.25	1:07.67 (38.42)	1:52.82 (45.15)	2:27.57 (34.75)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 3 Men 18-24 200 LC Meter IM)**

3	Sam Crew	20	Swansea Uni-	2:17.00	2:35.14
	26.47	1:04.41 (37.94)	1:52.01 (47.60)	2:35.14 (43.13)	
4	Dylan Hughes	20	Torfaen D-	3:47.57	3:53.03
	47.80	1:44.22 (56.42)	3:00.70 (1:16.48)	3:53.03 (52.33)	

Event 3 Men 25-29 200 LC Meter IM

1	Matthew James	29	Birmingham M-	2:09.18	2:16.67
	28.35	1:04.92 (36.57)	1:44.13 (39.21)	2:16.67 (32.54)	
2	Matthew Fairless	26	C Dolphins-	2:25.00	2:25.43
	29.02	1:06.43 (37.41)	1:49.85 (43.42)	2:25.43 (35.58)	
3	Ross Hosking	26	Cardiff Mast-	2:30.00	2:27.09
	29.26	1:09.47 (40.21)	1:52.07 (42.60)	2:27.09 (35.02)	
4	Callum Morris	27	Cardiff Mast-	2:35.00	2:42.67
		1:16.41 ()	2:05.72 (49.31)	2:42.67 (36.95)	
5	Sam Bradley	29	Team Luton-	3:12.13	3:11.73
	42.21	1:29.42 (47.21)	2:29.72 (1:00.30)	3:11.73 (42.01)	
6	Rhodri Evans	27	Cardiff Mast-	2:50.00	3:17.59
	37.02	1:24.28 (47.26)	2:29.91 (1:05.63)	3:17.59 (47.68)	

Event 3 Men 30-34 200 LC Meter IM

1	Karsten Bach	32	Co Cambridge-	2:38.00	2:30.93
	31.24	1:11.07 (39.83)	1:56.34 (45.27)	2:30.93 (34.59)	
2	Adam Warner	32	Barnet Copt-	2:25.92	2:50.28
	34.40	1:19.03 (44.63)	2:12.52 (53.49)	2:50.28 (37.76)	
3	Soren Mikkelsen	31	Bristol Pen-	2:58.12	2:51.38
	34.88	1:24.94 (50.06)	2:12.15 (47.21)	2:51.38 (39.23)	

Event 3 Men 35-39 200 LC Meter IM

1	David Blakemore	38	Cally Mast-	3:06.45	3:12.26
	38.93	1:29.11 (50.18)	2:25.75 (56.64)	3:12.26 (46.51)	

Event 3 Men 40-44 200 LC Meter IM

1	Christopher Jones	41	Co Cardiff-	2:17.99	2:18.91
	29.29	1:06.36 (37.07)	1:44.48 (38.12)	2:18.91 (34.43)	
2	Christopher Malpass	43	Trafford Met-	2:30.00	2:33.79
	30.09	1:09.63 (39.54)	1:56.43 (46.80)	2:33.79 (37.36)	
3	James Barwick	40	East Leeds-	2:40.00	2:41.64
	30.91	1:13.92 (43.01)	2:03.22 (49.30)	2:41.64 (38.42)	

Event 3 Men 50-54 200 LC Meter IM

1	Jamie McHale	50	Co Sheffield-	2:39.77	2:35.20
	30.92	1:13.10 (42.18)	1:59.60 (46.50)	2:35.20 (35.60)	
2	Stuart Colston	51	C Dolphins-	3:00.00	2:52.11
	40.03	1:23.80 (43.77)	2:13.79 (49.99)	2:52.11 (38.32)	

Event 3 Men 55-59 200 LC Meter IM

1	Mark Reynolds	59	Barnet Copt-	2:30.00	2:33.34
	32.67	1:18.01 (45.34)	1:59.79 (41.78)	2:33.34 (33.55)	

Event 3 Men 60-64 200 LC Meter IM

1	David Bryant	61	Woking-	2:38.34	2:36.09
	32.12	1:15.19 (43.07)	1:58.31 (43.12)	2:36.09 (37.78)	
2	Mark Jones	62	Warrington M-	3:03.82	2:57.68
	41.37	1:30.46 (49.09)	2:19.64 (49.18)	2:57.68 (38.04)	
3	Stuart McGurk	61	Kendal-	4:00.00	3:54.74
		1:56.77 ()	3:05.01 (1:08.24)	3:54.74 (49.73)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 3 Men 65-69 200 LC Meter IM**

---	Ian Woollard	68	Barnet Copt-	3:25.00	DNF
	37.26	1:31.03	(53.77)		

Event 3 Men 70-74 200 LC Meter IM

1	Stuart McLellan	73	Hadleigh-	3:40.00	3:24.47
	45.10	1:38.95	(53.85) 2:39.52 (1:00.57)	3:24.47 (44.95)	

Event 3 Men 75-79 200 LC Meter IM

1	Chris Dunn	76	Hatfield-	3:10.00	3:08.11
	40.20	1:30.76	(50.56) 2:27.44 (56.68)	3:08.11 (40.67)	

Event 4 Women 18-24 200 LC Meter IM

1	Jennifer Green	19	Swansea Uni-	2:24.04	2:27.83
	30.18	1:10.97	(40.79) 1:52.18 (41.21)	2:27.83 (35.65)	
2	Francesca Beddow	23	Guildford Ct-	2:41.71	2:48.03
	33.78	1:17.31	(43.53) 2:10.11 (52.80)	2:48.03 (37.92)	
3	Naomi Pollard	20	Swansea Uni-	2:49.02	2:57.96
	35.98	1:22.51	(46.53) 2:16.45 (53.94)	2:57.96 (41.51)	
4	Arwen Teagle	21	Merthyr Tydf-	3:01.03	3:01.60
	40.31	1:25.90	(45.59) 2:18.37 (52.47)	3:01.60 (43.23)	
5	Jordan Holroyd	24	Exeter City-	2:44.80	3:07.70
	38.59	1:24.20	(45.61) 2:20.96 (56.76)	3:07.70 (46.74)	

Event 4 Women 25-29 200 LC Meter IM

1	Megan McDonagh	29	Otter-	2:40.00	2:40.07
	33.68	1:17.44	(43.76) 2:02.86 (45.42)	2:40.07 (37.21)	
2	Jessica Sutton	25	Hinckley-	2:37.50	2:41.18
	32.92	1:10.14	(37.22) 2:41.18 (1:31.04)		
3	Emily Whiting	25	Bristol Nor-	2:42.23	2:57.31
	35.16	1:18.81	(43.65) 2:13.51 (54.70)	2:57.31 (43.80)	

Event 4 Women 30-34 200 LC Meter IM

1	Rebecca O'Brien	33	Wycombe Dist-	3:05.50	2:42.70
	34.71	1:19.18	(44.47) 2:08.06 (48.88)	2:42.70 (34.64)	

Event 4 Women 35-39 200 LC Meter IM

1	Stephanie Baron	35	S D Trojan-	3:06.92	3:03.57
	39.79	1:26.61	(46.82) 2:20.01 (53.40)	3:03.57 (43.56)	

Event 4 Women 40-44 200 LC Meter IM

1	Emma Wills	43	York City-	2:35.00	2:32.30
	33.92	1:12.26	(38.34) 1:57.80 (45.54)	2:32.30 (34.50)	
2	Elizabeth Bellinger	44	Bishop Stort-	2:45.82	2:40.53
	31.68	1:13.48	(41.80) 2:02.13 (48.65)	2:40.53 (38.40)	
3	Lisa Dawson	44	Barnet Copt-	2:46.97	2:49.92
	36.79	1:21.39	(44.60) 2:10.23 (48.84)	2:49.92 (39.69)	

Event 4 Women 45-49 200 LC Meter IM

1	Michelle Ware	49	Woking-	2:38.00	2:38.11
	31.77	1:13.90	(42.13) 2:00.58 (46.68)	2:38.11 (37.53)	
2	Karen Mackenzie	49	Team Luton-	3:06.18	3:06.53
	39.15	1:25.94	(46.79) 2:24.07 (58.13)	3:06.53 (42.46)	
3	Bethan Raby	49	Swansea Mast-	3:26.00	3:12.22
	41.15	1:31.24	(50.09) 2:27.08 (55.84)	3:12.22 (45.14)	

Event 4 Women 50-54 200 LC Meter IM

1	Helen Gorman	50	Co Cardiff-	2:35.00	2:36.14
	33.99	1:15.80	(41.81) 1:58.52 (42.72)	2:36.14 (37.62)	
2	Karen Howells	51	Cardiff Mast-	3:05.00	3:18.70
	40.03	1:35.68	(55.65) 2:34.20 (58.52)	3:18.70 (44.50)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 4 Women 50-54 200 LC Meter IM)**

3	Beverley Bourne	54	Barnet Copt-	3:10.02	3:21.59
		1:36.71 ()	2:36.34 (59.63)	3:21.59 (45.25)	
4	Claudine Day	51	Redhill & R-	3:46.62	3:54.96
		1:01.29	2:01.08 (59.79)	3:02.55 (1:01.47)	3:54.96 (52.41)

Event 4 Women 55-59 200 LC Meter IM

1	Wendy Figures	57	Co Sheffield-	3:18.90	3:25.07
		46.38	1:40.29 (53.91)	2:36.15 (55.86)	3:25.07 (48.92)
2	Anne Raymond	59	Croydon Amph-	3:40.00	3:35.35
		50.76	1:52.29 (1:01.53)	2:47.93 (55.64)	3:35.35 (47.42)
3	Lucille Thirlby	58	Out To Swim-	3:55.54	4:00.25
		2:00.62 ()	3:06.94 (1:06.32)	4:00.25 (53.31)	

Event 4 Women 60-64 200 LC Meter IM

1	Judith Pearson	62	Carlisle Aq-	2:55.45	2:53.70
		36.19	1:22.51 (46.32)	2:13.38 (50.87)	2:53.70 (40.32)
2	Frances Baker	62	Carrick Mas-	3:21.88	3:20.37
		46.61	1:36.50 (49.89)	2:38.51 (1:02.01)	3:20.37 (41.86)
3	Delia Keen	61	Carm Masters-	5:40.00	4:51.89

Event 4 Women 65-69 200 LC Meter IM

1	Jayne Stephenson	68	Gloucester M-	3:30.45	3:28.27
		47.19	1:45.82 (58.63)	2:41.43 (55.61)	3:28.27 (46.84)
2	Lorraine Crook	68	Caldicot-	5:30.00	5:06.82

Event 4 Women 70-74 200 LC Meter IM

1	Sally Lelean	71	Diss Otters-	4:55.00	5:02.61
		1:27.77	2:37.35 (1:09.58)	3:50.08 (1:12.73)	5:02.61 (1:12.53)

Event 4 Women 80-84 200 LC Meter IM

1	Helen Hughes	80	Arfon-	6:50.00	4:44.14
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Event 5 Men 18-24 50 LC Meter Breaststroke

1	Archie Forrester	21	Loughborough-	32.12	32.36
2	Rhys Chiles	23	Hinckley-	32.39	32.73
3	Kjetil Rehm	23	Bristol Nor-	32.35	33.50
4	Jack Endersby	22	Cardiff Mast-	34.13	34.76
5	Nathan Goodridge	23	Dove Valley-	36.39	38.14

Event 5 Men 25-29 50 LC Meter Breaststroke

1	Martin Potts	28	Co Cambridge-	33.10	34.39
2	Joseph Tucker	27	Swansea Mast-	34.62	35.07

Event 5 Men 30-34 50 LC Meter Breaststroke

1	Andrew Benson	33	Out To Swim-	31.26	32.65
2	Mark Williams	33	Swansea Mast-	34.55	35.40
3	Christopher Street	33	Bristol Nor-	35.67	35.57
4	Eamon Sharkh	30	Guildford Ct-	40.00	37.77

Event 5 Men 40-44 50 LC Meter Breaststroke

1	Christopher Jones	41	Co Cardiff-	30.93	31.60
2	Oliver Newcombe	40	Cardiff Mast-	35.00	34.69
3	Christopher Hanmer	43	Chirk-	44.67	42.36

Event 5 Men 45-49 50 LC Meter Breaststroke

1	Martin Butler	49	C Dolphins-	37.50	38.35
2	Jonathan Leech	46	Co Sheffield-	35.00	42.13

Event 5 Men 55-59 50 LC Meter Breaststroke

1	Michael Hodgson	55	Woking-	32.00	32.08
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Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 5 Men 55-59 50 LC Meter Breaststroke)**

2	Russell Crew	55	Guildford Ct-	37.40	37.62
3	Frank Morris	55	A.N.T. SC-	39.33	40.41
4	Colin Robbins	58	NottmLeander-	40.35	41.65

Event 5 Men 60-64 50 LC Meter Breaststroke

1	David Milburn	60	Newbury-	32.56	33.28
2	David Bryant	61	Woking-	34.44	34.11
3	James Hobsley	62	Barnet Copt-	34.92	36.06
4	Philip Holme	63	Barnet Copt-	37.50	37.42
5	Ian Yates	60	Bridgend SC-	40.00	39.75
6	Adam Lelean	60	Diss Otters-	40.00	40.68
7	Michael Battersby	64	Cardiff Mast-	42.12	42.13
8	Dylan Gravelle	60	Swansea Mast-	46.00	44.01
9	Euryn Williams	60	Asa Temp 2-	1:25.00	52.91
---	Dale Lewis	64	Cardiff Mast-	51.38	DQ

Event 5 Men 65-69 50 LC Meter Breaststroke

1	Thomas Morrow	66	Gloucester M-	39.30	38.87
2	Trevor Clark	68	Kenilworth M-	39.45	40.32
3	Robert Steel	65	NottmLeander-	41.87	42.31
4	Arend Dikkers	65	Barnes SC-	44.91	43.77

Event 5 Men 75-79 50 LC Meter Breaststroke

1	Peter Stephens	75	Spencer-	53.63	57.92
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Event 5 Men 80-84 50 LC Meter Breaststroke

1	Dudley Lloyd-Evans	80	Poole-	1:00.00	54.65
2	Paul Clarke	80	Beaver Mast-	57.00	54.70
3	Tim Pearce	83	Mid Sussex-	1:05.00	1:02.30

Event 5 Men 85-89 50 LC Meter Breaststroke

1	Geoff Bishop	86	Royal Navy-	56.00	59.54
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Event 5 Men 90-94 50 LC Meter Breaststroke

1	Grenville Cole	91	Ast Burnham-	1:09.20	1:08.28
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Event 6 Women 18-24 50 LC Meter Breaststroke

1	Lili-May Mustoe	20	Co Cardiff-	36.00	35.64
2	Amelia Tucker	19	Swansea Mast-	38.54	37.78
3	Laura Shinton	18	Welshpool-	37.23	38.05
4	Rhian Jones	22	Cardiff Mast-	37.70	38.09
5	Harriet Pugh	21	Wycombe Dist-	38.07	38.79
6	Lily McGowan	21	Caradon-	40.00	39.71
7	Alice Reeves-Turner	24	Woking-	43.75	40.31
8	Nadine James	24	Cardiff Mast-	41.00	40.91
9	Verity Howell	24	Leicester Ne-	40.95	41.27
10	Gemma Spencer	20	Woking-	39.42	41.38
11	Arwen Teagle	21	Merthyr Tydf-	41.23	42.77
12	Ashleigh Howells	22	Cardiff Mast-	41.25	43.75
13	Francesca Beddow	23	Guildford Ct-	44.20	45.90

Event 6 Women 25-29 50 LC Meter Breaststroke

1	Lucy Strowger	27	S D Trojan-	37.86	37.96
2	Hannah Palfrey	29	Cardiff Mast-	38.66	38.63
3	Sophie Hutin	25	S D Trojan-	41.12	41.50

Event 6 Women 30-34 50 LC Meter Breaststroke

1	Ana Iglesias Romero	34	Co Cambridge-	37.80	39.27
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Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****(Event 6 Women 30-34 50 LC Meter Breaststroke)**

2	Hannawell Storey	34	Hinckley-	41.41	41.95
3	Carrie Power	34	British Army-	48.00	48.56

Event 6 Women 35-39 50 LC Meter Breaststroke

1	Sophie Mountain	35	Carm Masters-	36.51	38.33
2	Stephanie Baron	35	S D Trojan-	44.32	45.39

Event 6 Women 40-44 50 LC Meter Breaststroke

1	Sarah Pearse	40	South Beds-	36.50	37.06
2	Jordanna Roberts	40	Swansea Mast-	38.71	38.60
3	Emma Harvey	41	A.N.T. SC-	43.21	45.56
4	Gillian Morfey	40	Caldicot-	46.03	45.73
5	Ceri Rees	44	Carm Masters-	43.30	46.06
6	Lydia Tang	44	Swansea Mast-	51.68	54.68

Event 6 Women 45-49 50 LC Meter Breaststroke

1	Victoria Codling	46	Caldicot-	42.38	42.66
2	Joanna Powell	49	Bridgend SC-	44.13	43.92

Event 6 Women 50-54 50 LC Meter Breaststroke

1	Helen Gorman	50	Co Cardiff-	35.00	35.53
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Event 6 Women 55-59 50 LC Meter Breaststroke

1	Joanne Seymour	57	Gloucester M-	38.10	38.40
2	Joanna Collins	56	Welshpool-	38.72	39.10
3	Lynda Coggins	58	Woking-	39.42	40.72
4	Wendy Figures	57	Co Sheffield-	44.93	45.49
5	Suzanne Maidment	56	Spencer-	47.96	48.94

Event 6 Women 65-69 50 LC Meter Breaststroke

1	Kathy Bidnall	67	Mid Sussex-	54.50	52.20
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Event 6 Women 70-74 50 LC Meter Breaststroke

1	Sally Lelean	71	Diss Otters-	1:05.00	59.45
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Event 6 Women 75-79 50 LC Meter Breaststroke

1	Marilyn Dinsdale	76	Heads Valley-	1:01.54	1:03.52
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Event 6 Women 80-84 50 LC Meter Breaststroke

1	Muriel Hitchcock	84	Spencer-	58.00	58.15
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Event 6 Women 90-94 50 LC Meter Breaststroke

1	Jane Asher	91	Kings Corm-	1:30.00	1:12.56
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Event 7 Mixed 72-99 200 LC Meter Medley Relay

1	Cardiff Mast	A		NT	2:02.38
	1) Dafydd Price M22	2) Hannah Palfrey W29	3) Isabella Centeleghe W26	4) Oliver Harris M32	
	32.06	1:10.22 (38.16)	1:38.60 (28.38)	2:02.38 (23.78)	
2	Bristol Nor	A		NT	2:11.76
	1) Megan Pardoe W33	2) Christopher Street M33	3) Josh Hooper M24	4) Stephanie McNally W33	
	37.43	1:13.42 (35.99)	1:41.93 (28.51)	2:11.76 (29.83)	

Event 7 Mixed 100-119 200 LC Meter Medley Relay

1	Swansea Mast	A		NT	2:08.93
	1) David Hanbury M29	2) Joseph Tucker M27	3) Hannah Munday W31	4) Hannah Griffiths W28	
	30.72	1:05.70 (34.98)	1:36.99 (31.29)	2:08.93 (31.94)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 7 Mixed 120-159 200 LC Meter Medley Relay**

1	C Dolphins	A		NT	2:16.48
	1) Nicola Grange W24	2) Martin Butler M49	3) Katie Huane W24	4) Matthew Fairless M26	
	37.96	1:17.34 (39.38)	1:49.87 (32.53)	2:16.48 (26.61)	
2	Cardiff Mast	B		NT	2:22.63
	1) Melanie Thomas W28	2) Callum Morris M27	3) Karen Howells W51	4) Oliver Newcombe M40	
	37.83	1:15.23 (37.40)	1:54.72 (39.49)	2:22.63 (27.91)	

Event 7 Mixed 160-199 200 LC Meter Medley Relay

1	Swansea Mast	B		NT	2:39.53
	1) Bethan Raby W49	2) Lydia Tang W44	3) Stephen Croall M50	4) Ned Gill M42	
	42.49	1:37.87 (55.38)	2:09.92 (32.05)	2:39.53 (29.61)	

Event 7 Mixed 200-239 200 LC Meter Medley Relay

1	Woking	A		NT	2:03.68
	1) Michelle Ware W49	2) David Bryant M61	3) Michael Hodgson M55	4) Jennie Clarke W37	
	32.82	1:06.24 (33.42)	1:33.17 (26.93)	2:03.68 (30.51)	
2	Co Sheffield	A		NT	2:27.06
	1) Jamie McHale M50	2) Wendy Figures W57	3) Jonathan Saunders M56	4) Catherine Hartle W64	
	33.53	1:17.60 (44.07)	1:49.06 (31.46)	2:27.06 (38.00)	
3	Camden Swiss	A		NT	2:34.21
	1) Paul Cartwright M61	2) Maida Shivik W48	3) Phillip Albright M52	4) Zorika Adams W52	
	37.75		58.07 ()	2:34.21 (1:36.14)	

Event 7 Mixed 240-279 200 LC Meter Medley Relay

---	Cardiff Mast	C		NT	DQ
	1) Alison Varley W70	2) Dale Lewis M64	3) Dave Lowe M66	4) Susan Flanigan W54	
	56.97	1:49.22 (52.25)	DQ (1:24.94)		

Event 7 Mixed 320-359 200 LC Meter Medley Relay

1	Mid Sussex	A		NT	3:21.84
	1) Tim Pearce M83	2) Anthony Gimson M85	3) Alison Gwynn W74	4) Jennifer Dean W79	
	52.32	1:48.97 (56.65)	3:21.84 (1:32.87)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****Event 8 Men 18-24 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Thomas Beamer	20	Swansea Uni-	2:00.90	2:09.18
	30.16	1:02.82 (32.66)	1:36.09 (33.27)	2:09.18 (33.09)
2 Timon Chapman	20	Co Norwich-	2:18.44	2:29.90
	34.96	1:12.89 (37.93)	1:51.75 (38.86)	2:29.90 (38.15)

Event 8 Men 25-29 200 LC Meter Backstroke

1 Liam Herbert	29	Birmingham M-	2:18.55	2:23.69
	33.59	1:10.67 (37.08)	1:48.05 (37.38)	2:23.69 (35.64)
2 Sam Bradley	29	Team Luton-	3:03.01	3:03.71
	43.98	1:30.39 (46.41)	2:17.35 (46.96)	3:03.71 (46.36)

Event 8 Men 30-34 200 LC Meter Backstroke

1 Andrew Mason	30	Cardiff Mast-	3:00.00	3:02.49
	40.09	1:25.58 (45.49)	2:14.90 (49.32)	3:02.49 (47.59)

Event 8 Men 35-39 200 LC Meter Backstroke

1 David Blakemore	38	Cally Mast-	3:00.88	3:23.35
	46.36	1:36.90 (50.54)	3:23.35 (1:46.45)	

Event 8 Men 40-44 200 LC Meter Backstroke

1 James Barwick	40	East Leeds-	2:38.00	2:36.78*
	36.87	1:16.10 (39.23)	1:56.88 (40.78)	2:36.78 (39.90)

Event 8 Men 50-54 200 LC Meter Backstroke

1 Peter Dixon	54	Bo Newham-	2:26.75	2:35.21
	36.37	1:16.10 (39.73)	1:56.78 (40.68)	2:35.21 (38.43)
2 Jamie McHale	50	Co Sheffield-	2:28.46	2:40.49
	37.41	1:19.27 (41.86)	1:59.90 (40.63)	2:40.49 (40.59)

Event 8 Men 60-64 200 LC Meter Backstroke

1 Alec Johnson	60	Trafford Met-	2:37.06	2:33.82
	35.34	1:13.35 (38.01)	1:53.94 (40.59)	2:33.82 (39.88)
2 Paul Tallentire	60	Carlisle Aq-	2:51.94	2:55.15
	41.50	1:25.82 (44.32)	2:10.74 (44.92)	2:55.15 (44.41)
3 Mark Jones	62	Warrington M-	2:58.60	3:00.97
	43.87	1:30.10 (46.23)	2:16.20 (46.10)	3:00.97 (44.77)
4 Antony Corben	60	S D Trojan-	2:58.00	3:11.77
	47.46	1:36.41 (48.95)	2:25.93 (49.52)	3:11.77 (45.84)
5 Patrick Allen	60	Guildford Ct-	4:00.00	3:18.27
	48.73	1:42.15 (53.42)	2:33.93 (51.78)	3:18.27 (44.34)

Event 8 Men 65-69 200 LC Meter Backstroke

1 Trevor Clark	68	Kenilworth M-	3:01.00	3:06.52
	43.08	1:31.30 (48.22)	2:20.11 (48.81)	3:06.52 (46.41)
2 Nick Minns	69	St Felix Sch-	3:20.74	3:24.34
	49.57	1:42.27 (52.70)	2:35.32 (53.05)	3:24.34 (49.02)

Event 8 Men 75-79 200 LC Meter Backstroke

1 Chris Dunn	76	Hatfield-	3:10.00	3:08.82
	45.96	1:33.31 (47.35)	2:23.54 (50.23)	3:08.82 (45.28)

Event 9 Women 18-24 200 LC Meter Backstroke

1 Francesca Beddow	23	Guildford Ct-	2:34.40	2:46.61
	38.65	1:20.30 (41.65)	2:03.73 (43.43)	2:46.61 (42.88)
2 Gemma Spencer	20	Woking-	2:41.73	2:46.88
	40.12	1:22.21 (42.09)	2:05.22 (43.01)	2:46.88 (41.66)

Event 9 Women 25-29 200 LC Meter Backstroke

1 Sophie Hutin	25	S D Trojan-	2:47.16	2:57.52
	41.12	1:26.10 (44.98)	2:12.26 (46.16)	2:57.52 (45.26)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****Event 9 Women 30-34 200 LC Meter Backstroke**

1	Holly Booth	31	Trafford Met-	2:42.22	2:43.56
	38.88	1:20.50 (41.62)	2:02.87 (42.37)	2:43.56 (40.69)	
2	Rebecca O'Brien	33	Wycombe Dist-	3:05.50	2:43.78
	39.06	1:20.51 (41.45)	2:02.78 (42.27)	2:43.78 (41.00)	

Event 9 Women 35-39 200 LC Meter Backstroke

1	Lauren Willcox	36	Saxon Crown-	2:30.00	2:38.04
	37.45	1:17.29 (39.84)	1:58.05 (40.76)	2:38.04 (39.99)	
2	Jennie Clarke	37	Woking-	2:47.83	2:45.73
	38.78	1:20.40 (41.62)	2:03.18 (42.78)	2:45.73 (42.55)	

Event 9 Women 40-44 200 LC Meter Backstroke

1	Emma Wills	43	York City-	2:31.00	2:28.12
	35.92	1:13.06 (37.14)	1:50.67 (37.61)	2:28.12 (37.45)	
2	Lisa Dawson	44	Barnet Copt-	2:49.14	2:50.76
	41.27	1:25.73 (44.46)	2:08.97 (43.24)	2:50.76 (41.79)	

Event 9 Women 45-49 200 LC Meter Backstroke

1	Jessica Wooddisse	47	Stroud Mast-	2:58.56	2:54.09
	42.28	1:26.57 (44.29)	2:10.66 (44.09)	2:54.09 (43.43)	
2	Rachel Wood	45	Bristol Nor-	3:05.00	2:57.15
	40.57	1:23.94 (43.37)	2:10.75 (46.81)	2:57.15 (46.40)	

Event 9 Women 50-54 200 LC Meter Backstroke

1	Jo Corben	52	S D Trojan-	2:29.00	2:27.23
	34.99	1:12.36 (37.37)	1:50.10 (37.74)	2:27.23 (37.13)	
2	Claudine Day	51	Redhill & R-	4:01.40	4:02.78
	58.50	2:00.65 (1:02.15)	3:01.81 (1:01.16)	4:02.78 (1:00.97)	

Event 9 Women 55-59 200 LC Meter Backstroke

1	Lynda Coggins	58	Woking-	2:58.10	3:05.16
	42.71		2:18.48 ()	3:05.16 (46.68)	
2	Suzanne Welham	58	St Albans Ma-	3:15.00	3:20.22
	48.11	1:39.60 (51.49)	2:30.82 (51.22)	3:20.22 (49.40)	
3	Wendy Figures	57	Co Sheffield-	3:24.46	3:30.18
	50.41	1:44.17 (53.76)	2:39.09 (54.92)	3:30.18 (51.09)	

Event 9 Women 60-64 200 LC Meter Backstroke

1	Frances Baker	62	Carrick Mas-	3:14.14	3:16.07
	47.53	1:37.10 (49.57)	2:27.72 (50.62)	3:16.07 (48.35)	
2	Micaela Morris	61	Gloucester M-	3:25.54	3:27.01
	49.03	1:42.67 (53.64)	2:36.74 (54.07)	3:27.01 (50.27)	
3	Sharon McLellan	64	Hadleigh-	4:10.00	3:48.05
	56.03	1:52.90 (56.87)	2:52.18 (59.28)	3:48.05 (55.87)	

Event 9 Women 65-69 200 LC Meter Backstroke

1	Kathy Bidnall	67	Mid Sussex-	3:20.00	3:22.79
	47.88	1:38.15 (50.27)	2:31.29 (53.14)	3:22.79 (51.50)	
2	Julia Buchanan	65	Caldicot-	3:45.00	3:39.43
	49.58	1:46.38 (56.80)	2:43.02 (56.64)	3:39.43 (56.41)	
3	Marianne Davey	69	Redhill & R-	4:00.00	4:09.39
	56.60	2:00.75 (1:04.15)	3:07.45 (1:06.70)	4:09.39 (1:01.94)	

Event 9 Women 70-74 200 LC Meter Backstroke

1	Sally Lelean	71	Diss Otters-	4:26.36	4:18.08
	1:03.16	2:08.88 (1:05.72)	3:13.52 (1:04.64)	4:18.08 (1:04.56)	
2	Alison Varley	70	Cardiff Mast-	4:40.00	4:49.17
	1:09.90	2:24.39 (1:14.49)	3:41.24 (1:16.85)	4:49.17 (1:07.93)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****Event 9 Women 80-84 200 LC Meter Backstroke**

1	Helen Hughes	80	Arfon-	6:50.00	4:30.08
	1:00.72	2:09.41 (1:08.69)	3:20.75 (1:11.34)	4:30.08 (1:09.33)	

Event 9 Women 90-94 200 LC Meter Backstroke

1	Grace Isaac	90	Spencer-	6:20.00	6:06.86
	1:32.45	3:06.29 (1:33.84)	4:40.61 (1:34.32)	6:06.86 (1:26.25)	

Event 10 Men 18-24 100 LC Meter Breaststroke

1	Rhys Chiles	23	Hinckley-	1:10.06	1:12.75
	33.72	1:12.75 (39.03)			
2	Kjetil Rehm	23	Bristol Nor-	1:12.10	1:16.38
	34.30	1:16.38 (42.08)			

Event 10 Men 25-29 100 LC Meter Breaststroke

1	Matthew James	29	Birmingham M-	1:04.06	1:08.59
	32.46	1:08.59 (36.13)			
2	Martin Potts	28	Co Cambridge-	1:13.54	1:19.42
	35.45	1:19.42 (43.97)			

Event 10 Men 30-34 100 LC Meter Breaststroke

1	Andrew Benson	33	Out To Swim-	1:11.93	1:15.44
	35.31	1:15.44 (40.13)			
2	Mark Williams	33	Swansea Mast-	1:16.55	1:19.97
	36.58	1:19.97 (43.39)			
3	Christopher Street	33	Bristol Nor-	1:20.09	1:22.10
	39.28	1:22.10 (42.82)			

Event 10 Men 35-39 100 LC Meter Breaststroke

1	David Blakemore	38	Cally Mast-	1:30.93	1:37.51
	45.78	1:37.51 (51.73)			

Event 10 Men 40-44 100 LC Meter Breaststroke

1	Christopher Jones	41	Co Cardiff-	1:04.02	1:06.35
	31.77	1:06.35 (34.58)			
2	Christopher Hanmer	43	Chirk-	1:38.90	1:37.00
	45.97	1:37.00 (51.03)			

Event 10 Men 45-49 100 LC Meter Breaststroke

1	Martin Butler	49	C Dolphins-	1:23.70	1:32.28
	42.25	1:32.28 (50.03)			
2	Jonathan Leech	46	Co Sheffield-	1:18.00	1:40.02
	47.19	1:40.02 (52.83)			

Event 10 Men 50-54 100 LC Meter Breaststroke

1	Stuart Colston	51	C Dolphins-	1:25.00	1:25.62
	39.92	1:25.62 (45.70)			

Event 10 Men 55-59 100 LC Meter Breaststroke

1	Mark Partridge	59	Stroud Mast-	1:30.00	1:29.84
	40.92	1:29.84 (48.92)			
2	Frank Morris	55	A.N.T. SC-	1:31.09	1:34.56
	43.95	1:34.56 (50.61)			

Event 10 Men 60-64 100 LC Meter Breaststroke

1	David Milburn	60	Newbury-	1:16.41	1:15.41
	35.89	1:15.41 (39.52)			
2	David Bryant	61	Woking-	1:17.43	1:17.57
	36.78	1:17.57 (40.79)			
3	James Hobsley	62	Barnet Copt-	1:19.88	1:22.24
	37.54	1:22.24 (44.70)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****(Event 10 Men 60-64 100 LC Meter Breaststroke)**

4	Ian Yates	60	Bridgend SC-	1:32.00	1:30.13
	42.47	1:30.13	(47.66)		
5	Philip Holme	63	Barnet Copt-	1:29.00	1:31.25
	42.47	1:31.25	(48.78)		
6	Stevan Eggleton	62	Camphill Ed-	1:45.00	1:34.75
	45.24	1:34.75	(49.51)		
7	Mark Jones	62	Warrington M-	1:32.00	1:35.89
	45.76	1:35.89	(50.13)		
8	Euryn Williams	60	Asa Temp 2-	2:15.00	1:59.82
	56.26	1:59.82	(1:03.56)		
9	Dale Lewis	64	Cardiff Mast-	1:53.81	2:10.19
	1:00.14	2:10.19	(1:10.05)		

Event 10 Men 65-69 100 LC Meter Breaststroke

1	Thomas Morrow	66	Gloucester M-	1:27.25	1:27.11
	41.50	1:27.11	(45.61)		
2	Trevor Clark	68	Kenilworth M-	1:30.00	1:31.05
	43.46	1:31.05	(47.59)		
3	Robert Steel	65	NottmLeander-	1:38.97	1:37.82
	45.34	1:37.82	(52.48)		
4	Arend Dikkers	65	Barnes SC-	1:45.74	1:38.34
	46.14	1:38.34	(52.20)		

Event 10 Men 70-74 100 LC Meter Breaststroke

1	Stuart McLellan	73	Hadleigh-	1:52.00	1:45.16
	51.10	1:45.16	(54.06)		

Event 10 Men 75-79 100 LC Meter Breaststroke

1	Peter Stephens	75	Spencer-	2:05.55	2:08.86
	59.22	2:08.86	(1:09.64)		

Event 10 Men 80-84 100 LC Meter Breaststroke

1	Dudley Lloyd-Evans	80	Poole-	2:05.00	2:01.52
2	Paul Clarke	80	Beaver Mast-	2:07.00	2:10.26
	1:02.27	2:10.26	(1:07.99)		

Event 11 Women 18-24 100 LC Meter Breaststroke

1	Lili-May Mustoe	20	Co Cardiff-	1:17.93	1:18.73
	37.09	1:18.73	(41.64)		
2	Amelia Tucker	19	Swansea Mast-	1:24.04	1:23.51
	39.25	1:23.51	(44.26)		
3	Harriet Pugh	21	Wycombe Dist-	1:25.11	1:24.64
	39.77	1:24.64	(44.87)		
4	Rhian Jones	22	Cardiff Mast-	1:25.04	1:25.89
	39.88	1:25.89	(46.01)		
5	Lily McGowan	21	Caradon-	1:24.43	1:27.17
	41.37	1:27.17	(45.80)		
6	Verity Howell	24	Leicester Ne-	1:28.41	1:30.79
	42.91	1:30.79	(47.88)		
7	Arwen Teagle	21	Merthyr Tydf-	1:31.35	1:33.27
	43.20	1:33.27	(50.07)		
8	Ashleigh Howells	22	Cardiff Mast-	1:29.93	1:35.66
	44.76	1:35.66	(50.90)		

Event 11 Women 25-29 100 LC Meter Breaststroke

1	Megan McDonagh	29	Otter-	1:24.97	1:22.26
	38.12	1:22.26	(44.14)		
2	Hannah Palfrey	29	Cardiff Mast-	1:25.00	1:23.74
	40.70	1:23.74	(43.04)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****(Event 11 Women 25-29 100 LC Meter Breaststroke)**

3	Lucy Strowger	27	S D Trojan-	1:25.79	1:23.83
	39.62		1:23.83 (44.21)		

Event 11 Women 30-34 100 LC Meter Breaststroke

1	Ana Iglesias Romero	34	Co Cambridge-	1:24.04	1:28.03
	42.16		1:28.03 (45.87)		
2	Hannawell Storey	34	Hinckley-	1:35.53	1:32.32
	42.76		1:32.32 (49.56)		

Event 11 Women 35-39 100 LC Meter Breaststroke

1	Laura Cranshaw	35	Birmingham M-	1:18.00	1:21.93
	38.60		1:21.93 (43.33)		
2	Jennie Clarke	37	Woking-	1:28.27	1:27.15
	41.47		1:27.15 (45.68)		
3	Sophie Mountain	35	Carm Masters-	1:22.86	1:27.91
	39.15		1:27.91 (48.76)		
4	Stephanie Baron	35	S D Trojan-	1:35.96	1:38.45
	47.03		1:38.45 (51.42)		

Event 11 Women 40-44 100 LC Meter Breaststroke

1	Sarah Pearse	40	South Beds-	1:25.39	1:27.10
	40.75		1:27.10 (46.35)		
2	Jordanna Roberts	40	Swansea Mast-	1:26.24	1:29.49
	42.51		1:29.49 (46.98)		
3	Gillian Morfey	40	Caldicot-	1:40.93	1:41.97
	48.12		1:41.97 (53.85)		
4	Emma Harvey	41	A.N.T. SC-	1:43.00	1:42.67
	47.72		1:42.67 (54.95)		
5	Lydia Tang	44	Swansea Mast-	1:56.58	1:59.46
	54.22		1:59.46 (1:05.24)		

Event 11 Women 45-49 100 LC Meter Breaststroke

1	Joanna Powell	49	Bridgend SC-	1:33.88	1:35.33
	44.63		1:35.33 (50.70)		
2	Victoria Codling	46	Caldicot-	1:36.84	1:36.70
	44.75		1:36.70 (51.95)		
3	Maida Shivik	48	Camden Swiss-	1:45.00	1:44.49
	50.66		1:44.49 (53.83)		
4	Sarah Jones	48	S Bournem'th-	1:35.00	1:45.71
	47.37		1:45.71 (58.34)		

Event 11 Women 50-54 100 LC Meter Breaststroke

1	Helen Gorman	50	Co Cardiff-	1:16.00	1:16.14
	36.24		1:16.14 (39.90)		

Event 11 Women 55-59 100 LC Meter Breaststroke

1	Joanne Seymour	57	Gloucester M-	1:28.70	1:26.84
	40.22		1:26.84 (46.62)		
2	Joanna Collins	56	Welshpool-	1:28.82	1:27.48
	41.74		1:27.48 (45.74)		
3	Lynda Coggins	58	Woking-	1:29.98	1:31.61
	43.69		1:31.61 (47.92)		
4	Wendy Figures	57	Co Sheffield-	1:38.01	1:41.17
	48.56		1:41.17 (52.61)		
5	Anne Raymond	59	Croydon Amph-	1:45.08	1:44.93
	49.73		1:44.93 (55.20)		
6	Lucille Thirlby	58	Out To Swim-	2:05.00	2:02.98
	58.56		2:02.98 (1:04.42)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022

Wales National Pool, Swansea

Results - Session 2 - Warm Up 12.00 - 12.50**Event 11 Women 60-64 100 LC Meter Breaststroke**

1	Judith Pearson	62	Carlisle Aq-	1:28.52	1:31.34
	44.19	1:31.34	(47.15)		

Event 11 Women 75-79 100 LC Meter Breaststroke

1	Marilyn Dinsdale	76	Heads Valley-	2:23.45	2:31.72
	1:08.31	2:31.72	(1:23.41)		

Event 11 Women 80-84 100 LC Meter Breaststroke

1	Muriel Hitchcock	84	Spencer-	2:20.00	2:19.69
	1:08.20	2:19.69	(1:11.49)		

Event 12 Men 18-24 50 LC Meter Butterfly

1	Alexander Morris	23	Swansea Uni-	25.66	26.56
2	Jack Endersby	22	Cardiff Mast-	28.38	27.94
3	Josh Hooper	24	Bristol Nor-	28.86	28.23
*4	Martin Schofield	23	East Leeds-	28.82	28.74
*4	Timon Chapman	20	Co Norwich-	28.42	28.74
6	Louis Batten	22	Atlantis-	29.77	29.52
7	Nathan Goodridge	23	Dove Valley-	31.99	33.50

Event 12 Men 25-29 50 LC Meter Butterfly

1	Connor Brunt	28	Guildford Ct-	27.38	27.04
2	Liam Herbert	29	Birmingham M-	28.65	27.73
3	Callum Morris	27	Cardiff Mast-	28.86	29.28
4	Michael Rees	29	Cardiff Mast-	30.00	30.68
5	Courtney Mattocks	28	Cardiff Mast-	32.00	31.50
6	Rhodri Evans	27	Cardiff Mast-	34.00	35.13
7	Sam Bradley	29	Team Luton-	40.02	39.34

Event 12 Men 30-34 50 LC Meter Butterfly

1	Oliver Harris	32	Cardiff Mast-	26.56	26.76
2	Gareth Allen	30	East Leeds-	28.00	27.87
3	Karsten Bach	32	Co Cambridge-	28.24	28.42
4	Ka Chun Suen	31	Out To Swim-	30.00	28.60
5	Andrew Benson	33	Out To Swim-	28.50	28.86
6	Eamon Sharkh	30	Guildford Ct-	32.50	30.36
7	Christopher Unsworth	31	Out To Swim-	31.00	31.11

Event 12 Men 35-39 50 LC Meter Butterfly

1	Paul Wilkes	38	Birmingham M-	27.10	26.84
2	Steven Millican	37	Trafford Met-	28.00	28.06

Event 12 Men 40-44 50 LC Meter Butterfly

1	Christopher Jones	41	Co Cardiff-	28.50	28.38
2	James Barwick	40	East Leeds-	28.00	28.96
3	Christopher Malpass	43	Trafford Met-	29.01	29.26
4	Tomasz Rybak	42	Wantage-	29.84	29.55
5	Marco Menegazzi	42	Asa Temp 2-	30.00	31.27

Event 12 Men 45-49 50 LC Meter Butterfly

1	Rupert Hough	49	Dove Valley-	34.56	36.01
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Event 12 Men 50-54 50 LC Meter Butterfly

1	Sean McQuaid	54	Barnet Copt-	31.00	31.22
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Event 12 Men 55-59 50 LC Meter Butterfly

1	Michael Hodgson	55	Woking-	27.95	27.42
2	Julian Swain	56	Maidenhead-	30.00	30.64
3	Jonathan Saunders	56	Co Sheffield-	31.12	30.93

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****(Event 12 Men 55-59 50 LC Meter Butterfly)**

4	Russell Crew	55	Guildford Ct-	31.53	31.96
5	Glen Isaacs	57	MwayMaritime-	32.04	32.83
6	Colin Robbins	58	NottmLeander-	33.86	33.51

Event 12 Men 60-64 50 LC Meter Butterfly

1	Alec Johnson	60	Trafford Met-	28.45	28.86
2	David Bryant	61	Woking-	30.00	30.58
3	Paul Cartwright	61	Camden Swiss-	34.77	33.24
4	Ian Powell	63	Welsh Ind-	34.84	35.51
5	Adam Lelean	60	Diss Otters-	38.00	38.06

Event 12 Men 65-69 50 LC Meter Butterfly

1	Trevor Clark	68	Kenilworth M-	34.00	34.63
2	Ian Woollard	68	Barnet Copt-	36.62	35.96
3	David Granger	66	Evesham-	56.73	52.47

Event 12 Men 75-79 50 LC Meter Butterfly

1	Peter Stephens	75	Spencer-	57.39	53.69
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Event 12 Men 85-89 50 LC Meter Butterfly

---	Geoff Bishop	86	Royal Navy-	1:10.00	DNF
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Event 13 Women 18-24 50 LC Meter Butterfly

1	Megan Hartery	24	Gloucester M-	29.78	29.79
2	Nadine James	24	Cardiff Mast-	31.61	31.97
3	Katie Huane	24	C Dolphins-	32.43	32.29
4	Anya Thomas	20	Co Cardiff-	31.97	32.36
5	Laura Shinton	18	Welshpool-	32.00	32.98
6	Alice Reeves-Turner	24	Woking-	39.55	33.83
7	Lois Davies	19	Cardiff Mast-	33.31	34.41
8	Verity Howell	24	Leicester Ne-	33.67	34.67
9	Ashleigh Howells	22	Cardiff Mast-	33.58	34.78
10	Elke Morgan	23	Exeter City-	38.00	35.40
11	Chloe Lewis	22	Bristol Nor-	38.00	38.61
12	Lily McGowan	21	Caradon-	40.00	39.42
13	Arwen Teagle	21	Merthyr Tydf-	43.22	39.99

Event 13 Women 25-29 50 LC Meter Butterfly

1	Isabella Centeleghe	26	Cardiff Mast-	29.00	28.42
2	Louisa Zolkiewski	29	Oxford Uni-	29.70	30.34
3	Megan McDonagh	29	Otter-	33.50	32.57
4	Sophie Hutin	25	S D Trojan-	33.76	33.32
5	Emily Whiting	25	Bristol Nor-	35.06	35.11
6	Rebecca Reid	26	Bristol Nor-	34.69	35.33
7	Melanie Thomas	28	Cardiff Mast-	35.32	36.04

Event 13 Women 30-34 50 LC Meter Butterfly

1	Megan Pardoe	33	Bristol Nor-	34.16	34.29
2	Carrie Power	34	British Army-	38.00	38.58

Event 13 Women 35-39 50 LC Meter Butterfly

1	Sophie Mountain	35	Carm Masters-	33.58	36.52
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Event 13 Women 40-44 50 LC Meter Butterfly

1	Elizabeth Bellinger	44	Bishop Stort-	30.87	30.52
2	Ceri Rees	44	Carm Masters-	38.01	38.98
3	Emma Harvey	41	A.N.T. SC-	36.21	39.89

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****Event 13 Women 45-49 50 LC Meter Butterfly**

1	Michelle Ware	49	Woking-	30.18	30.30
2	Sorcha Kennedy	46	Cardiff Mast-	33.33	33.53
3	Karen Mackenzie	49	Team Luton-	37.69	38.70
4	Melissa Spears	49	Barnet Copt-	45.00	44.78

Event 13 Women 50-54 50 LC Meter Butterfly

1	Jeanne Petit	52	Leic Peng-	32.59	32.12
2	Karen Howells	51	Cardiff Mast-	37.56	39.69
3	Joanne Alexander	51	Kenilworth M-	41.00	41.00
4	Emma France	54	Guildford Ct-	1:00.00	56.69

Event 13 Women 55-59 50 LC Meter Butterfly

1	Suzanne Welham	58	St Albans Ma-	40.00	40.97
2	Ceri Thomas	57	Bridgend SC-	42.55	43.08

Event 13 Women 60-64 50 LC Meter Butterfly

1	Judith Pearson	62	Carlisle Aq-	33.47	33.57
2	Micaela Morris	61	Gloucester M-	40.37	40.93
3	Martine Hall	64	S Bournem'th-	40.67	41.07

Event 13 Women 65-69 50 LC Meter Butterfly

1	Lorraine Crook	68	Caldicot-	1:08.14	1:06.60
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Event 13 Women 75-79 50 LC Meter Butterfly

1	Margaret Weare	78	Caldicot-	1:10.44	1:15.64
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Event 14 Men 72-99 200 LC Meter Medley Relay

1	Bristol Nor	A	NT	2:03.19
	1) Samuel McKelvie-Warsop M23	2) Kjetil Rehm M23	3) Josh Hooper M24	4) Christopher Street M33
	33.46	1:07.02 (33.56)	1:35.45 (28.43)	2:03.19 (27.74)
2	Cardiff Mast	B	NT	2:12.00
	1) Courtney Mattocks M28	2) Oliver Newcombe M40	3) Jack Endersby M22	4) Dale Lewis M64
	33.29	1:07.92 (34.63)	1:35.84 (27.92)	2:12.00 (36.16)

Event 14 Men 100-119 200 LC Meter Medley Relay

1	Swansea Mast	A	NT	2:04.37
	1) Mark Williams M33	2) Joseph Tucker M27	3) David Hanbury M29	4) Matthew Dickinson M26
	33.23	1:09.05 (35.82)	1:36.44 (27.39)	2:04.37 (27.93)
2	Cardiff Mast	A	NT	2:06.19
	1) Michael Rees M29	2) Oliver Harris M32	3) Callum Morris M27	4) Andrew Mason M30
	32.93	1:06.24 (33.31)	1:35.71 (29.47)	2:06.19 (30.48)

Event 14 Men 120-159 200 LC Meter Medley Relay

1	Swansea Mast	B	NT	2:35.37
	1) Paul Osborne M59	2) Dylan Gravelle M60	3) Paul Grunnat M53	4) Ned Gill M42
	42.28	1:27.18 (44.90)	2:05.46 (38.28)	2:35.37 (29.91)

Event 15 Women 72-99 200 LC Meter Medley Relay

1	Cardiff Mast	A	NT	2:18.23
	1) Lois Davies W19	2) Rhian Jones W22	3) Ashleigh Howells W22	4) Nadine James W24
	36.03	1:14.61 (38.58)	1:49.61 (35.00)	2:18.23 (28.62)
2	Bristol Nor	A	NT	2:32.54
	1) Emily Whiting W25	2) Chloe Lewis W22	3) Rebecca Reid W26	4) Alice Eaton W30
	36.62	1:21.93 (45.31)	1:57.64 (35.71)	2:32.54 (34.90)

Event 15 Women 120-159 200 LC Meter Medley Relay

1	Cardiff Mast	B	NT	2:17.96
	1) Melanie Thomas W28	2) Hannah Palfrey W29	3) Isabella Centeleghe W26	4) Karen Howells W51
	36.97	1:14.86 (37.89)	1:44.22 (29.36)	2:17.96 (33.74)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 2 - Warm Up 12.00 - 12.50****(Event 15 Women 120-159 200 LC Meter Medley Relay)**

2 Swansea Mast	A	NT	2:23.21
1) Geertje Van Keulen W53	2) Jordanna Roberts W40	3) Hannah Munday W31	4) Hannah Griffiths W28
41.48	1:20.27 (38.79)	1:51.20 (30.93)	2:23.21 (32.01)

Event 15 Women 200-239 200 LC Meter Medley Relay

1 Caldicot	A	NT	3:14.97
1) Julia Buchanan W65	2) Lorraine Crook W68	3) Gillian Morfey W40	4) Victoria Codling W46
46.91	1:33.33 (46.42)	2:39.82 (1:06.49)	3:14.97 (35.15)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 16 Men 18-24 200 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Dafydd Price	22	Cardiff Mast-	2:22.49	2:24.26
31.11	1:07.83 (36.72)	1:45.04 (37.21)	2:24.26 (39.22)	
2 Oskar Stefanski	21	Swansea Uni-	3:00.00	2:29.08
30.92	1:08.36 (37.44)	1:47.78 (39.42)	2:29.08 (41.30)	

Event 16 Men 25-29 200 LC Meter Butterfly

1 David Hanbury	29	Swansea Mast-	2:13.50	2:10.79
29.79	1:04.29 (34.50)	1:38.21 (33.92)	2:10.79 (32.58)	

Event 16 Men 30-34 200 LC Meter Butterfly

1 Soren Mikkelsen	31	Bristol Pen-	2:49.10	2:48.48
35.27	1:17.74 (42.47)	2:03.00 (45.26)	2:48.48 (45.48)	
2 Ka Chun Suen	31	Out To Swim-	2:30.00	2:55.90
34.71	1:13.49 (38.78)	1:56.37 (42.88)	2:55.90 (59.53)	

Event 16 Men 35-39 200 LC Meter Butterfly

1 Paul Wilkes	38	Birmingham M-	2:12.84	2:15.18
29.86	1:06.15 (36.29)	1:40.82 (34.67)	2:15.18 (34.36)	
--- David Blakemore	38	Cally Mast-	3:10.00	DNF
42.76	1:41.79 (59.03)			

Event 16 Men 40-44 200 LC Meter Butterfly

1 Christopher Jones	41	Co Cardiff-	2:26.07	2:21.14
30.87	1:07.97 (37.10)	1:44.40 (36.43)	2:21.14 (36.74)	
2 Christopher Malpass	43	Trafford Met-	2:25.00	2:33.97
33.07	1:11.89 (38.82)	1:52.42 (40.53)	2:33.97 (41.55)	

Event 16 Men 50-54 200 LC Meter Butterfly

1 Stuart Colston	51	C Dolphins-	3:10.00	3:12.04
42.18	1:32.31 (50.13)	2:23.38 (51.07)	3:12.04 (48.66)	

Event 16 Men 60-64 200 LC Meter Butterfly

1 Adam Lelean	60	Diss Otters-	3:24.66	3:27.64
46.21	1:38.41 (52.20)	2:32.27 (53.86)	3:27.64 (55.37)	

Event 16 Men 65-69 200 LC Meter Butterfly

1 Vladimir Sveds	66	Cardiff Mast-	3:43.24	3:53.10
50.33	1:49.16 (58.83)	3:53.10 (2:03.94)		

Event 17 Women 45-49 200 LC Meter Butterfly

1 Tracy Van Deventer	47	Berkhamsted-	3:00.00	3:02.85
38.38	1:23.54 (45.16)	2:11.84 (48.30)	3:02.85 (51.01)	

Event 17 Women 50-54 200 LC Meter Butterfly

1 Karen Howells	51	Cardiff Mast-	3:18.18	3:33.41
44.24	1:38.02 (53.78)	2:36.21 (58.19)	3:33.41 (57.20)	

Event 17 Women 60-64 200 LC Meter Butterfly

1 Judith Pearson	62	Carlisle Aq-	2:56.28	2:54.83
40.55	1:24.82 (44.27)	2:10.50 (45.68)	2:54.83 (44.33)	
2 Frances Baker	62	Carrick Mas-	3:53.57	4:00.90
53.04	1:55.24 (1:02.20)	2:59.54 (1:04.30)	4:00.90 (1:01.36)	

Event 18 Men 18-24 100 LC Meter Freestyle

1 Alexander Morris	23	Swansea Uni-	54.03	55.40
26.43	55.40 (28.97)			
2 Kjetil Rehm	23	Bristol Nor-	56.51	57.92
27.62	57.92 (30.30)			
3 Josh Hooper	24	Bristol Nor-	57.78	58.04
27.45	58.04 (30.59)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****(Event 18 Men 18-24 100 LC Meter Freestyle)**

4 Dylan Hughes	20 Torfaen D-	1:32.89	1:33.92
41.18	1:33.92 (52.74)		

Event 18 Men 25-29 100 LC Meter Freestyle

1 Alex Rosser	26 Torfaen D-	56.70	57.06
27.98	57.06 (29.08)		

2 Callum Morris	27 Cardiff Mast-	58.40	1:00.62
28.67	1:00.62 (31.95)		

Event 18 Men 30-34 100 LC Meter Freestyle

1 Oliver Harris	32 Cardiff Mast-	52.68	53.85
25.30	53.85 (28.55)		

2 Michael Tansini	31 Co Cambridge-	59.78	59.71
29.24	59.71 (30.47)		

3 Gareth Allen	30 East Leeds-	57.93	1:00.28
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4 Mark Williams	33 Swansea Mast-	59.50	1:01.62
29.06	1:01.62 (32.56)		

5 Eamon Sharkh	30 Guildford Ct-	1:02.10	1:01.88
29.13	1:01.88 (32.75)		

6 Christopher Unsworth	31 Out To Swim-	1:00.00	1:02.83
29.83	1:02.83 (33.00)		

Event 18 Men 40-44 100 LC Meter Freestyle

1 James Barwick	40 East Leeds-	59.50	1:02.19
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29.73	1:02.19 (32.46)		
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Event 18 Men 50-54 100 LC Meter Freestyle

1 Jamie McHale	50 Co Sheffield-	58.70	1:01.41
29.46	1:01.41 (31.95)		

2 Phillip Albright	52 Camden Swiss-	1:05.00	1:05.36
32.45	1:05.36 (32.91)		

3 Stephen Croall	50 Swansea Mast-	1:05.00	1:05.50
30.82	1:05.50 (34.68)		

4 Chris Adams	50 Bridgend SC-	1:45.00	1:30.06
42.73	1:30.06 (47.33)		

Event 18 Men 55-59 100 LC Meter Freestyle

1 Michael Hodgson	55 Woking-	58.75	58.12
28.13	58.12 (29.99)		

2 Mark Reynolds	59 Barnet Copt-	1:01.00	1:01.23
29.32	1:01.23 (31.91)		

3 Julian Swain	56 Maidenhead-	1:01.00	1:01.97
29.45	1:01.97 (32.52)		

4 Jonathan Saunders	56 Co Sheffield-	1:04.95	1:04.57
30.92	1:04.57 (33.65)		

5 Colin Robbins	58 NottmLeander-	1:05.19	1:05.14
31.50	1:05.14 (33.64)		

6 Glen Isaacs	57 MwayMaritime-	1:03.75	1:05.95
31.78	1:05.95 (34.17)		

7 Martin Bradford	55 Out To Swim-	1:12.00	1:10.14
33.49	1:10.14 (36.65)		

Event 18 Men 60-64 100 LC Meter Freestyle

1 Alec Johnson	60 Trafford Met-	59.12	1:00.22
29.78	1:00.22 (30.44)		

2 Ralph Pinel	60 Bo Newham-	1:00.64	1:02.92
29.72	1:02.92 (33.20)		

3 David Bryant	61 Woking-	1:03.77	1:03.88
31.74	1:03.88 (32.14)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****(Event 18 Men 60-64 100 LC Meter Freestyle)**

4	Colin Stephenson	64	Gloucester M-	1:03.10	1:03.95
	31.48	1:03.95	(32.47)		
5	Adrian Morris	60	Cardiff Mast-	1:06.06	1:05.35
	31.23	1:05.35	(34.12)		
6	James Hobsley	62	Barnet Copt-	1:04.00	1:05.93
	31.12	1:05.93	(34.81)		
7	Paul Cartwright	61	Camden Swiss-	1:10.00	1:10.10
	35.17	1:10.10	(34.93)		
8	Ian Powell	63	Welsh Ind-	1:08.54	1:10.46
	32.97	1:10.46	(37.49)		
9	Paul Tallentire	60	Carlisle Aq-	1:08.91	1:10.52
	33.42	1:10.52	(37.10)		
10	Adam Lelean	60	Diss Otters-	1:12.00	1:10.59
	33.70	1:10.59	(36.89)		
11	Dale Lewis	64	Cardiff Mast-	1:20.77	1:23.10
	39.52	1:23.10	(43.58)		

Event 18 Men 65-69 100 LC Meter Freestyle

1	Ian Murray	65	Flitwick-	1:15.33	1:14.05
	35.58	1:14.05	(38.47)		
2	Ian Woollard	68	Barnet Copt-	1:17.50	1:17.04
	36.81	1:17.04	(40.23)		
3	David Granger	66	Evesham-	1:19.72	1:23.06
	39.85	1:23.06	(43.21)		

Event 18 Men 70-74 100 LC Meter Freestyle

1	Terence Mansi	73	Hadleigh-	1:28.00	1:24.80
	41.95	1:24.80	(42.85)		

Event 18 Men 75-79 100 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	1:08.00	1:09.93
	33.79	1:09.93	(36.14)		
2	Peter Stephens	75	Spencer-	1:28.65	1:31.03
	44.92	1:31.03	(46.11)		

Event 19 Women 18-24 100 LC Meter Freestyle

1	Amelia Tucker	19	Swansea Mast-	1:05.59	1:03.80
	30.21	1:03.80	(33.59)		
2	Alice Reeves-Turner	24	Woking-	1:07.60	1:08.03
	32.57	1:08.03	(35.46)		
3	Arwen Teagle	21	Merthyr Tydf-	1:12.76	1:12.38
	34.85	1:12.38	(37.53)		
4	Naomi Pollard	20	Swansea Uni-	1:08.09	1:12.86
	34.38	1:12.86	(38.48)		
5	Rhian Jones	22	Cardiff Mast-	1:13.19	1:13.00
	34.88	1:13.00	(38.12)		

Event 19 Women 25-29 100 LC Meter Freestyle

1	Danielle Stirrat	29	Cardiff Mast-	1:01.00	59.81
	28.93	59.81	(30.88)		
2	Louisa Zolkiewski	29	Oxford Uni-	1:00.94	1:04.59
	30.45	1:04.59	(34.14)		
3	Hannah Griffiths	28	Swansea Mast-	1:08.19	1:10.16
	33.21	1:10.16	(36.95)	1:10.16 ()	
4	Emily Whiting	25	Bristol Nor-	1:11.65	1:10.17
	33.36	1:10.17	(36.81)	1:10.17 ()	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 19 Women 30-34 100 LC Meter Freestyle**

1	Holly Booth	31	Trafford Met-	1:03.50	1:01.17
	29.36	1:01.17	(31.81)		
2	Hannah Angell	32	Woking-	1:07.63	1:05.77
	32.29	1:05.77	(33.48)		
3	Megan Pardoe	33	Bristol Nor-	1:08.14	1:07.39
	33.03	1:07.39	(34.36)		
4	Ana Iglesias Romero	34	Co Cambridge-	1:07.70	1:09.70
	33.28	1:09.70	(36.42)		
5	Carrie Power	34	British Army-	1:16.29	1:14.46
	35.14	1:14.46	(39.32)		
6	Hannawell Storey	34	Hinckley-	1:15.75	1:14.77
	35.29	1:14.77	(39.48)		
7	Alice Eaton	30	Bristol Nor-	1:19.51	1:20.08
	37.42	1:20.08	(42.66)		

Event 19 Women 35-39 100 LC Meter Freestyle

1	Jennie Clarke	37	Woking-	1:08.81	1:05.36
	31.18	1:05.36	(34.18)	1:05.36 ()	

Event 19 Women 40-44 100 LC Meter Freestyle

1	Emma Wills	43	York City-	1:02.50	1:01.83
	29.95	1:01.83	(31.88)		
2	Elizabeth Bellinger	44	Bishop Stort-	1:07.00	1:06.88
	32.07	1:06.88	(34.81)		
3	Lisa Dawson	44	Barnet Copt-	1:08.25	1:08.92
	33.36	1:08.92	(35.56)	1:08.92 ()	
4	Gillian Morfey	40	Caldicot-	1:40.00	1:31.56
	42.41	1:31.56	(49.15)		

Event 19 Women 45-49 100 LC Meter Freestyle

1	Michelle Ware	49	Woking-	1:02.21	1:02.84
	30.19	1:02.84	(32.65)		
2	Sorcha Kennedy	46	Cardiff Mast-	1:07.30	1:09.95
	33.56	1:09.95	(36.39)		
3	Victoria Codling	46	Caldicot-	1:19.17	1:18.92
	36.68	1:18.92	(42.24)		
4	Sarah Jones	48	S Bournem'th-	1:20.00	1:21.67
	39.05	1:21.67	(42.62)		

Event 19 Women 50-54 100 LC Meter Freestyle

1	Nicola Latty	51	Holywell-	1:07.77	1:05.22
	32.50	1:05.22	(32.72)		
2	Jeanne Petit	52	Leic Peng-	1:11.99	1:12.17
	34.27	1:12.17	(37.90)	1:12.17 ()	
3	Geertje Van Keulen	53	Swansea Mast-	1:19.00	1:19.66
	37.64	1:19.66	(42.02)		
4	Zorika Adams	52	Camden Swiss-	1:23.00	1:25.48
	39.93	1:25.48	(45.55)		
5	Claudine Day	51	Redhill & R-	1:45.40	1:38.97
	48.42	1:38.97	(50.55)		

Event 19 Women 55-59 100 LC Meter Freestyle

1	Joanna Collins	56	Welshpool-	1:11.59	1:12.10
	34.14	1:12.10	(37.96)	1:12.10 ()	
2	Joanne Seymour	57	Gloucester M-	1:09.60	1:14.56
	34.14	1:14.56	(40.42)	1:14.56 ()	
3	Suzanne Welham	58	St Albans Ma-	1:18.00	1:17.41
	37.83	1:17.41	(39.58)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****(Event 19 Women 55-59 100 LC Meter Freestyle)**

4	Helen Andrews	56	S D Trojan-	1:23.22	1:23.85
	40.01		1:23.85 (43.84)		

Event 19 Women 60-64 100 LC Meter Freestyle

1	Micaela Morris	61	Gloucester M-	1:22.56	1:22.29
	38.95		1:22.29 (43.34)		

2	Delia Keen	61	Carm Masters-	1:55.00	1:58.04
	55.98		1:58.04 (1:02.06)		

Event 19 Women 65-69 100 LC Meter Freestyle

1	Jayne Stephenson	68	Gloucester M-	1:17.89	1:20.08
	38.76		1:20.08 (41.32)		

2	Marianne Davey	69	Redhill & R-	1:38.49	1:41.81
	49.21		1:41.81 (52.60)		

Event 19 Women 70-74 100 LC Meter Freestyle

1	Alison Gwynn	74	Mid Sussex-	1:29.73	1:25.72
	42.38		1:25.72 (43.34)		

Event 19 Women 75-79 100 LC Meter Freestyle

1	Jennifer Dean	79	Mid Sussex-	1:42.50	1:46.28
	48.30		1:46.28 (57.98)		

2	Margaret Weare	78	Caldicot-	2:10.35	2:12.40
	1:02.76		2:12.40 (1:09.64)		

Event 19 Women 90-94 100 LC Meter Freestyle

1	Jane Asher	91	Kings Corm-	1:44.21	1:47.51
	53.70		1:47.51 (53.81)		

Event 20 Men 18-24 50 LC Meter Backstroke

1	Harry Turner	23	Swansea Uni-	24.22	26.63
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2	Timon Chapman	20	Co Norwich-	29.08	30.69
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3	Martin Schofield	23	East Leeds-	30.24	31.63
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4	Louis Batten	22	Atlantis-	31.56	32.22
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5	Nathan Goodridge	23	Dove Valley-	34.00	35.72
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Event 20 Men 25-29 50 LC Meter Backstroke

1	Liam Herbert	29	Birmingham M-	29.22	30.19
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2	Courtney Mattocks	28	Cardiff Mast-	31.50	33.13
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3	Rhodri Evans	27	Cardiff Mast-	35.00	39.30
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4	Sam Bradley	29	Team Luton-	40.62	40.75
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Event 20 Men 30-34 50 LC Meter Backstroke

1	Gareth Allen	30	East Leeds-	30.76	31.65
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2	Christopher Unsworth	31	Out To Swim-	31.00	33.48
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Event 20 Men 35-39 50 LC Meter Backstroke

1	Steven Millican	37	Trafford Met-	29.50	29.82
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Event 20 Men 40-44 50 LC Meter Backstroke

1	Oliver Newcombe	40	Cardiff Mast-	30.75	32.17
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2	Christopher Malpass	43	Trafford Met-	30.00	32.40
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Event 20 Men 45-49 50 LC Meter Backstroke

1	Rupert Hough	49	Dove Valley-	35.73	37.65
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Event 20 Men 50-54 50 LC Meter Backstroke

1	Peter Dixon	54	Bo Newham-	31.00	33.35
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Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 20 Men 55-59 50 LC Meter Backstroke**

1	Mark Partridge	59	Stroud Mast-	38.00	38.41
2	Colin Robbins	58	NottmLeander-	36.51	38.93

Event 20 Men 60-64 50 LC Meter Backstroke

1	Alec Johnson	60	Trafford Met-	31.90	32.85
2	Paul Cartwright	61	Camden Swiss-	38.00	38.88
3	Ian Yates	60	Bridgend SC-	37.00	41.19
4	Antony Corben	60	S D Trojan-	39.17	41.30

Event 20 Men 65-69 50 LC Meter Backstroke

1	Vladimir Sveds	66	Cardiff Mast-	44.80	47.13
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Event 20 Men 75-79 50 LC Meter Backstroke

1	Peter Stephens	75	Spencer-	54.01	53.02
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Event 20 Men 80-84 50 LC Meter Backstroke

1	Tim Pearce	83	Mid Sussex-	55.00	53.31
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Event 20 Men 85-89 50 LC Meter Backstroke

1	Geoff Bishop	86	Royal Navy-	57.03	59.97
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Event 21 Women 18-24 50 LC Meter Backstroke

1	Chloe Parker-Mead	21	Hinckley-	32.31	33.34
2	Megan Hartery	24	Gloucester M-	34.00	34.58
3	Jordan Holroyd	24	Exeter City-	36.15	36.50
4	Gemma Spencer	20	Woking-	34.91	37.13
5	Chloe Lewis	22	Bristol Nor-	37.00	37.62
6	Lily McGowan	21	Caradon-	39.00	37.64
7	Elke Morgan	23	Exeter City-	37.00	37.77
8	Alice Reeves-Turner	24	Woking-	39.16	40.24

Event 21 Women 25-29 50 LC Meter Backstroke

1	Danielle Stirrat	29	Cardiff Mast-	31.50	32.04
2	Louisa Zolkiewski	29	Oxford Uni-	31.18	32.54
3	Jessica Sutton	25	Hinckley-	32.50	32.72
4	Megan McDonagh	29	Otter-	35.43	34.78
5	Rebecca Reid	26	Bristol Nor-	35.84	36.27
6	Sophie Hutin	25	S D Trojan-	35.95	36.70

Event 21 Women 30-34 50 LC Meter Backstroke

1	Holly Booth	31	Trafford Met-	34.22	33.74
2	Megan Pardoe	33	Bristol Nor-	37.91	38.60

Event 21 Women 35-39 50 LC Meter Backstroke

1	Lauren Willcox	36	Saxon Crown-	34.00	33.59
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Event 21 Women 40-44 50 LC Meter Backstroke

1	Lisa Dawson	44	Barnet Copt-	36.70	37.11
2	Ceri Rees	44	Carm Masters-	40.80	42.16

Event 21 Women 45-49 50 LC Meter Backstroke

1	Michelle Ware	49	Woking-	31.60	32.73
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Event 21 Women 50-54 50 LC Meter Backstroke

1	Jo Corben	52	S D Trojan-	33.00	33.63
2	Geertje Van Keulen	53	Swansea Mast-	40.00	42.41
3	Emma France	54	Guildford Ct-	1:01.30	59.68
4	Susan Flanigan	54	Cardiff Mast-	58.00	59.98

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 21 Women 55-59 50 LC Meter Backstroke**

1	Lynda Coggins	58	Woking-	38.62	37.71
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Event 21 Women 60-64 50 LC Meter Backstroke

1	Micaela Morris	61	Gloucester M-	43.33	42.58
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Event 21 Women 65-69 50 LC Meter Backstroke

1	Kathy Bidnall	67	Mid Sussex-	40.89	42.12
2	Julia Buchanan	65	Caldicot-	46.50	45.48
3	Marianne Davey	69	Redhill & R-	51.62	55.12

Event 21 Women 70-74 50 LC Meter Backstroke

1	Alison Gwynn	74	Mid Sussex-	48.89	46.66
2	Alison Varley	70	Cardiff Mast-	59.00	58.54
3	Sally Lelean	71	Diss Otters-	1:02.00	1:00.69

Event 21 Women 75-79 50 LC Meter Backstroke

1	Elaine Blower	77	Barnet Copt-	52.00	49.97
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Event 21 Women 80-84 50 LC Meter Backstroke

1	Muriel Hitchcock	84	Spencer-	58.00	1:00.84
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Event 21 Women 90-94 50 LC Meter Backstroke

1	Grace Isaac	90	Spencer-	1:20.00	1:17.87
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Event 22 Women 18-24 1500 LC Meter Freestyle

1	Deryn Cressey-Rodgers	19	Oxford Uni-	18:52.59	19:04.64
	32.59	1:09.65 (37.06)	1:47.28 (37.63)	2:25.63 (38.35)	
	3:03.51 (37.88)	3:42.00 (38.49)	4:20.41 (38.41)	4:59.41 (39.00)	
	5:37.52 (38.11)	6:16.32 (38.80)	6:54.89 (38.57)	7:33.58 (38.69)	
	8:12.16 (38.58)	8:50.92 (38.76)	9:29.59 (38.67)	10:08.45 (38.86)	
	10:46.37 (37.92)	11:25.22 (38.85)	12:03.75 (38.53)	12:42.74 (38.99)	
	13:21.28 (38.54)	14:00.54 (39.26)	14:38.75 (38.21)	15:17.74 (38.99)	
	15:56.03 (38.29)	16:34.98 (38.95)	17:12.64 (37.66)	17:51.10 (38.46)	
	18:28.22 (37.12)	19:04.64 (36.42)			

Event 22 Women 30-34 1500 LC Meter Freestyle

1	Stephanie McNally	33	Bristol Nor-	19:25.90	19:34.36
	34.13	1:10.68 (36.55)	1:48.75 (38.07)	2:26.75 (38.00)	
	3:05.54 (38.79)	3:44.16 (38.62)	4:23.50 (39.34)	5:02.40 (38.90)	
	5:41.92 (39.52)	6:21.35 (39.43)	7:01.16 (39.81)	7:40.81 (39.65)	
	8:20.79 (39.98)	8:59.99 (39.20)	9:39.81 (39.82)	10:19.33 (39.52)	
	10:59.31 (39.98)	11:38.93 (39.62)	12:18.82 (39.89)	12:58.05 (39.23)	
	13:37.98 (39.93)	14:17.63 (39.65)	14:57.51 (39.88)	15:36.61 (39.10)	
	16:17.07 (40.46)	16:57.01 (39.94)	17:37.09 (40.08)	18:16.67 (39.58)	
	18:56.34 (39.67)	19:34.36 (38.02)			

Event 22 Women 40-44 1500 LC Meter Freestyle

1	Emma Harvey	41	A.N.T. SC-	22:30.00	22:40.42
	40.07	1:25.22 (45.15)	2:11.56 (46.34)	2:57.93 (46.37)	
	3:43.93 (46.00)	4:29.78 (45.85)	5:16.23 (46.45)	6:02.13 (45.90)	
	6:48.66 (46.53)	7:34.38 (45.72)	8:20.39 (46.01)	9:06.10 (45.71)	
	9:52.68 (46.58)	10:37.30 (44.62)	11:22.88 (45.58)	12:07.64 (44.76)	
	12:53.26 (45.62)	13:38.32 (45.06)	14:24.39 (46.07)	15:09.31 (44.92)	
	15:55.47 (46.16)	16:40.14 (44.67)	17:26.22 (46.08)	18:10.90 (44.68)	
	18:56.91 (46.01)	19:41.77 (44.86)	20:28.52 (46.75)	21:13.46 (44.94)	
	21:58.04 (44.58)	22:40.42 (42.38)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 22 Women 45-49 1500 LC Meter Freestyle**

1	Jessica Wooddisse	47	Stroud Mast-	19:07.74	19:15.02
	35.02	1:13.09 (38.07)	1:51.01 (37.92)	2:29.88 (38.87)	
	3:07.99 (38.11)	3:46.55 (38.56)	4:24.97 (38.42)	5:04.08 (39.11)	
	5:42.42 (38.34)	6:21.34 (38.92)	6:59.85 (38.51)	7:38.90 (39.05)	
	8:17.69 (38.79)	8:56.82 (39.13)	9:35.32 (38.50)	10:14.36 (39.04)	
	10:52.66 (38.30)	11:31.60 (38.94)	12:09.78 (38.18)	12:48.77 (38.99)	
	13:26.95 (38.18)	14:06.28 (39.33)	14:44.95 (38.67)	15:24.11 (39.16)	
	16:02.69 (38.58)	16:41.68 (38.99)	17:20.21 (38.53)	17:59.47 (39.26)	
	18:37.63 (38.16)	19:15.02 (37.39)			
2	Maida Shivik	48	Camden Swiss-	22:33.56	22:57.89
	41.35		2:12.96 ()		
	3:45.60 ()		5:18.06 ()	6:04.33 (46.27)	
	6:49.81 (45.48)		8:22.21 ()		
	9:54.03 ()		11:26.48 ()	12:12.43 (45.95)	
	12:58.51 (46.08)		14:31.14 ()		
	16:03.47 ()	16:49.78 (46.31)	17:36.08 (46.30)	18:22.19 (46.11)	
	19:08.98 (46.79)	19:55.26 (46.28)	20:41.18 (45.92)	21:27.77 (46.59)	
	22:13.60 (45.83)	22:57.89 (44.29)			

Event 22 Women 50-54 1500 LC Meter Freestyle

1	Beverley Bourne	54	Barnet Copt-	22:23.57	23:11.44
	39.44	1:23.03 (43.59)	2:09.89 (46.86)	2:56.19 (46.30)	
	3:43.50 (47.31)	4:31.05 (47.55)	5:18.98 (47.93)	6:05.22 (46.24)	
		7:39.67 ()	8:26.92 (47.25)	9:13.42 (46.50)	
	10:00.17 (46.75)	10:46.48 (46.31)	11:33.05 (46.57)	12:19.44 (46.39)	
	13:05.85 (46.41)	13:52.32 (46.47)	14:39.54 (47.22)	15:26.06 (46.52)	
	16:13.10 (47.04)	16:59.58 (46.48)	17:46.47 (46.89)	18:32.94 (46.47)	
	19:20.34 (47.40)	20:07.29 (46.95)	20:54.01 (46.72)	21:40.12 (46.11)	
	22:26.50 (46.38)	23:11.44 (44.94)			

Event 22 Women 60-64 1500 LC Meter Freestyle

1	Dymphna Morris	61	Aer Lingus Masters-	22:00.00	21:30.21
	39.27	1:21.09 (41.82)	2:03.78 (42.69)	2:46.10 (42.32)	
	3:29.20 (43.10)	4:12.66 (43.46)	4:56.58 (43.92)	5:40.10 (43.52)	
	6:23.70 (43.60)	7:06.82 (43.12)	7:50.41 (43.59)	8:33.69 (43.28)	
	9:17.45 (43.76)	10:00.89 (43.44)	10:44.39 (43.50)	11:27.48 (43.09)	
	12:11.11 (43.63)	12:54.67 (43.56)	13:38.30 (43.63)	14:21.06 (42.76)	
	15:04.63 (43.57)	15:47.62 (42.99)	16:31.10 (43.48)	17:14.23 (43.13)	
	17:57.69 (43.46)	18:40.46 (42.77)	19:24.11 (43.65)	20:07.12 (43.01)	
	20:49.82 (42.70)	21:30.21 (40.39)			
2	Catherine Hartle	64	Co Sheffield-	24:45.00	24:30.30
	43.72	1:31.61 (47.89)	2:19.66 (48.05)	3:08.23 (48.57)	
	3:56.20 (47.97)	4:45.03 (48.83)	5:33.22 (48.19)	6:21.58 (48.36)	
	7:10.03 (48.45)	7:58.68 (48.65)	8:46.99 (48.31)	9:36.05 (49.06)	
	10:24.91 (48.86)	11:14.11 (49.20)	12:03.17 (49.06)	12:52.58 (49.41)	
	13:41.86 (49.28)	14:31.03 (49.17)	15:20.10 (49.07)	16:10.44 (50.34)	
	16:59.99 (49.55)	17:50.37 (50.38)	18:40.44 (50.07)	19:30.81 (50.37)	
	20:21.12 (50.31)	21:12.48 (51.36)	22:01.89 (49.41)	22:52.11 (50.22)	
	23:41.31 (49.20)	24:30.30 (48.99)			
3	Sharon McLellan	64	Hadleigh-	27:30.00	25:45.11
	45.98	1:36.45 (50.47)	2:28.03 (51.58)		
	4:11.19 ()	5:03.40 (52.21)	5:55.28 (51.88)	6:47.71 (52.43)	
	7:39.21 (51.50)		9:22.83 ()	10:15.04 (52.21)	
	11:06.89 (51.85)	11:59.06 (52.17)	12:50.70 (51.64)	13:43.25 (52.55)	
	14:34.37 (51.12)		16:18.47 ()	17:10.63 (52.16)	
	18:02.57 (51.94)		19:46.37 ()	20:38.51 (52.14)	
	21:30.19 (51.68)		23:13.48 ()		
	24:56.27 ()	25:45.11 (48.84)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 22 Women 65-69 1500 LC Meter Freestyle**

1 Jayne Stephenson	68 Gloucester M-	23:45.59	24:05.79
42.82	1:30.22 (47.40)	2:18.18 (47.96)	3:06.98 (48.80)
3:55.42 (48.44)	4:44.29 (48.87)	5:32.06 (47.77)	6:20.85 (48.79)
7:08.63 (47.78)	7:57.12 (48.49)	8:44.90 (47.78)	9:33.82 (48.92)
10:21.41 (47.59)	11:10.16 (48.75)	11:58.50 (48.34)	12:46.77 (48.27)
13:34.89 (48.12)	14:23.27 (48.38)	15:11.37 (48.10)	16:00.34 (48.97)
16:48.92 (48.58)	17:38.35 (49.43)	18:26.69 (48.34)	19:15.66 (48.97)
20:04.14 (48.48)	20:53.75 (49.61)	21:41.74 (47.99)	22:30.52 (48.78)
23:18.75 (48.23)	24:05.79 (47.04)		
2 Lorraine Crook	68 Caldicot-	39:00.00	37:40.17
1:05.35	2:16.61 (1:11.26)	3:28.23 (1:11.62)	4:40.63 (1:12.40)
5:55.43 (1:14.80)	7:08.43 (1:13.00)	8:22.91 (1:14.48)	9:36.38 (1:13.47)
10:51.66 (1:15.28)	12:07.25 (1:15.59)	13:23.08 (1:15.83)	14:38.89 (1:15.81)
15:54.99 (1:16.10)	17:10.38 (1:15.39)	18:27.97 (1:17.59)	19:44.75 (1:16.78)
21:01.34 (1:16.59)	22:17.45 (1:16.11)	23:32.88 (1:15.43)	24:50.29 (1:17.41)
26:06.79 (1:16.50)	27:22.93 (1:16.14)	28:41.19 (1:18.26)	29:58.30 (1:17.11)
31:17.10 (1:18.80)	32:33.78 (1:16.68)	33:51.57 (1:17.79)	35:08.28 (1:16.71)
36:25.63 (1:17.35)	37:40.17 (1:14.54)		

Event 22 Women 75-79 1500 LC Meter Freestyle

1 Rose Dudeny	75 Mid Sussex-	29:15.00	28:08.69
50.05	1:45.15 (55.10)	2:41.29 (56.14)	3:36.95 (55.66)
4:33.95 (57.00)	5:30.19 (56.24)	6:26.67 (56.48)	7:23.24 (56.57)
8:19.52 (56.28)	9:16.00 (56.48)	10:13.00 (57.00)	11:09.76 (56.76)
12:06.68 (56.92)	13:02.72 (56.04)	14:00.05 (57.33)	14:56.57 (56.52)
15:53.34 (56.77)	16:50.63 (57.29)	17:48.28 (57.65)	18:44.95 (56.67)
19:42.55 (57.60)	20:38.98 (56.43)	21:36.29 (57.31)	22:32.50 (56.21)
23:29.21 (56.71)	24:25.54 (56.33)	25:22.32 (56.78)	26:18.14 (55.82)
27:14.89 (56.75)	28:08.69 (53.80)		
2 Margaret Weare	78 Caldicot-	38:41.03	38:14.06
1:02.45	2:15.56 (1:13.11)	3:32.74 (1:17.18)	4:47.98 (1:15.24)
6:05.68 (1:17.70)	7:22.28 (1:16.60)	8:36.24 (1:13.96)	9:52.15 (1:15.91)
11:08.71 (1:16.56)	12:25.27 (1:16.56)	13:39.28 (1:14.01)	14:55.97 (1:16.69)
16:12.17 (1:16.20)	17:30.37 (1:18.20)	18:45.64 (1:15.27)	20:03.48 (1:17.84)
21:21.57 (1:18.09)	22:38.38 (1:16.81)	23:54.65 (1:16.27)	25:13.41 (1:18.76)
26:31.81 (1:18.40)	27:48.30 (1:16.49)	29:05.59 (1:17.29)	30:24.41 (1:18.82)
31:42.60 (1:18.19)	33:01.67 (1:19.07)	34:20.68 (1:19.01)	35:40.86 (1:20.18)
36:57.05 (1:16.19)	38:14.06 (1:17.01)		

Event 22 Men 40-44 1500 LC Meter Freestyle

1 Ned Gill	42 Swansea Mast-	20:30.00	20:39.50
37.35	1:17.04 (39.69)	1:57.48 (40.44)	
3:20.04 ()	4:01.54 (41.50)	4:42.83 (41.29)	5:24.06 (41.23)
6:04.94 (40.88)	6:46.55 (41.61)	7:27.55 (41.00)	8:08.92 (41.37)
8:50.79 (41.87)		10:14.40 ()	10:56.14 (41.74)
11:38.54 (42.40)	12:20.55 (42.01)	13:03.04 (42.49)	13:45.20 (42.16)
14:27.24 (42.04)	15:09.46 (42.22)	15:50.96 (41.50)	16:33.19 (42.23)
17:15.06 (41.87)		18:38.82 ()	19:20.05 (41.23)
20:01.06 (41.01)	20:39.50 (38.44)		

Event 22 Men 50-54 1500 LC Meter Freestyle

1 Paul Hatton	53 Caradon-	20:30.03	20:33.71
36.10	1:15.81 (39.71)	1:56.32 (40.51)	2:37.24 (40.92)
3:18.26 (41.02)	3:59.71 (41.45)	4:40.75 (41.04)	5:21.85 (41.10)
6:02.94 (41.09)	6:44.63 (41.69)	7:25.87 (41.24)	8:07.34 (41.47)
8:48.60 (41.26)	9:30.55 (41.95)	10:11.66 (41.11)	10:53.48 (41.82)
11:34.92 (41.44)	12:17.11 (42.19)	12:58.72 (41.61)	13:40.67 (41.95)
14:22.39 (41.72)	15:05.27 (42.88)	15:46.84 (41.57)	16:28.60 (41.76)
17:09.82 (41.22)	17:51.49 (41.67)	18:32.85 (41.36)	19:14.99 (42.14)
19:56.05 (41.06)	20:33.71 (37.66)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****(Event 22 Men 50-54 1500 LC Meter Freestyle)**

2	Simon Berrey	51	Spencer-	21:14.88	20:50.21
	36.14	1:15.74 (39.60)	1:56.35 (40.61)	2:37.66 (41.31)	
	3:19.17 (41.51)	4:00.95 (41.78)	4:43.12 (42.17)	5:25.22 (42.10)	
	6:06.79 (41.57)	6:49.06 (42.27)	7:31.30 (42.24)	8:13.73 (42.43)	
	8:56.63 (42.90)	9:39.17 (42.54)	10:21.67 (42.50)	11:03.78 (42.11)	
	11:46.04 (42.26)	12:27.94 (41.90)	13:10.28 (42.34)	13:52.03 (41.75)	
	14:33.86 (41.83)	15:15.36 (41.50)	15:57.57 (42.21)	16:39.47 (41.90)	
	17:21.48 (42.01)	18:03.58 (42.10)	18:45.76 (42.18)	19:27.77 (42.01)	
	20:09.49 (41.72)	20:50.21 (40.72)			

Event 22 Men 60-64 1500 LC Meter Freestyle

1	Mark Jones	62	Warrington M-	19:53.34	20:33.64
	37.40	1:17.85 (40.45)	1:58.54 (40.69)	2:39.57 (41.03)	
	3:20.35 (40.78)	4:01.61 (41.26)	4:42.86 (41.25)	5:24.19 (41.33)	
	6:05.39 (41.20)	6:46.75 (41.36)	7:27.84 (41.09)	8:09.21 (41.37)	
	8:50.46 (41.25)	9:32.08 (41.62)	10:13.11 (41.03)	10:54.75 (41.64)	
	11:36.40 (41.65)	12:18.44 (42.04)	13:00.08 (41.64)	13:42.16 (42.08)	
	14:23.75 (41.59)	15:05.23 (41.48)	15:46.99 (41.76)	16:29.01 (42.02)	
	17:10.36 (41.35)	17:51.83 (41.47)	18:33.41 (41.58)	19:15.04 (41.63)	
	19:55.11 (40.07)	20:33.64 (38.53)			
2	Boyd Freeman	60	Aer Lingus Masters-	20:00.00	20:42.04
	36.12	1:15.31 (39.19)	1:56.25 (40.94)	2:37.22 (40.97)	
	3:19.47 (42.25)	4:01.01 (41.54)	4:43.31 (42.30)	5:25.11 (41.80)	
	6:07.29 (42.18)	6:49.09 (41.80)	7:31.29 (42.20)	8:12.94 (41.65)	
	8:55.08 (42.14)	9:36.84 (41.76)	10:19.12 (42.28)	11:01.26 (42.14)	
	11:43.23 (41.97)	12:25.20 (41.97)	13:06.95 (41.75)	13:49.29 (42.34)	
	14:31.35 (42.06)	15:12.83 (41.48)	15:53.96 (41.13)	16:35.37 (41.41)	
	17:16.77 (41.40)	17:57.35 (40.58)	18:38.80 (41.45)	19:19.97 (41.17)	
	20:01.44 (41.47)	20:42.04 (40.60)			
3	Gordon Coutts	62	Totnes-	22:20.00	21:29.62
	36.73	1:17.41 (40.68)	1:59.04 (41.63)	2:42.08 (43.04)	
	3:24.45 (42.37)	4:08.06 (43.61)	4:50.75 (42.69)	5:33.96 (43.21)	
	6:16.53 (42.57)	6:59.81 (43.28)	7:43.13 (43.32)	8:26.80 (43.67)	
	9:09.96 (43.16)	9:53.84 (43.88)	10:37.20 (43.36)	11:20.71 (43.51)	
	12:04.00 (43.29)	12:47.79 (43.79)	13:31.23 (43.44)	14:14.65 (43.42)	
	14:57.89 (43.24)	15:41.92 (44.03)	16:25.28 (43.36)	17:08.45 (43.17)	
	17:52.06 (43.61)	18:35.47 (43.41)	19:18.93 (43.46)	20:03.38 (44.45)	
	20:47.02 (43.64)	21:29.62 (42.60)			
4	Alan Parkins	62	Spencer-	21:30.00	21:46.08
	36.47	1:16.77 (40.30)	1:58.53 (41.76)	2:42.25 (43.72)	
	3:26.05 (43.80)		4:53.97 ()	5:38.12 (44.15)	
	6:22.07 (43.95)	7:06.45 (44.38)	7:50.46 (44.01)		
	9:18.53 ()	10:02.68 (44.15)	10:46.78 (44.10)	11:30.57 (43.79)	
	12:14.44 (43.87)	12:58.97 (44.53)	13:42.64 (43.67)	14:26.64 (44.00)	
	15:10.92 (44.28)		16:39.86 ()	17:24.90 (45.04)	
	18:09.08 (44.18)	18:53.34 (44.26)	19:37.38 (44.04)	20:20.97 (43.59)	
	21:04.58 (43.61)	21:46.08 (41.50)			
5	Patrick Allen	60	Guildford Ct-	23:30.00	23:33.88
	42.69	1:28.99 (46.30)	2:15.56 (46.57)	3:02.89 (47.33)	
	3:50.03 (47.14)	4:37.45 (47.42)	5:24.68 (47.23)	6:12.96 (48.28)	
	7:00.48 (47.52)	7:47.76 (47.28)	8:34.63 (46.87)	9:22.43 (47.80)	
	10:09.40 (46.97)	10:57.87 (48.47)	11:45.29 (47.42)	12:32.64 (47.35)	
	13:20.15 (47.51)	14:07.81 (47.66)	14:55.22 (47.41)	15:42.56 (47.34)	
	16:29.43 (46.87)	17:16.48 (47.05)	18:03.95 (47.47)	18:51.80 (47.85)	
	19:39.53 (47.73)	20:27.35 (47.82)	21:14.20 (46.85)	22:01.37 (47.17)	
	22:48.44 (47.07)	23:33.88 (45.44)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****Event 22 Men 65-69 1500 LC Meter Freestyle**

1	Nick Minns	69	St Felix Sch-	24:26.28	24:23.02
	44.46	1:32.22 (47.76)	2:20.38 (48.16)	3:08.46 (48.08)	
	3:56.27 (47.81)	4:44.86 (48.59)	5:32.80 (47.94)	6:21.46 (48.66)	
	7:09.91 (48.45)	7:58.89 (48.98)	8:47.19 (48.30)	9:36.24 (49.05)	
	10:24.66 (48.42)	11:13.34 (48.68)	12:02.23 (48.89)	12:51.53 (49.30)	
	13:39.88 (48.35)	14:29.01 (49.13)	15:17.80 (48.79)	16:08.32 (50.52)	
	16:57.60 (49.28)	17:47.50 (49.90)	18:37.73 (50.23)	19:27.43 (49.70)	
	20:16.70 (49.27)	21:07.03 (50.33)	21:56.50 (49.47)	22:45.86 (49.36)	
	23:35.29 (49.43)	24:23.02 (47.73)			
2	David Granger	66	Evesham-	23:34.99	24:55.06
	43.21	1:30.59 (47.38)	2:19.25 (48.66)	3:07.98 (48.73)	
	3:57.07 (49.09)	4:46.73 (49.66)	5:36.16 (49.43)	6:26.27 (50.11)	
	7:15.71 (49.44)	8:05.29 (49.58)	8:55.18 (49.89)	9:45.23 (50.05)	
	10:34.91 (49.68)	11:24.80 (49.89)	12:15.24 (50.44)	13:05.44 (50.20)	
	13:55.07 (49.63)	14:46.15 (51.08)	15:36.97 (50.82)	16:28.24 (51.27)	
	17:18.30 (50.06)	18:09.43 (51.13)	19:00.21 (50.78)	19:51.20 (50.99)	
	20:42.16 (50.96)	21:33.60 (51.44)	22:24.82 (51.22)	23:16.72 (51.90)	
	24:07.58 (50.86)	24:55.06 (47.48)			

Event 22 Men 70-74 1500 LC Meter Freestyle

1	Stuart McLellan	73	Hadleigh-	26:30.00	25:17.92
	44.23	1:33.61 (49.38)	2:24.40 (50.79)	3:15.69 (51.29)	
	4:06.92 (51.23)	4:58.29 (51.37)	5:49.57 (51.28)	6:40.89 (51.32)	
	7:31.66 (50.77)	8:23.41 (51.75)	9:14.90 (51.49)	10:06.80 (51.90)	
	10:58.19 (51.39)	11:49.28 (51.09)	12:40.31 (51.03)	13:31.59 (51.28)	
	14:22.43 (50.84)	15:13.40 (50.97)	16:03.88 (50.48)	16:54.73 (50.85)	
	17:45.34 (50.61)	18:36.42 (51.08)	19:27.23 (50.81)	20:18.26 (51.03)	
	21:09.62 (51.36)	22:00.72 (51.10)	22:51.26 (50.54)	23:42.10 (50.84)	
	24:31.61 (49.51)	25:17.92 (46.31)			
2	David Grey	71	Welsh Ind-	28:30.00	26:58.55
	43.84	1:35.10 (51.26)	2:29.07 (53.97)	3:24.40 (55.33)	
	4:20.04 (55.64)	5:15.75 (55.71)	6:11.65 (55.90)	7:07.27 (55.62)	
	8:02.34 (55.07)	8:57.74 (55.40)	9:53.57 (55.83)	10:48.00 (54.43)	
	11:42.55 (54.55)	12:37.05 (54.50)	13:31.78 (54.73)	14:25.84 (54.06)	
	15:20.42 (54.58)	16:15.09 (54.67)	17:09.39 (54.30)	18:03.77 (54.38)	
	18:58.53 (54.76)	19:52.81 (54.28)	20:46.21 (53.40)	21:40.77 (54.56)	
	22:35.22 (54.45)	23:28.65 (53.43)	24:23.53 (54.88)	25:16.80 (53.27)	
	26:09.84 (53.04)	26:58.55 (48.71)			

Event 22 Men 75-79 1500 LC Meter Freestyle

1	Peter Stephens	75	Spencer-	26:15.02	27:18.40
	49.06	1:43.20 (54.14)	2:40.17 (56.97)	3:36.55 (56.38)	
	4:34.08 (57.53)	5:29.34 (55.26)	6:25.57 (56.23)	7:20.37 (54.80)	
	8:15.43 (55.06)	9:09.55 (54.12)	10:05.31 (55.76)	10:59.60 (54.29)	
	11:55.06 (55.46)	12:49.48 (54.42)	13:43.70 (54.22)	14:37.28 (53.58)	
	15:32.45 (55.17)	16:26.70 (54.25)	17:22.73 (56.03)	18:17.49 (54.76)	
	19:13.26 (55.77)	20:07.93 (54.67)	21:02.98 (55.05)	21:57.61 (54.63)	
	22:53.04 (55.43)	23:46.85 (53.81)	24:42.51 (55.66)	25:35.32 (52.81)	
	26:28.42 (53.10)	27:18.40 (49.98)			

Event 22 Men 80-84 1500 LC Meter Freestyle

1	Donald Leatherbarrow	84	Gloucester M-	30:00.00	28:41.67
	48.16	1:43.32 (55.16)	2:39.64 (56.32)	3:36.49 (56.85)	
	4:33.31 (56.82)	5:31.37 (58.06)	6:28.18 (56.81)	7:26.39 (58.21)	
	8:23.32 (56.93)	9:22.99 (59.67)	10:18.90 (55.91)	11:16.85 (57.95)	
	12:15.26 (58.41)	13:14.22 (58.96)	14:12.04 (57.82)	15:10.35 (58.31)	
	16:09.22 (58.87)	17:07.53 (58.31)	18:05.77 (58.24)	19:04.25 (58.48)	
	20:03.02 (58.77)	21:01.41 (58.39)	21:59.75 (58.34)	22:59.21 (59.46)	
	23:58.00 (58.79)	24:56.13 (58.13)	25:54.62 (58.49)	26:53.03 (58.41)	
	27:50.24 (57.21)	28:41.67 (51.43)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 3 - Warm Up 3.00 - 3.50****(Event 22 Men 80-84 1500 LC Meter Freestyle)**

2 Paul Clarke		80 Beaver Mast-		35:30.00	36:28.14
	1:00.14	2:11.22 (1:11.08)	3:21.13 (1:09.91)	4:34.36 (1:13.23)	
	5:45.92 (1:11.56)	6:57.30 (1:11.38)	8:11.53 (1:14.23)	9:22.64 (1:11.11)	
	10:34.22 (1:11.58)	11:47.99 (1:13.77)	13:00.05 (1:12.06)	14:15.24 (1:15.19)	
	15:28.76 (1:13.52)	16:42.63 (1:13.87)	17:56.76 (1:14.13)	19:11.03 (1:14.27)	
	20:25.40 (1:14.37)	21:37.82 (1:12.42)	22:53.59 (1:15.77)	24:06.91 (1:13.32)	
	25:23.16 (1:16.25)	26:37.77 (1:14.61)		29:05.58 ()	
	30:21.75 (1:16.17)	31:36.95 (1:15.20)	32:53.24 (1:16.29)	34:06.86 (1:13.62)	
	36:28.14 (2:21.28)				

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****Event 24 Women 30-34 400 LC Meter IM**

1	Rebecca O'Brien	33	Wycombe Dist-	6:30.00	6:05.19
	37.58	1:23.40 (45.82)	2:13.54 (50.14)	3:02.67 (49.13)	
	3:54.15 (51.48)	4:46.45 (52.30)	5:26.26 (39.81)	6:05.19 (38.93)	

Event 24 Women 45-49 400 LC Meter IM

1	Tracy Van Deventer	47	Berkhamsted-	6:00.00	6:14.44
	38.08	1:23.11 (45.03)	2:12.34 (49.23)	3:01.90 (49.56)	
	3:55.61 (53.71)	4:50.59 (54.98)	5:33.88 (43.29)	6:14.44 (40.56)	

Event 24 Women 50-54 400 LC Meter IM

1	Nicola Latty	51	Holywell-	5:53.58	5:40.39
	36.67	1:16.99 (40.32)	2:02.54 (45.55)	2:47.87 (45.33)	
	3:35.98 (48.11)	4:25.28 (49.30)	5:03.63 (38.35)	5:40.39 (36.76)	
2	Jo Corben	52	S D Trojan-	5:55.00	5:53.76
	38.21	1:24.56 (46.35)	2:08.32 (43.76)	2:52.23 (43.91)	
	3:42.15 (49.92)	4:33.54 (51.39)	5:13.57 (40.03)	5:53.76 (40.19)	
3	Karen Howells	51	Cardiff Mast-	6:40.00	7:02.84
	43.42	1:36.59 (53.17)	2:35.79 (59.20)	3:31.61 (55.82)	
	4:33.05 (1:01.44)	5:33.33 (1:00.28)	6:18.17 (44.84)	7:02.84 (44.67)	
4	Beverley Bourne	54	Barnet Copt-	6:49.93	7:13.73
	43.53	1:37.88 (54.35)	2:35.31 (57.43)	3:32.03 (56.72)	
		5:38.18 ()	7:13.73 (1:35.55)		

Event 24 Women 55-59 400 LC Meter IM

1	Wendy Figures	57	Co Sheffield-	7:00.00	7:10.86
	48.39	1:51.69 (1:03.30)	2:45.62 (53.93)	3:39.46 (53.84)	
	4:35.97 (56.51)	5:32.16 (56.19)	6:21.31 (49.15)	7:10.86 (49.55)	

Event 24 Women 60-64 400 LC Meter IM

1	Judith Pearson	62	Carlisle Aq-	6:18.00	6:15.15
	40.40	1:26.01 (45.61)	2:15.50 (49.49)	3:06.49 (50.99)	
	3:56.79 (50.30)	4:50.09 (53.30)	5:33.38 (43.29)	6:15.15 (41.77)	
2	Frances Baker	62	Carrick Mas-	7:02.88	7:04.68
	53.46	1:54.35 (1:00.89)	2:44.70 (50.35)	3:34.10 (49.40)	
	4:35.85 (1:01.75)	5:37.87 (1:02.02)	6:21.21 (43.34)	7:04.68 (43.47)	
3	Alison Chatterjea	60	Bude-	7:15.50	7:43.52
	54.22	1:59.53 (1:05.31)	2:53.96 (54.43)	3:47.18 (53.22)	
	4:53.90 (1:06.72)	6:01.47 (1:07.57)	6:53.27 (51.80)	7:43.52 (50.25)	

Event 24 Women 65-69 400 LC Meter IM

1	Lorraine Crook	68	Caldicot-	10:00.30	11:35.09
	1:11.23	2:37.69 (1:26.46)	4:06.15 (1:28.46)	5:35.80 (1:29.65)	
	7:19.88 (1:44.08)	9:02.83 (1:42.95)	10:18.37 (1:15.54)	11:35.09 (1:16.72)	

Event 25 Men 18-24 200 LC Meter Freestyle

1	Nathan Goodridge	23	Dove Valley-	2:10.00	2:38.99
	35.70	1:15.40 (39.70)	1:57.77 (42.37)	2:38.99 (41.22)	
2	Dylan Hughes	20	Torfaen D-	3:41.18	3:37.16
	42.38	1:35.28 (52.90)	2:37.16 (1:01.88)	3:37.16 (1:00.00)	

Event 25 Men 25-29 200 LC Meter Freestyle

1	David Hanbury	29	Swansea Mast-	2:02.00	2:03.01
	28.68	1:00.38 (31.70)	1:31.79 (31.41)	2:03.01 (31.22)	
2	Ross Hosking	26	Cardiff Mast-	2:05.00	2:09.99
	28.78	1:00.59 (31.81)	1:34.76 (34.17)	2:09.99 (35.23)	
3	Callum Morris	27	Cardiff Mast-	2:12.14	2:18.25
	31.35	1:07.13 (35.78)	1:43.99 (36.86)	2:18.25 (34.26)	
4	Matthew Dickinson	26	Swansea Mast-	2:15.00	2:24.21
	31.42	1:06.64 (35.22)	1:44.63 (37.99)	2:24.21 (39.58)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****Event 25 Men 30-34 200 LC Meter Freestyle**

1	Michael Tansini	31	Co Cambridge-	2:07.67	2:12.23
	31.21	1:04.32 (33.11)	1:38.63 (34.31)	2:12.23 (33.60)	
2	Andrew Mason	30	Cardiff Mast-	2:30.00	2:37.62
	34.33	1:12.50 (38.17)	1:55.07 (42.57)	2:37.62 (42.55)	

Event 25 Men 40-44 200 LC Meter Freestyle

1	James Barwick	40	East Leeds-	2:16.00	2:22.21
	32.04	1:07.59 (35.55)	1:44.68 (37.09)	2:22.21 (37.53)	
2	Barnaby Rudd	44	Guildford Ct-	2:44.00	2:45.82
	35.89	1:17.53 (41.64)	2:01.67 (44.14)	2:45.82 (44.15)	

Event 25 Men 45-49 200 LC Meter Freestyle

1	Martin Butler	49	C Dolphins-	2:42.34	2:42.72
	36.02	1:16.35 (40.33)	1:59.78 (43.43)	2:42.72 (42.94)	

Event 25 Men 50-54 200 LC Meter Freestyle

1	Sean McQuaid	54	Barnet Copt-	2:13.00	2:17.22
	32.27	1:08.33 (36.06)	1:43.08 (34.75)	2:17.22 (34.14)	
2	Jamie McHale	50	Co Sheffield-	2:11.79	2:18.38
	31.48	1:07.49 (36.01)	1:43.18 (35.69)	2:18.38 (35.20)	
3	Colin Ovington	53	Gates & whick-	2:11.52	2:18.42
	32.41	1:07.75 (35.34)	1:43.90 (36.15)	2:18.42 (34.52)	
4	Phillip Albright	52	Camden Swiss-	2:18.00	2:26.46
	34.12	1:11.22 (37.10)	1:48.72 (37.50)	2:26.46 (37.74)	
5	Stephen Croall	50	Swansea Mast-	2:28.00	2:29.91
	33.41	1:12.26 (38.85)	1:51.94 (39.68)	2:29.91 (37.97)	

Event 25 Men 55-59 200 LC Meter Freestyle

1	Mark Reynolds	59	Barnet Copt-	2:15.00	2:17.49
	32.63	1:08.98 (36.35)	1:44.55 (35.57)	2:17.49 (32.94)	
2	Jonathan Saunders	56	Co Sheffield-	2:20.00	2:23.35
	31.86	1:08.14 (36.28)	1:45.46 (37.32)	2:23.35 (37.89)	
3	Colin Robbins	58	NottmLeander-	2:28.88	2:31.58
	34.62	1:13.76 (39.14)	1:54.48 (40.72)	2:31.58 (37.10)	
4	Martin Bradford	55	Out To Swim-	2:45.00	2:38.89
	36.68	1:17.02 (40.34)	1:58.31 (41.29)	2:38.89 (40.58)	

Event 25 Men 60-64 200 LC Meter Freestyle

1	Ralph Pinel	60	Bo Newham-	2:14.17	2:22.20
	33.05	1:09.53 (36.48)	1:46.67 (37.14)	2:22.20 (35.53)	
2	Colin Stephenson	64	Gloucester M-	2:23.83	2:27.08
	34.58	1:11.77 (37.19)	1:50.26 (38.49)	2:27.08 (36.82)	
3	Gordon Coutts	62	Totnes-	2:31.00	2:28.35
	35.28	1:12.08 (36.80)	1:50.61 (38.53)	2:28.35 (37.74)	
4	Adrian Morris	60	Cardiff Mast-	2:25.00	2:29.86
	34.02	1:11.44 (37.42)	1:51.05 (39.61)	2:29.86 (38.81)	
5	Mark Jones	62	Warrington M-	2:26.25	2:31.41
	36.60	1:15.15 (38.55)	1:53.80 (38.65)	2:31.41 (37.61)	
6	Boyd Freeman	60	Aer Lingus Masters-	2:30.00	2:32.55
	34.56	1:13.08 (38.52)	1:53.56 (40.48)	2:32.55 (38.99)	
7	Paul Tallentire	60	Carlisle Aq-	2:29.61	2:34.79
	34.76	1:13.75 (38.99)	1:54.38 (40.63)	2:34.79 (40.41)	
8	Dale Barker	60	Team Anglia-	2:35.00	2:36.07
	36.03	1:15.89 (39.86)	1:56.22 (40.33)	2:36.07 (39.85)	
9	Antony Corben	60	S D Trojan-	2:37.33	2:48.70
	39.79	1:24.04 (44.25)	2:08.72 (44.68)	2:48.70 (39.98)	
10	Stevan Eggleton	62	Camphill Ed-	2:59.99	2:54.20
	39.34	1:23.62 (44.28)	2:10.34 (46.72)	2:54.20 (43.86)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****(Event 25 Men 60-64 200 LC Meter Freestyle)**

11	Patrick Allen	60	Guildford Ct-	3:00.00	2:58.98
	41.45	1:27.59 (46.14)	2:14.36 (46.77)	2:58.98 (44.62)	
12	Dale Lewis	64	Cardiff Mast-	2:50.00	3:04.83
	40.03	1:26.31 (46.28)	2:16.16 (49.85)	3:04.83 (48.67)	

Event 25 Men 65-69 200 LC Meter Freestyle

1	Ian Murray	65	Flitwick-	2:45.00	2:43.35
		1:19.01 ()	2:01.66 (42.65)	2:43.35 (41.69)	
2	Nick Minns	69	St Felix Sch-	2:53.03	2:54.13
	41.30	1:25.69 (44.39)	2:11.48 (45.79)	2:54.13 (42.65)	

Event 25 Men 70-74 200 LC Meter Freestyle

1	Terence Mansi	73	Hadleigh-	3:15.00	3:14.44
	43.69	1:32.98 (49.29)	2:26.91 (53.93)	3:14.44 (47.53)	

Event 25 Men 75-79 200 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	2:35.00	2:38.61
	38.05	1:18.41 (40.36)	2:00.13 (41.72)	2:38.61 (38.48)	
2	Peter Stephens	75	Spencer-	3:11.07	3:18.02
	45.04	1:34.55 (49.51)	2:28.09 (53.54)	3:18.02 (49.93)	

Event 26 Women 18-24 200 LC Meter Freestyle

1	Lois Davies	19	Cardiff Mast-	2:22.41	2:24.34
	33.20	1:09.14 (35.94)	1:47.47 (38.33)	2:24.34 (36.87)	
2	Gemma Owen	22	Bristol Nor-	2:27.10	2:40.82
	35.11	1:14.96 (39.85)	1:57.53 (42.57)	2:40.82 (43.29)	
3	Alycia Clarke	21	Hinckley-	2:58.97	2:57.45
	38.16	1:22.66 (44.50)	2:10.31 (47.65)	2:57.45 (47.14)	

Event 26 Women 30-34 200 LC Meter Freestyle

1	Rebecca O'Brien	33	Wycombe Dist-	2:30.02	2:18.34
	31.90	1:06.82 (34.92)	1:42.92 (36.10)	2:18.34 (35.42)	
2	Hannah Angell	32	Woking-	2:21.00	2:21.08
	32.76	1:07.92 (35.16)	1:44.36 (36.44)	2:21.08 (36.72)	
3	Stephanie McNally	33	Bristol Nor-	2:22.22	2:22.71
	32.26	1:08.10 (35.84)	1:45.44 (37.34)	2:22.71 (37.27)	
4	Frances Lynn	31	Cardiff Mast-	2:42.06	2:46.58
	38.38	1:20.02 (41.64)	2:03.45 (43.43)	2:46.58 (43.13)	
5	Carrie Power	34	British Army-	2:46.89	2:50.80
	37.78	1:20.20 (42.42)	2:05.20 (45.00)	2:50.80 (45.60)	
6	Alice Eaton	30	Bristol Nor-	2:54.30	3:02.66
	41.57	1:28.48 (46.91)	2:16.95 (48.47)	3:02.66 (45.71)	

Event 26 Women 35-39 200 LC Meter Freestyle

1	Lauren Willcox	36	Saxon Crown-	2:15.00	2:17.98
	31.88	1:07.25 (35.37)	1:42.85 (35.60)	2:17.98 (35.13)	
2	Danielle Ryan	37	MwayMaritime-	2:30.01	2:36.67
	35.92	1:16.11 (40.19)	1:56.79 (40.68)	2:36.67 (39.88)	

Event 26 Women 40-44 200 LC Meter Freestyle

1	Emma Harvey	41	A.N.T. SC-	2:37.86	2:41.59
	36.13	1:16.67 (40.54)	1:59.68 (43.01)	2:41.59 (41.91)	

Event 26 Women 45-49 200 LC Meter Freestyle

1	Tracy Van Deventer	47	Berkhamsted-	2:34.00	2:35.44
	35.87	1:15.40 (39.53)	1:56.08 (40.68)	2:35.44 (39.36)	
2	Maida Shivik	48	Camden Swiss-	2:45.00	2:44.76
	38.38	1:20.28 (41.90)	2:02.91 (42.63)	2:44.76 (41.85)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****(Event 26 Women 45-49 200 LC Meter Freestyle)**

3	Melissa Spears	49	Barnet Copt-	3:01.00	3:11.31
	42.93	1:32.72 (49.79)	2:24.59 (51.87)	3:11.31 (46.72)	

Event 26 Women 50-54 200 LC Meter Freestyle

1	Zorika Adams	52	Camden Swiss-	2:58.00	3:05.39
	41.03	1:29.53 (48.50)	2:18.89 (49.36)	3:05.39 (46.50)	
2	Emma France	54	Guildford Ct-	3:19.70	3:12.46
	46.30	1:34.98 (48.68)	2:24.37 (49.39)	3:12.46 (48.09)	
3	Claudine Day	51	Redhill & R-	3:19.81	3:26.14
	46.28	1:39.80 (53.52)	2:34.13 (54.33)	3:26.14 (52.01)	
4	Susan Flanigan	54	Cardiff Mast-	3:30.88	3:35.84
	49.11	1:42.85 (53.74)	2:40.51 (57.66)	3:35.84 (55.33)	

Event 26 Women 55-59 200 LC Meter Freestyle

1	Helen Harris	56	Larkfield SC-	2:48.41	2:46.94
	38.54	1:20.86 (42.32)	2:04.38 (43.52)	2:46.94 (42.56)	
2	Suzanne Welham	58	St Albans Ma-	2:45.00	2:49.09
	39.67	1:22.47 (42.80)	2:06.90 (44.43)	2:49.09 (42.19)	
3	Hannah Ueckermann	59	Witham Dolph-	2:58.40	2:52.55
	40.93	1:24.75 (43.82)	2:09.27 (44.52)	2:52.55 (43.28)	
4	Suzanne Maidment	56	Spencer-	2:51.46	2:54.47
	39.14	1:23.14 (44.00)	2:09.01 (45.87)	2:54.47 (45.46)	
5	Ceri Thomas	57	Bridgend SC-	2:53.50	2:57.06
	40.72	1:26.13 (45.41)	2:12.15 (46.02)	2:57.06 (44.91)	
6	Anne Raymond	59	Croydon Amph-	3:10.00	3:10.28
	43.33	1:32.85 (49.52)	2:22.80 (49.95)	3:10.28 (47.48)	

Event 26 Women 60-64 200 LC Meter Freestyle

1	Dymphna Morris	61	Aer Lingus Masters-	2:42.00	2:39.28
	37.99	1:18.64 (40.65)	1:58.85 (40.21)	2:39.28 (40.43)	
2	Catherine Hartle	64	Co Sheffield-	3:10.00	2:59.72
	41.69	1:27.53 (45.84)	2:15.05 (47.52)	2:59.72 (44.67)	

Event 26 Women 65-69 200 LC Meter Freestyle

1	Amanda Heath	65	Spencer-	2:49.50	2:46.38
	40.23	1:23.18 (42.95)	2:06.18 (43.00)	2:46.38 (40.20)	
2	Jayne Stephenson	68	Gloucester M-	2:53.31	2:52.86
	40.78	1:25.09 (44.31)	2:10.31 (45.22)	2:52.86 (42.55)	
3	Catherine Beckett	66	Winchester-	3:05.00	3:00.16
	41.28	1:28.43 (47.15)	2:16.13 (47.70)	3:00.16 (44.03)	

Event 26 Women 70-74 200 LC Meter Freestyle

1	Alison Gwynn	74	Mid Sussex-	3:25.01	3:14.97
	44.66	1:34.60 (49.94)	2:27.01 (52.41)	3:14.97 (47.96)	
2	Alison Varley	70	Cardiff Mast-	4:10.00	4:22.45
	58.77	2:06.60 (1:07.83)	3:18.44 (1:11.84)	4:22.45 (1:04.01)	

Event 26 Women 75-79 200 LC Meter Freestyle

1	Jennifer Dean	79	Mid Sussex-	4:05.20	3:56.28
	49.40	1:50.26 (1:00.86)	2:55.33 (1:05.07)	3:56.28 (1:00.95)	
2	Susan Lauder	79	Spencer-	4:13.17	4:08.24
	56.67	1:58.63 (1:01.96)	3:04.55 (1:05.92)	4:08.24 (1:03.69)	

Event 26 Women 80-84 200 LC Meter Freestyle

1	Helen Hughes	80	Arfon-	6:50.00	4:02.04
	55.43	1:58.22 (1:02.79)	3:02.48 (1:04.26)	4:02.04 (59.56)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****Event 26 Women 90-94 200 LC Meter Freestyle**

1	Jane Asher	91	Kings Corm-	3:52.93	3:57.94
	57.85	2:00.30 (1:02.45)	3:01.90 (1:01.60)	3:57.94 (56.04)	

Event 27 Men 18-24 100 LC Meter Backstroke

1	Timon Chapman	20	Co Norwich-	1:02.37	1:05.54
	31.94	1:05.54 (33.60)			
2	Martin Schofield	23	East Leeds-	1:08.00	1:09.96
	33.11	1:09.96 (36.85)			
3	Louis Batten	22	Atlantis-	1:10.05	1:10.67
	33.25	1:10.67 (37.42)			

Event 27 Men 25-29 100 LC Meter Backstroke

1	Liam Herbert	29	Birmingham M-	1:01.90	1:06.55
	31.79	1:06.55 (34.76)			

Event 27 Men 35-39 100 LC Meter Backstroke

1	Steven Millican	37	Trafford Met-	1:05.00	1:06.55
	32.70	1:06.55 (33.85)			

Event 27 Men 45-49 100 LC Meter Backstroke

1	Rupert Hough	49	Dove Valley-	1:20.39	1:23.58
	40.14	1:23.58 (43.44)			

Event 27 Men 50-54 100 LC Meter Backstroke

1	Peter Dixon	54	Bo Newham-	1:10.52	1:10.57
	34.39	1:10.57 (36.18)			

Event 27 Men 55-59 100 LC Meter Backstroke

1	Michael Hodgson	55	Woking-	1:09.00	1:08.93
	33.39	1:08.93 (35.54)			

Event 27 Men 60-64 100 LC Meter Backstroke

1	Alec Johnson	60	Trafford Met-	1:09.56	1:09.44
	32.74	1:09.44 (36.70)			
2	Paul Cartwright	61	Camden Swiss-	1:22.00	1:23.85
	41.28	1:23.85 (42.57)			
3	Mark Jones	62	Warrington M-	1:23.53	1:26.67
	43.51	1:26.67 (43.16)			
4	Antony Corben	60	S D Trojan-	1:25.40	1:28.77
	43.49	1:28.77 (45.28)			
5	Ian Yates	60	Bridgend SC-	1:18.00	1:30.57
	44.56	1:30.57 (46.01)			
6	Adam Lelean	60	Diss Otters-	1:31.08	1:33.03
	45.41	1:33.03 (47.62)			

Event 27 Men 65-69 100 LC Meter Backstroke

1	Trevor Clark	68	Kenilworth M-	1:18.93	1:21.49
	39.57	1:21.49 (41.92)			
2	Godfrey Admans	68	Spencer-	1:31.33	1:28.69
	42.16	1:28.69 (46.53)			
3	Nick Minns	69	St Felix Sch-	1:37.11	1:37.02
	48.45	1:37.02 (48.57)			

Event 27 Men 75-79 100 LC Meter Backstroke

1	Chris Dunn	76	Hatfield-	1:30.00	1:26.79
	43.64	1:26.79 (43.15)			

Event 27 Men 80-84 100 LC Meter Backstroke

1	Paul Clarke	80	Beaver Mast-	2:05.00	2:05.94
	1:00.30	2:05.94 (1:05.64)			

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****Event 28 Women 18-24 100 LC Meter Backstroke**

1	Chloe Parker-Mead	21	Hinckley-	1:11.93	1:14.26
	35.05	1:14.26	(39.21)		
2	Gemma Spencer	20	Woking-	1:17.17	1:18.45
	38.32	1:18.45	(40.13)		
3	Alice Reeves-Turner	24	Woking-	1:26.48	1:22.87
	39.30	1:22.87	(43.57)		

Event 28 Women 25-29 100 LC Meter Backstroke

1	Danielle Stirrat	29	Cardiff Mast-	1:08.00	1:07.60
	32.79	1:07.60	(34.81)		
2	Jessica Sutton	25	Hinckley-	1:09.90	1:09.87
	33.46	1:09.87	(36.41)		
3	Louisa Zolkiewski	29	Oxford Uni-	1:07.43	1:10.19
	33.56	1:10.19	(36.63)		
4	Rebecca Reid	26	Bristol Nor-	1:17.31	1:21.09
	38.19	1:21.09	(42.90)		

Event 28 Women 30-34 100 LC Meter Backstroke

1	Holly Booth	31	Trafford Met-	1:14.22	1:14.88
	35.83	1:14.88	(39.05)		
2	Frances Lynn	31	Cardiff Mast-	1:20.00	1:26.23
	40.92	1:26.23	(45.31)		

Event 28 Women 35-39 100 LC Meter Backstroke

1	Jennie Clarke	37	Woking-	1:18.79	1:17.56
	37.61	1:17.56	(39.95)		

Event 28 Women 40-44 100 LC Meter Backstroke

1	Emma Wills	43	York City-	1:11.50	1:10.56
	35.13	1:10.56	(35.43)		
2	Lisa Dawson	44	Barnet Copt-	1:18.85	1:20.64
	39.32	1:20.64	(41.32)		

Event 28 Women 45-49 100 LC Meter Backstroke

1	Michelle Ware	49	Woking-	1:10.10	1:13.87
	34.74	1:13.87	(39.13)		

Event 28 Women 50-54 100 LC Meter Backstroke

1	Jo Corben	52	S D Trojan-	1:09.00	1:09.95
	34.46	1:09.95	(35.49)		
2	Emma France	54	Guildford Ct-	2:05.00	2:04.71
	1:01.08	2:04.71	(1:03.63)		

Event 28 Women 55-59 100 LC Meter Backstroke

1	Lynda Coggins	58	Woking-	1:21.95	1:24.31
	41.25	1:24.31	(43.06)		
2	Anne Raymond	59	Croydon Amph-	1:50.00	1:51.92
	55.04	1:51.92	(56.88)		
3	Elaine Harrison	59	Cardiff Mast-	1:50.47	1:52.58
	55.76	1:52.58	(56.82)		

Event 28 Women 60-64 100 LC Meter Backstroke

1	Micaela Morris	61	Gloucester M-	1:33.80	1:34.92
	45.98	1:34.92	(48.94)		

Event 28 Women 65-69 100 LC Meter Backstroke

1	Kathy Bidnall	67	Mid Sussex-	1:28.80	1:33.31
2	Julia Buchanan	65	Caldicot-	1:45.00	1:42.39
	46.84	1:42.39	(55.55)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 4 - Warm Up 08:00 - 08:50****(Event 28 Women 65-69 100 LC Meter Backstroke)**

3	Marianne Davey	69	Redhill & R-	1:52.00	1:55.63
	55.09		1:55.63 (1:00.54)		

Event 28 Women 70-74 100 LC Meter Backstroke

1	Sally Lelean	71	Diss Otters-	2:09.30	2:04.20
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Event 28 Women 75-79 100 LC Meter Backstroke

1	Rose Dudeney	75	Mid Sussex-	2:00.00	1:48.66
	53.53		1:48.66 (55.13)		

2	Elaine Blower	77	Barnet Copt-	2:05.00	1:55.19
	57.03		1:55.19 (58.16)		

Event 28 Women 90-94 100 LC Meter Backstroke

1	Grace Isaac	90	Spencer-	3:10.00	2:51.72
	1:27.19		2:51.72 (1:24.53)		

Event 29 Men 100-119 200 LC Meter Freestyle Relay

1	Cardiff Mast	A		NT	1:43.74
	1) Jack Thomas M31	2) Callum Morris M27	3) Michael Rees M29	4) Oliver Harris M32	
	26.33	53.05 (26.72)	1:19.49 (26.44)	1:43.74 (24.25)	

Event 29 Men 120-159 200 LC Meter Freestyle Relay

1	Swansea Mast	A		NT	1:50.43
	1) David Hanbury M29	2) Mark Williams M33	3) Craig Jones M37	4) Matthew Dickinson M26	
	26.15	53.79 (27.64)	1:22.25 (28.46)	1:50.43 (28.18)	
2	C Dolphins	A		NT	1:52.83
	1) Joseph Ainsworth M28	2) Stuart Colston M51	3) Martin Butler M49	4) Matthew Fairless M26	
	27.74	57.07 (29.33)	1:26.71 (29.64)	1:52.83 (26.12)	

Event 29 Men 200-239 200 LC Meter Freestyle Relay

1	Swansea Mast	B		NT	2:10.45
	1) Paul Grunnat M53	2) Dylan Gravelle M60	3) Stephen Croall M50	4) Ned Gill M42	
	33.74	1:11.21 (37.47)	1:40.74 (29.53)	2:10.45 (29.71)	

Event 30 Women 72-99 200 LC Meter Freestyle Relay

1	Cardiff Mast	A		NT	2:03.10
	1) Lois Davies W19	2) Rhian Jones W22	3) Ashleigh Howells W22	4) Nadine James W24	
	30.54	1:02.62 (32.08)	1:34.86 (32.24)	2:03.10 (28.24)	

Event 30 Women 100-119 200 LC Meter Freestyle Relay

1	Cardiff Mast	B		NT	1:53.58
	1) Stella Lancey W34	2) Isabella Centeleghe W26	3) Hannah Palfrey W29	4) Danielle Stirrat W29	
	28.36	56.06 (27.70)	1:24.40 (28.34)	1:53.58 (29.18)	
2	Bristol Nor	A		NT	2:06.04
	1) Emily Whiting W25	2) Rebecca Reid W26	3) Megan Pardoe W33	4) Stephanie McNally W33	
	32.03	1:06.67 (34.64)	1:36.90 (30.23)	2:06.04 (29.14)	
3	Hinckley	A		NT	2:10.32
	1) Chloe Parker-Mead W21	2) Hannawell Storey W34	3) Alycia Clarke W21	4) Jessica Sutton W25	
	33.12	1:06.11 (32.99)	1:38.67 (32.56)	2:10.32 (31.65)	

Event 30 Women 120-159 200 LC Meter Freestyle Relay

1	Swansea Mast	A		NT	2:07.90
	1) Hannah Griffiths W28	2) Jordanna Roberts W40	3) Bethan Raby W49	4) Hannah Munday W31	
	31.39	1:03.69 (32.30)	1:38.61 (34.92)	2:07.90 (29.29)	

Event 30 Women 280-319 200 LC Meter Freestyle Relay

1	Spencer	A		NT	3:09.54
	1) Suzanne Maidment W56	2) Muriel Hitchcock W84	3) Susan Lauder W79	4) Amanda Heath W65	
	37.83	1:36.47 (58.64)	2:29.75 (53.28)	3:09.54 (39.79)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022

Wales National Pool, Swansea

Results - Session 4 - Warm Up 08:00 - 08:50

(Event 30 Women 280-319 200 LC Meter Freestyle Relay)

--- Caldicot

A

NT

DQ

1) Julia Buchanan W65

2) Margaret Weare W78

3) Lorraine Crook W68

39.34

1:46.55 (1:07.21)

2:45.00 (58.45)

DQ (45.00)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****Event 31 Men 18-24 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Rhys Chiles	23	Hinckley-	2:38.34	2:48.43
	35.82	1:17.52 (41.70)	2:03.04 (45.52)	2:48.43 (45.39)
2 Timon Chapman	20	Co Norwich-	2:46.80	2:56.56
	37.56	1:23.51 (45.95)	2:10.84 (47.33)	2:56.56 (45.72)

Event 31 Men 25-29 200 LC Meter Breaststroke

1 Martin Potts	28	Co Cambridge-	2:51.36	3:06.99
	39.86	1:26.53 (46.67)	2:15.98 (49.45)	3:06.99 (51.01)

Event 31 Men 30-34 200 LC Meter Breaststroke

1 Christopher Street	33	Bristol Nor-	2:59.00	2:56.52
	40.31	1:26.92 (46.61)	2:12.31 (45.39)	2:56.52 (44.21)
2 Soren Mikkelsen	31	Bristol Pen-	2:58.02	3:03.84
	41.00	1:27.60 (46.60)	2:15.93 (48.33)	3:03.84 (47.91)

Event 31 Men 35-39 200 LC Meter Breaststroke

1 David Blakemore	38	Cally Mast-	3:22.80	3:28.52
	46.97	1:39.72 (52.75)	2:34.96 (55.24)	3:28.52 (53.56)

Event 31 Men 40-44 200 LC Meter Breaststroke

1 Christopher Jones	41	Co Cardiff-	2:17.23	2:28.57
	32.94	1:10.23 (37.29)	1:48.54 (38.31)	2:28.57 (40.03)
2 Christopher Hanmer	43	Chirk-	3:33.05	3:38.68
	48.57	1:45.13 (56.56)	2:44.68 (59.55)	3:38.68 (54.00)

Event 31 Men 45-49 200 LC Meter Breaststroke

1 Martin Butler	49	C Dolphins-	3:05.00	3:36.28
	46.30	1:41.20 (54.90)	2:39.23 (58.03)	3:36.28 (57.05)

Event 31 Men 60-64 200 LC Meter Breaststroke

1 David Milburn	60	Newbury-	2:48.59	2:48.19
	36.27	1:18.82 (42.55)	2:48.19 (1:29.37)	
2 David Bryant	61	Woking-	2:54.61	2:56.66
	40.70	1:26.14 (45.44)	2:11.87 (45.73)	2:56.66 (44.79)
3 Mark Jones	62	Warrington M-	3:12.35	3:17.46
	44.83	1:35.97 (51.14)	2:27.68 (51.71)	3:17.46 (49.78)
4 Ian Yates	60	Bridgend SC-	3:16.00	3:26.08
	43.42	1:33.30 (49.88)	2:28.99 (55.69)	3:26.08 (57.09)
5 Stevan Eggleton	62	Camphill Ed-	3:45.00	3:33.08
	48.11	1:42.77 (54.66)	2:39.21 (56.44)	3:33.08 (53.87)

Event 31 Men 65-69 200 LC Meter Breaststroke

1 Thomas Morrow	66	Gloucester M-	3:11.80	3:10.96
	43.25	1:32.09 (48.84)	2:21.53 (49.44)	3:10.96 (49.43)

Event 31 Men 70-74 200 LC Meter Breaststroke

1 Stuart McLellan	73	Hadleigh-	3:58.00	3:50.55
	51.90	1:51.17 (59.27)	2:50.71 (59.54)	3:50.55 (59.84)

Event 31 Men 80-84 200 LC Meter Breaststroke

1 Dudley Lloyd-Evans	80	Poole-	4:30.00	4:24.66
	1:00.47	2:08.86 (1:08.39)	3:18.17 (1:09.31)	4:24.66 (1:06.49)
2 Paul Clarke	80	Beaver Mast-	4:48.00	4:46.87
	1:02.38	2:18.18 (1:15.80)	3:34.21 (1:16.03)	4:46.87 (1:12.66)

Event 32 Women 18-24 200 LC Meter Breaststroke

1 Harriet Pugh	21	Wycombe Dist-	3:04.02	3:00.81
	40.27	1:25.66 (45.39)	2:12.92 (47.26)	3:00.81 (47.89)
2 Rhian Jones	22	Cardiff Mast-	3:03.31	3:09.38
	42.95	1:31.02 (48.07)	2:20.41 (49.39)	3:09.38 (48.97)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****Event 32 Women 25-29 200 LC Meter Breaststroke**

1	Megan McDonagh	29	Otter-	3:01.71	2:57.10
	39.32	1:23.65 (44.33)	2:10.29 (46.64)	2:57.10 (46.81)	

Event 32 Women 30-34 200 LC Meter Breaststroke

1	Ana Iglesias Romero	34	Co Cambridge-	2:59.91	3:07.86
	43.75	1:31.67 (47.92)	2:19.40 (47.73)	3:07.86 (48.46)	
2	Hannawell Storey	34	Hinckley-	3:35.74	3:29.64
	45.93	1:39.86 (53.93)	2:35.38 (55.52)	3:29.64 (54.26)	

Event 32 Women 35-39 200 LC Meter Breaststroke

1	Jennie Clarke	37	Woking-	3:12.35	3:06.96
	42.41	1:29.61 (47.20)	2:18.53 (48.92)	3:06.96 (48.43)	

Event 32 Women 40-44 200 LC Meter Breaststroke

1	Jordanna Roberts	40	Swansea Mast-	3:10.08	3:15.79
	43.66	1:34.20 (50.54)	2:27.16 (52.96)	3:15.79 (48.63)	

Event 32 Women 45-49 200 LC Meter Breaststroke

1	Joanna Powell	49	Bridgend SC-	3:20.28	3:30.17
	46.11	1:38.36 (52.25)	2:33.85 (55.49)	3:30.17 (56.32)	
2	Maida Shivik	48	Camden Swiss-	3:40.00	3:45.01
	52.47	1:50.35 (57.88)	2:48.73 (58.38)	3:45.01 (56.28)	

Event 32 Women 50-54 200 LC Meter Breaststroke

1	Helen Gorman	50	Co Cardiff-	2:46.20	2:48.36
	37.88	1:22.18 (44.30)	2:05.01 (42.83)	2:48.36 (43.35)	
2	Claudine Day	51	Redhill & R-	4:11.30	4:00.59
	55.47	1:59.03 (1:03.56)	2:59.91 (1:00.88)	4:00.59 (1:00.68)	

Event 32 Women 55-59 200 LC Meter Breaststroke

1	Joanna Collins	56	Welshpool-	3:13.15	3:12.09
	41.16	1:30.41 (49.25)	2:21.84 (51.43)	3:12.09 (50.25)	
2	Joanne Seymour	57	Gloucester M-	3:10.50	3:13.66
	42.72	1:32.02 (49.30)	2:23.53 (51.51)	3:13.66 (50.13)	
3	Lynda Coggins	58	Woking-	3:15.00	3:20.04
	45.71	1:36.69 (50.98)	2:29.34 (52.65)	3:20.04 (50.70)	
4	Wendy Figures	57	Co Sheffield-	3:30.29	3:38.00
	49.31	1:44.81 (55.50)	2:41.80 (56.99)	3:38.00 (56.20)	
5	Anne Raymond	59	Croydon Amph-	3:41.63	3:44.98
	52.26	1:49.97 (57.71)	2:48.63 (58.66)	3:44.98 (56.35)	

Event 32 Women 60-64 200 LC Meter Breaststroke

1	Judith Pearson	62	Carlisle Aq-	3:12.31	3:15.43
	45.93	1:35.70 (49.77)	2:25.34 (49.64)	3:15.43 (50.09)	
2	Frances Baker	62	Carrick Mas-	3:56.23	3:57.43
	55.03	1:55.99 (1:00.96)	2:56.94 (1:00.95)	3:57.43 (1:00.49)	

Event 32 Women 65-69 200 LC Meter Breaststroke

1	Amanda Heath	65	Spencer-	3:19.50	3:15.56
	45.11	1:35.20 (50.09)	2:25.30 (50.10)	3:15.56 (50.26)	

Event 32 Women 70-74 200 LC Meter Breaststroke

1	Sally Lelean	71	Diss Otters-	4:39.00	4:33.04
	1:04.02	2:13.76 (1:09.74)	3:24.99 (1:11.23)	4:33.04 (1:08.05)	

Event 32 Women 75-79 200 LC Meter Breaststroke

1	Marilyn Dinsdale	76	Heads Valley-	5:16.60	5:28.44
	1:12.40	2:36.88 (1:24.48)	4:05.49 (1:28.61)	5:28.44 (1:22.95)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****Event 32 Women 80-84 200 LC Meter Breaststroke**

1	Muriel Hitchcock	84	Spencer-	5:15.00	5:05.74
	1:11.66	2:28.93	(1:17.27)	3:48.04	(1:19.11)
				5:05.74	(1:17.70)

Event 33 Men 18-24 100 LC Meter Butterfly

1	Sam Crew	20	Swansea Uni-	59.32	59.86
	26.48	59.86	(33.38)		
2	Dafydd Price	22	Cardiff Mast-	1:01.36	1:02.43
	29.00	1:02.43	(33.43)		

Event 33 Men 25-29 100 LC Meter Butterfly

1	Matthew Fairless	26	C Dolphins-	1:05.00	1:00.79
	28.20	1:00.79	(32.59)		
2	Matthew James	29	Birmingham M-	1:02.00	1:02.31
	28.68	1:02.31	(33.63)		
3	Liam Herbert	29	Birmingham M-	1:02.81	1:03.81
	28.47	1:03.81	(35.34)		
4	Ross Hosking	26	Cardiff Mast-	1:05.00	1:03.83
	29.49	1:03.83	(34.34)		
5	Callum Morris	27	Cardiff Mast-	1:10.65	1:12.37
	32.85	1:12.37	(39.52)		
6	Adam Davidson	28	Birmingham M-	1:15.00	1:14.59
	33.62	1:14.59	(40.97)		

Event 33 Men 30-34 100 LC Meter Butterfly

1	Gareth Allen	30	East Leeds-	1:00.93	1:01.33
	28.22	1:01.33	(33.11)		
2	Karsten Bach	32	Co Cambridge-	1:02.60	1:05.60
	29.92	1:05.60	(35.68)		

Event 33 Men 35-39 100 LC Meter Butterfly

1	Paul Wilkes	38	Birmingham M-	58.58	58.75
	27.54	58.75	(31.21)		
2	Steven Millican	37	Trafford Met-	1:04.00	1:03.29
	29.06	1:03.29	(34.23)		
3	David Blakemore	38	Cally Mast-	1:35.89	1:40.51
	42.48	1:40.51	(58.03)		

Event 33 Men 40-44 100 LC Meter Butterfly

1	Christopher Malpass	43	Trafford Met-	1:05.00	1:05.87
	30.55	1:05.87	(35.32)		
2	Tomasz Rybak	42	Wantage-	1:08.19	1:09.75
	32.77	1:09.75	(36.98)		
---	Marco Menegazzi	42	Asa Temp 2-	1:05.00	DQ
	31.93	DQ	(45.20)		

Event 33 Men 50-54 100 LC Meter Butterfly

1	Jamie McHale	50	Co Sheffield-	1:10.50	1:06.46
	30.77	1:06.46	(35.69)		
2	Sean McQuaid	54	Barnet Copt-	1:13.00	1:15.57
	33.72	1:15.57	(41.85)		
3	Stuart Colston	51	C Dolphins-	1:20.00	1:19.12
	35.17	1:19.12	(43.95)		

Event 33 Men 55-59 100 LC Meter Butterfly

1	Jonathan Saunders	56	Co Sheffield-	1:15.00	1:14.74
	34.82	1:14.74	(39.92)		

Event 33 Men 60-64 100 LC Meter Butterfly

1	Mark Jones	62	Warrington M-	1:25.37	1:28.60
	41.55	1:28.60	(47.05)		

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****(Event 33 Men 60-64 100 LC Meter Butterfly)**

2 Adam Lelean	60 Diss Otters-	1:29.08	1:32.85
42.87	1:32.85 (49.98)		

Event 33 Men 65-69 100 LC Meter Butterfly

1 Vladimir Sveds	66 Cardiff Mast-	1:39.60	1:43.51
46.06	1:43.51 (57.45)		

Event 34 Women 18-24 100 LC Meter Butterfly

1 Gemma Owen	22 Bristol Nor-	1:15.49	1:22.60
36.91	1:22.60 (45.69)		

Event 34 Women 25-29 100 LC Meter Butterfly

1 Isabella Centeleghe	26 Cardiff Mast-	1:06.00	1:04.55
29.45	1:04.55 (35.10)		
2 Rebecca Reid	26 Bristol Nor-	1:25.00	1:26.67
37.19	1:26.67 (49.48)		

Event 34 Women 45-49 100 LC Meter Butterfly

1 Jessica Wooddisse	47 Stroud Mast-	1:15.06	1:15.06
35.35	1:15.06 (39.71)		

Event 34 Women 50-54 100 LC Meter Butterfly

1 Nicola Latty	51 Holywell-	1:16.48	1:13.05
34.59	1:13.05 (38.46)		
2 Jeanne Petit	52 Leic Peng-	1:17.49	1:16.02
35.67	1:16.02 (40.35)		
3 Karen Howells	51 Cardiff Mast-	1:28.11	1:35.21
40.61	1:35.21 (54.60)		

Event 34 Women 60-64 100 LC Meter Butterfly

1 Judith Pearson	62 Carlisle Aq-	1:15.57	1:14.75
35.35	1:14.75 (39.40)		
2 Micaela Morris	61 Gloucester M-	1:39.60	1:39.55
43.46	1:39.55 (56.09)		

Event 34 Women 65-69 100 LC Meter Butterfly

1 Lorraine Crook	68 Caldicot-	2:30.00	2:40.67
1:12.24	2:40.67 (1:28.43)		

Event 35 Men 18-24 50 LC Meter Freestyle

1 Kjetil Rehm	23 Bristol Nor-	25.53	26.02
2 Samuel McKelvie-Warsop	23 Bristol Nor-	30.12	26.88
3 Martin Schofield	23 East Leeds-	26.71	26.95
4 Louis Batten	22 Atlantis-	27.19	27.79
5 Nathan Goodridge	23 Dove Valley-	27.99	28.12

Event 35 Men 25-29 50 LC Meter Freestyle

1 Connor Brunt	28 Guildford Ct-	23.58	25.42
2 Ross Hosking	26 Cardiff Mast-	27.00	26.98
3 Adam Davidson	28 Birmingham M-	26.13	27.06
4 Callum Morris	27 Cardiff Mast-	26.07	27.12
5 Michael Rees	29 Cardiff Mast-	27.50	27.24
6 Joseph Ainsworth	28 C Dolphins-	29.00	27.94
7 Joseph Tucker	27 Swansea Mast-	28.50	28.73
8 Matthew Dickinson	26 Swansea Mast-	27.98	28.75
9 Rhodri Evans	27 Cardiff Mast-	31.00	30.75

Event 35 Men 30-34 50 LC Meter Freestyle

1 Oliver Harris	32 Cardiff Mast-	23.78	24.59
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Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****(Event 35 Men 30-34 50 LC Meter Freestyle)**

2	Jack Thomas	31	Cardiff Mast-	26.00	26.60
3	Gareth Allen	30	East Leeds-	26.90	27.28
4	Karsten Bach	32	Co Cambridge-	27.78	27.66
5	Eamon Sharkh	30	Guildford Ct-	28.20	28.05
6	Mark Williams	33	Swansea Mast-	27.05	28.16
7	Christopher Street	33	Bristol Nor-	27.99	28.52
8	Arran Bluck	30	Bridgend SC-	29.00	29.13

Event 35 Men 40-44 50 LC Meter Freestyle

1	James Barwick	40	East Leeds-	26.00	27.15
2	Marco Menegazzi	42	Asa Temp 2-	28.00	29.65
3	Barnaby Rudd	44	Guildford Ct-	31.66	31.83

Event 35 Men 45-49 50 LC Meter Freestyle

1	Martin Butler	49	C Dolphins-	28.50	30.11
2	Jonathan Leech	46	Co Sheffield-	30.00	33.06
3	Rupert Hough	49	Dove Valley-	31.64	33.07

Event 35 Men 50-54 50 LC Meter Freestyle

1	Sean McQuaid	54	Barnet Copt-	28.50	27.67
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Event 35 Men 55-59 50 LC Meter Freestyle

1	Michael Hodgson	55	Woking-	25.75	25.76
2	Julian Swain	56	Maidenhead-	26.66	26.95
3	Russell Crew	55	Guildford Ct-	28.51	29.06
4	Glen Isaacs	57	MwayMaritime-	28.95	29.98
5	Mark Partridge	59	Stroud Mast-	30.00	30.82
6	Frank Morris	55	A.N.T. SC-	37.09	33.37
7	Jeff Thomas	56	Bridgend SC-	35.00	33.54

Event 35 Men 60-64 50 LC Meter Freestyle

1	Alec Johnson	60	Trafford Met-	27.23	27.61
2	Ralph Pinel	60	Bo Newham-	27.51	28.43
3	Colin Stephenson	64	Gloucester M-	29.22	28.60
4	David Bryant	61	Woking-	28.94	28.70
5	Adrian Morris	60	Cardiff Mast-	29.44	29.91
6	Paul Cartwright	61	Camden Swiss-	31.00	30.94
7	Adam Lelean	60	Diss Otters-	32.00	32.60
8	Ian Yates	60	Bridgend SC-	31.00	33.93
9	Dale Lewis	64	Cardiff Mast-	36.84	37.03

Event 35 Men 65-69 50 LC Meter Freestyle

1	Ian Woollard	68	Barnet Copt-	33.90	32.69
2	Godfrey Admans	68	Spencer-	33.97	33.67

Event 35 Men 70-74 50 LC Meter Freestyle

1	Terence Mansi	73	Hadleigh-	36.50	36.61
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Event 35 Men 75-79 50 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	31.00	30.76
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Event 35 Men 80-84 50 LC Meter Freestyle

1	Tim Pearce	83	Mid Sussex-	45.00	42.48
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Event 36 Women 18-24 50 LC Meter Freestyle

1	Amelia Tucker	19	Swansea Mast-	28.68	29.18
2	Nadine James	24	Cardiff Mast-	28.23	29.26
3	Lois Davies	19	Cardiff Mast-	30.14	30.19
4	Laura Shinton	18	Welshpool-	29.43	30.46

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****(Event 36 Women 18-24 50 LC Meter Freestyle)**

5	Anya Thomas	20	Co Cardiff-	29.50	30.78
6	Alice Reeves-Turner	24	Woking-	30.98	30.85
7	Chloe Lewis	22	Bristol Nor-	32.00	32.29
8	Rhian Jones	22	Cardiff Mast-	32.83	32.58
9	Gemma Spencer	20	Woking-	32.00	32.63
10	Gemma Owen	22	Bristol Nor-	30.64	32.81
11	Alycia Clarke	21	Hinckley-	34.86	33.76

Event 36 Women 25-29 50 LC Meter Freestyle

1	Danielle Stirrat	29	Cardiff Mast-	28.50	27.83
2	Louisa Zolkiewski	29	Oxford Uni-	27.65	28.33
3	Isabella Centeleghe	26	Cardiff Mast-	28.00	28.91
4	Hannah Palfrey	29	Cardiff Mast-	29.65	29.09
5	Megan McDonagh	29	Otter-	30.10	29.82
6	Emily Whiting	25	Bristol Nor-	31.74	31.76

Event 36 Women 30-34 50 LC Meter Freestyle

1	Holly Booth	31	Trafford Met-	28.90	28.16
2	Megan Pardoe	33	Bristol Nor-	30.71	30.34
3	Hannah Angell	32	Woking-	31.17	30.62
4	Alice Eaton	30	Bristol Nor-	34.73	34.18
5	Carrie Power	34	British Army-	34.82	34.66

Event 36 Women 35-39 50 LC Meter Freestyle

1	Lauren Willcox	36	Saxon Crown-	29.00	29.53
2	Laura Cranshaw	35	Birmingham M-	29.22	30.40

Event 36 Women 40-44 50 LC Meter Freestyle

1	Emma Wills	43	York City-	29.50	29.19
2	Lisa Dawson	44	Barnet Copt-	30.98	32.09
3	Emma Harvey	41	A.N.T. SC-	32.17	33.35

Event 36 Women 45-49 50 LC Meter Freestyle

1	Michelle Ware	49	Woking-	27.79	28.58
2	Joanna Powell	49	Bridgend SC-	33.00	32.48
3	Melissa Spears	49	Barnet Copt-	36.00	36.48

Event 36 Women 50-54 50 LC Meter Freestyle

1	Helen Gorman	50	Co Cardiff-	29.50	29.87
2	Karen Howells	51	Cardiff Mast-	33.29	34.46
3	Emma France	54	Guildford Ct-	46.59	43.89
4	Claudine Day	51	Redhill & R-	49.63	43.98

Event 36 Women 55-59 50 LC Meter Freestyle

1	Joanna Collins	56	Welshpool-	33.20	31.34
2	Joanne Seymour	57	Gloucester M-	32.10	31.48
3	Suzanne Maidment	56	Spencer-	35.69	37.22
4	Ceri Thomas	57	Bridgend SC-	38.80	38.68
5	Elaine Harrison	59	Cardiff Mast-	44.54	44.39

Event 36 Women 60-64 50 LC Meter Freestyle

1	Martine Hall	64	S Bournem'th-	35.94	36.46
2	Micaela Morris	61	Gloucester M-	36.32	36.71
3	Frances Wilson	64	Croydon Amph-	45.00	44.22
4	Delia Keen	61	Carm Masters-	55.51	53.93

Event 36 Women 65-69 50 LC Meter Freestyle

1	Amanda Heath	65	Spencer-	35.06	34.64
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Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 5 - Warm Up 11.30 - 12.20****(Event 36 Women 65-69 50 LC Meter Freestyle)**

2	Jayne Stephenson	68	Gloucester M-	36.36	35.61
3	Julia Buchanan	65	Caldicot-	40.00	37.59
4	Marianne Davey	69	Redhill & R-	42.78	44.17
5	Lorraine Crook	68	Caldicot-	1:02.29	1:06.57

Event 36 Women 70-74 50 LC Meter Freestyle

1	Alison Gwynn	74	Mid Sussex-	39.59	38.42
2	Alison Varley	70	Cardiff Mast-	48.05	52.00

Event 36 Women 80-84 50 LC Meter Freestyle

1	Muriel Hitchcock	84	Spencer-	58.00	59.47
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Event 37 Mixed 72-99 200 LC Meter Freestyle Relay

1	Bristol Nor	A	NT	2:03.10
	1) Kjetil Rehm M23	2) Alice Eaton W30	3) Chloe Lewis W22	4) Samuel McKelvie-Warsop M23
	26.98	1:02.19 (35.21)	1:35.30 (33.11)	2:03.10 (27.80)

Event 37 Mixed 120-159 200 LC Meter Freestyle Relay

1	Cardiff Mast	A	NT	1:52.03
	28.20	1:02.04 (33.84)	1:28.07 (26.03)	1:52.03 (23.96)
2	Swansea Mast	A	NT	1:53.81
	1) Mark Williams M33	2) Hannah Griffiths W28	3) David Hanbury M29	4) Hannah Munday W31
	27.60	58.83 (31.23)	1:24.51 (25.68)	1:53.81 (29.30)
3	Camden Swiss	A	NT	2:09.50
	1) Paul Cartwright M61	2) Zorika Adams W52	3) Maida Shivik W48	4) Phillip Albright M52
	30.83	1:07.14 (36.31)	1:40.36 (33.22)	2:09.50 (29.14)
4	Cardiff Mast	C	NT	2:46.42
	45.98	1:35.69 (49.71)	2:10.00 (34.31)	2:46.42 (36.42)
---	Cardiff Mast	B	NT	DQ
	34.40	1:16.19 (41.79)	DQ (56.27)	

Event 37 Mixed 160-199 200 LC Meter Freestyle Relay

1	Swansea Mast	B	NT	2:06.69
	1) Ned Gill M42	2) Jordanna Roberts W40	3) Bethan Raby W49	4) Stephen Croall M50
	30.25	1:02.25 (32.00)	1:38.08 (35.83)	2:06.69 (28.61)

Event 37 Mixed 200-239 200 LC Meter Freestyle Relay

1	Woking	A	NT	1:52.50
	1) Michael Hodgson M55	2) Jennie Clarke W37	3) Michelle Ware W49	4) David Bryant M61
	26.07	56.38 (30.31)	1:24.79 (28.41)	1:52.50 (27.71)
2	Co Sheffield	A	NT	2:15.58
	1) Jonathan Saunders M56	2) Wendy Figures W57	3) Jamie McHale M50	4) Catherine Hartle W64
	28.94	1:09.31 (40.37)	1:37.66 (28.35)	2:15.58 (37.92)

Event 37 Mixed 280-319 200 LC Meter Freestyle Relay

1	Spencer	A	NT	2:40.58
	1) Godfrey Admans M68	2) Peter Stephens M75	3) Susan Lauder W79	4) Amanda Heath W65
	31.18	1:10.02 (38.84)	2:03.67 (53.65)	2:40.58 (36.91)

Event 37 Mixed 320-359 200 LC Meter Freestyle Relay

1	Mid Sussex	A	NT	2:47.30
	1) Anthony Gimson M85	2) Jennifer Dean W79	3) Tim Pearce M83	4) Alison Gwynn W74
	41.72	1:28.20 (46.48)	2:10.26 (42.06)	2:47.30 (37.04)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Women 18-24 800 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Deryn Cressey-Rodgers	19	Oxford Uni-	9:39.68	9:56.75
32.95	1:08.81 (35.86)	1:46.04 (37.23)	2:23.29 (37.25)	
3:00.94 (37.65)	3:38.46 (37.52)	4:16.36 (37.90)	4:54.08 (37.72)	
5:32.64 (38.56)	6:10.67 (38.03)	6:48.66 (37.99)	7:26.67 (38.01)	
8:04.62 (37.95)	8:42.57 (37.95)	9:20.43 (37.86)	9:56.75 (36.32)	
2 Lois Davies	19	Cardiff Mast-	9:30.00	10:25.90
34.17	1:11.37 (37.20)	1:49.83 (38.46)	2:28.36 (38.53)	
3:08.21 (39.85)	3:47.71 (39.50)	4:27.87 (40.16)	5:07.85 (39.98)	
5:48.18 (40.33)	6:28.42 (40.24)	7:08.91 (40.49)	7:48.77 (39.86)	
8:29.33 (40.56)	9:08.97 (39.64)	9:48.28 (39.31)	10:25.90 (37.62)	

Event 38 Women 30-34 800 LC Meter Freestyle

1 Hannah Munday	31	Swansea Mast-	9:34.45	9:43.86
33.13	1:08.90 (35.77)	1:45.84 (36.94)	2:22.77 (36.93)	
3:00.16 (37.39)	3:37.28 (37.12)	4:14.77 (37.49)	4:51.76 (36.99)	
5:29.14 (37.38)	6:05.93 (36.79)	6:42.90 (36.97)	7:19.57 (36.67)	
7:56.39 (36.82)	8:32.95 (36.56)	9:09.14 (36.19)	9:43.86 (34.72)	
2 Rebecca O'Brien	33	Wycombe Dist-	11:00.01	9:55.15
32.52	1:08.19 (35.67)	1:45.49 (37.30)	2:23.35 (37.86)	
3:01.42 (38.07)	3:39.40 (37.98)	4:17.51 (38.11)	4:55.83 (38.32)	
5:33.85 (38.02)	6:11.96 (38.11)	6:49.81 (37.85)	7:28.31 (38.50)	
8:05.98 (37.67)	8:43.78 (37.80)	9:20.51 (36.73)	9:55.15 (34.64)	
3 Stephanie McNally	33	Bristol Nor-	10:08.01	10:12.31
34.17	1:11.56 (37.39)	1:49.70 (38.14)	2:28.21 (38.51)	
3:06.95 (38.74)	3:45.68 (38.73)	4:24.46 (38.78)	5:03.57 (39.11)	
5:42.36 (38.79)	6:21.11 (38.75)	6:59.96 (38.85)	7:38.89 (38.93)	
8:17.75 (38.86)	8:56.66 (38.91)	9:35.11 (38.45)	10:12.31 (37.20)	
4 Carrie Power	34	British Army-	12:15.00	12:29.30
39.16	1:23.35 (44.19)	2:09.50 (46.15)	2:55.92 (46.42)	
3:43.04 (47.12)	4:30.42 (47.38)	5:17.79 (47.37)	6:05.85 (48.06)	
6:53.35 (47.50)	7:41.59 (48.24)	8:29.39 (47.80)	9:17.26 (47.87)	
10:04.90 (47.64)	10:53.15 (48.25)	11:41.39 (48.24)	12:29.30 (47.91)	

Event 38 Women 40-44 800 LC Meter Freestyle

1 Emma Harvey	41	A.N.T. SC-	11:40.00	11:46.65
37.96	1:20.51 (42.55)	2:04.94 (44.43)	2:48.97 (44.03)	
3:34.57 (45.60)	4:18.56 (43.99)	5:04.34 (45.78)	5:49.16 (44.82)	
6:35.33 (46.17)	7:20.17 (44.84)	8:06.37 (46.20)	8:51.01 (44.64)	
9:36.06 (45.05)	10:20.48 (44.42)	11:04.88 (44.40)	11:46.65 (41.77)	
2 Rebecca Lennon	40	Trafford Met-	11:32.79	11:46.91
40.93	1:25.12 (44.19)	2:10.43 (45.31)	2:55.14 (44.71)	
3:40.42 (45.28)	4:24.93 (44.51)	5:10.16 (45.23)	5:54.39 (44.23)	
6:39.13 (44.74)	7:23.39 (44.26)	8:07.97 (44.58)	8:52.16 (44.19)	
9:36.65 (44.49)	10:20.66 (44.01)	11:05.01 (44.35)	11:46.91 (41.90)	

Event 38 Women 45-49 800 LC Meter Freestyle

1 Jessica Wooddisse	47	Stroud Mast-	10:03.33	10:04.40
34.70	1:12.03 (37.33)	1:49.44 (37.41)	2:27.28 (37.84)	
3:05.20 (37.92)	3:43.53 (38.33)	4:21.84 (38.31)	5:00.42 (38.58)	
5:38.45 (38.03)	6:16.79 (38.34)	6:54.99 (38.20)	7:33.72 (38.73)	
8:11.91 (38.19)	8:50.09 (38.18)	9:27.56 (37.47)	10:04.40 (36.84)	
2 Rachel Wood	45	Bristol Nor-	11:50.00	11:44.30
38.00	1:20.44 (42.44)	2:04.76 (44.32)	2:49.34 (44.58)	
3:34.24 (44.90)	4:19.25 (45.01)	5:04.31 (45.06)	5:49.32 (45.01)	
6:34.79 (45.47)	7:20.51 (45.72)	8:06.18 (45.67)	8:51.52 (45.34)	
9:36.15 (44.63)	10:21.07 (44.92)	11:03.17 (42.10)	11:44.30 (41.13)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Women 45-49 800 LC Meter Freestyle)**

3 Sarah Jones	48 S Bournem'th-	12:45.00	13:35.11
45.32	1:34.48 (49.16)	2:26.43 (51.95)	3:18.29 (51.86)
	5:03.41 ()		6:47.48 ()
	8:31.05 ()	9:22.93 (51.88)	10:14.01 (51.08)
11:05.47 (51.46)	11:56.04 (50.57)	12:47.43 (51.39)	13:35.11 (47.68)

Event 38 Women 50-54 800 LC Meter Freestyle

1 Beverley Bourne	54 Barnet Copt-	11:42.05	12:21.51
39.12	1:24.79 (45.67)	2:10.98 (46.19)	2:57.74 (46.76)
3:44.62 (46.88)	4:32.60 (47.98)	5:20.05 (47.45)	6:07.59 (47.54)
6:54.97 (47.38)	7:42.02 (47.05)	8:29.84 (47.82)	9:16.39 (46.55)
10:02.74 (46.35)	10:49.82 (47.08)	11:36.47 (46.65)	12:21.51 (45.04)
2 Zorika Adams	52 Camden Swiss-	12:45.00	12:46.76
42.35	1:29.92 (47.57)	2:18.58 (48.66)	3:07.92 (49.34)
3:57.26 (49.34)	4:46.96 (49.70)	5:35.17 (48.21)	6:24.11 (48.94)
7:12.59 (48.48)	8:00.96 (48.37)	8:48.75 (47.79)	9:37.04 (48.29)
10:24.79 (47.75)	11:13.56 (48.77)	12:01.28 (47.72)	12:46.76 (45.48)

Event 38 Women 55-59 800 LC Meter Freestyle

1 Joanna Collins	56 Welshpool-	12:25.00	11:46.79
36.18	1:19.72 (43.54)	2:05.56 (45.84)	2:51.70 (46.14)
3:37.23 (45.53)	4:22.70 (45.47)	5:07.83 (45.13)	5:52.69 (44.86)
6:37.64 (44.95)	7:22.83 (45.19)	8:08.23 (45.40)	8:53.24 (45.01)
9:38.18 (44.94)	10:22.81 (44.63)	11:07.29 (44.48)	11:46.79 (39.50)
2 Suzanne Welham	58 St Albans Ma-	12:15.00	11:59.55
40.96	1:25.91 (44.95)	2:12.09 (46.18)	2:58.33 (46.24)
3:44.56 (46.23)	4:30.79 (46.23)	5:16.75 (45.96)	6:02.88 (46.13)
6:48.40 (45.52)	7:33.98 (45.58)	8:19.19 (45.21)	9:04.20 (45.01)
9:48.80 (44.60)	10:33.52 (44.72)	11:17.67 (44.15)	11:59.55 (41.88)
3 Hannah Ueckermann	59 Witham Dolph-	15:06.40	12:35.11
44.63	1:32.76 (48.13)	2:20.69 (47.93)	3:08.02 (47.33)
3:55.93 (47.91)	4:43.59 (47.66)	5:31.11 (47.52)	6:18.88 (47.77)
7:06.65 (47.77)	7:54.39 (47.74)	8:41.63 (47.24)	9:29.33 (47.70)
10:16.95 (47.62)	11:03.96 (47.01)	11:50.70 (46.74)	12:35.11 (44.41)
4 Helen Andrews	56 S D Trojan-	13:00.55	12:54.18
41.97	1:29.64 (47.67)	2:19.28 (49.64)	3:08.40 (49.12)
3:57.77 (49.37)	4:46.76 (48.99)	5:35.75 (48.99)	6:24.49 (48.74)
7:13.22 (48.73)	8:02.16 (48.94)	8:50.67 (48.51)	9:39.99 (49.32)
10:28.89 (48.90)	11:18.18 (49.29)	12:07.06 (48.88)	12:54.18 (47.12)
5 Suzanne Maidment	56 Spencer-	12:35.22	13:00.26
40.45	1:25.73 (45.28)	2:13.69 (47.96)	3:02.63 (48.94)
3:51.77 (49.14)	4:41.67 (49.90)	5:31.48 (49.81)	6:21.82 (50.34)
7:11.83 (50.01)	8:02.12 (50.29)	8:52.25 (50.13)	9:42.55 (50.30)
10:32.25 (49.70)	11:21.91 (49.66)	12:11.86 (49.95)	13:00.26 (48.40)
6 Anne Raymond	59 Croydon Amph-	15:00.00	13:48.32
44.95	1:35.93 (50.98)	2:28.41 (52.48)	3:20.73 (52.32)
4:12.95 (52.22)	5:05.56 (52.61)	5:58.79 (53.23)	6:51.06 (52.27)
7:43.84 (52.78)	8:36.79 (52.95)	9:29.38 (52.59)	10:21.89 (52.51)
11:14.29 (52.40)	12:06.71 (52.42)	12:58.71 (52.00)	13:48.32 (49.61)
7 Elaine Harrison	59 Cardiff Mast-	14:57.60	14:47.08
48.42	1:41.66 (53.24)	2:37.63 (55.97)	3:33.48 (55.85)
4:30.33 (56.85)	5:26.39 (56.06)	6:22.68 (56.29)	7:19.14 (56.46)
8:16.24 (57.10)	9:12.95 (56.71)	10:09.85 (56.90)	11:06.49 (56.64)
12:02.72 (56.23)	12:58.73 (56.01)	13:53.95 (55.22)	14:47.08 (53.13)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Women 60-64 800 LC Meter Freestyle**

1	Dymphna Morris	61	Aer Lingus Masters-	11:20.00	11:14.88
	38.35	1:19.63 (41.28)	2:01.95 (42.32)	2:44.74 (42.79)	
	3:27.44 (42.70)	4:10.77 (43.33)	4:54.00 (43.23)	5:36.99 (42.99)	
	6:19.61 (42.62)	7:02.53 (42.92)	7:45.13 (42.60)	8:27.98 (42.85)	
	9:10.31 (42.33)	9:52.80 (42.49)	10:34.83 (42.03)	11:14.88 (40.05)	
2	Frances Baker	62	Carrick Mas-	12:17.83	11:54.70
	39.23	1:23.06 (43.83)	2:08.11 (45.05)	2:53.86 (45.75)	
	3:38.92 (45.06)		5:08.52 ()	5:53.96 (45.44)	
	6:38.74 (44.78)	7:24.58 (45.84)	8:09.95 (45.37)	8:54.65 (44.70)	
	9:39.54 (44.89)	10:24.98 (45.44)	11:11.20 (46.22)	11:54.70 (43.50)	
3	Catherine Hartle	64	Co Sheffield-	13:15.00	13:05.63
	43.89	1:31.56 (47.67)	2:21.28 (49.72)	3:11.10 (49.82)	
	4:01.40 (50.30)	4:51.37 (49.97)	5:41.84 (50.47)	6:30.88 (49.04)	
	7:20.75 (49.87)	8:10.11 (49.36)	8:59.92 (49.81)	9:49.03 (49.11)	
	10:38.58 (49.55)	11:28.13 (49.55)	12:17.88 (49.75)	13:05.63 (47.75)	
4	Sharon McLellan	64	Hadleigh-	14:15.00	13:23.14
	45.62	1:34.94 (49.32)	2:26.04 (51.10)	3:16.66 (50.62)	
	4:07.80 (51.14)	4:58.63 (50.83)	5:50.02 (51.39)	6:41.06 (51.04)	
	7:32.69 (51.63)	8:23.79 (51.10)	9:14.82 (51.03)	10:05.00 (50.18)	
	10:55.61 (50.61)	11:46.08 (50.47)	12:35.69 (49.61)	13:23.14 (47.45)	
5	Delia Keen	61	Carm Masters-	17:30.00	17:27.03
	56.57	2:01.32 (1:04.75)	3:06.54 (1:05.22)	4:13.75 (1:07.21)	
	5:19.90 (1:06.15)	6:27.41 (1:07.51)	7:34.06 (1:06.65)	8:40.31 (1:06.25)	
	9:46.40 (1:06.09)	10:53.49 (1:07.09)	11:59.73 (1:06.24)	13:06.85 (1:07.12)	
	14:12.55 (1:05.70)	15:18.91 (1:06.36)	16:23.10 (1:04.19)	17:27.03 (1:03.93)	

Event 38 Women 65-69 800 LC Meter Freestyle

1	Anne Bourne	68	Camphill Ed-	12:10.49	12:27.46
	41.17	1:27.13 (45.96)	2:14.22 (47.09)	3:01.43 (47.21)	
	3:48.73 (47.30)	4:35.89 (47.16)	5:23.34 (47.45)	6:10.96 (47.62)	
	6:57.95 (46.99)	7:45.72 (47.77)	8:32.86 (47.14)	9:20.64 (47.78)	
	10:07.85 (47.21)	10:55.26 (47.41)	11:42.08 (46.82)	12:27.46 (45.38)	
2	Catherine Beckett	66	Winchester-	12:25.00	12:35.20
	41.43	1:27.48 (46.05)	2:15.65 (48.17)	3:02.96 (47.31)	
	3:51.40 (48.44)	4:39.29 (47.89)	5:27.75 (48.46)	6:15.22 (47.47)	
	7:03.25 (48.03)	7:50.60 (47.35)	8:39.28 (48.68)	9:26.36 (47.08)	
	10:14.54 (48.18)	11:01.74 (47.20)	11:50.06 (48.32)	12:35.20 (45.14)	
3	Julia Buchanan	65	Caldicot-	14:30.00	13:49.65
	45.12	1:36.92 (51.80)	2:30.87 (53.95)	3:24.79 (53.92)	
	4:17.47 (52.68)	5:10.88 (53.41)	6:03.88 (53.00)	6:57.54 (53.66)	
	7:49.50 (51.96)	8:41.14 (51.64)	9:33.20 (52.06)	10:25.60 (52.40)	
	11:17.79 (52.19)	12:10.36 (52.57)	13:01.37 (51.01)	13:49.65 (48.28)	

Event 38 Women 75-79 800 LC Meter Freestyle

1	Rose Dudeny	75	Mid Sussex-	15:15.00	14:59.17
	50.07	1:45.70 (55.63)	2:41.67 (55.97)	3:38.20 (56.53)	
	4:36.65 (58.45)	5:33.59 (56.94)	6:29.94 (56.35)	7:27.01 (57.07)	
	8:23.61 (56.60)	9:20.88 (57.27)	10:18.43 (57.55)	11:15.43 (57.00)	
	12:12.45 (57.02)	13:09.94 (57.49)	14:06.22 (56.28)	14:59.17 (52.95)	
2	Elaine Blower	77	Barnet Copt-	17:54.00	16:45.47
	57.47	2:01.61 (1:04.14)	3:06.75 (1:05.14)	4:11.07 (1:04.32)	
	5:15.67 (1:04.60)	6:19.43 (1:03.76)	7:24.12 (1:04.69)	8:27.88 (1:03.76)	
	9:32.74 (1:04.86)	10:36.15 (1:03.41)	11:39.90 (1:03.75)	12:42.28 (1:02.38)	
	13:44.91 (1:02.63)	14:46.85 (1:01.94)	15:48.76 (1:01.91)	16:45.47 (56.71)	
3	Susan Lauder	79	Spencer-	18:17.73	18:11.92
	59.47	2:08.16 (1:08.69)	3:18.25 (1:10.09)	4:29.64 (1:11.39)	
	5:38.05 (1:08.41)	6:48.08 (1:10.03)	7:56.23 (1:08.15)	9:04.06 (1:07.83)	
	10:12.99 (1:08.93)	11:22.87 (1:09.88)	12:30.62 (1:07.75)	13:40.16 (1:09.54)	
	14:48.37 (1:08.21)	15:57.23 (1:08.86)	17:05.68 (1:08.45)	18:11.92 (1:06.24)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Women 75-79 800 LC Meter Freestyle)**

4 Margaret Weare	78 Caldicot-	19:30.00	20:01.22
1:03.64	2:16.21 (1:12.57)	3:28.61 (1:12.40)	4:46.33 (1:17.72)
6:01.87 (1:15.54)	7:18.94 (1:17.07)	8:33.78 (1:14.84)	9:52.18 (1:18.40)
11:06.68 (1:14.50)	12:24.21 (1:17.53)	13:38.54 (1:14.33)	14:55.60 (1:17.06)
16:13.69 (1:18.09)	17:31.02 (1:17.33)	18:47.42 (1:16.40)	20:01.22 (1:13.80)

Event 38 Men 18-24 800 LC Meter Freestyle

1 Timon Chapman	20 Co Norwich-	10:21.87	9:52.01
31.74	1:07.42 (35.68)	1:43.71 (36.29)	2:20.98 (37.27)
2:58.38 (37.40)	3:36.43 (38.05)	4:13.73 (37.30)	4:52.75 (39.02)
5:30.76 (38.01)	6:08.80 (38.04)	6:46.84 (38.04)	7:25.25 (38.41)
8:02.52 (37.27)	8:40.64 (38.12)	9:17.14 (36.50)	9:52.01 (34.87)

Event 38 Men 25-29 800 LC Meter Freestyle

1 Ross Hosking	26 Cardiff Mast-	9:00.00	9:22.37
31.65	1:05.95 (34.30)	1:41.80 (35.85)	2:17.30 (35.50)
2:53.51 (36.21)	3:28.71 (35.20)	4:04.42 (35.71)	4:39.97 (35.55)
5:15.99 (36.02)	5:51.14 (35.15)	6:26.78 (35.64)	7:01.73 (34.95)
7:37.33 (35.60)	8:12.07 (34.74)	8:47.44 (35.37)	9:22.37 (34.93)

Event 38 Men 30-34 800 LC Meter Freestyle

1 Michael Tansini	31 Co Cambridge-	9:30.00	9:31.08
31.63	1:06.96 (35.33)	1:43.12 (36.16)	2:20.05 (36.93)
2:56.41 (36.36)	3:32.98 (36.57)	4:09.30 (36.32)	4:45.87 (36.57)
5:21.85 (35.98)	5:58.37 (36.52)	6:34.43 (36.06)	7:10.85 (36.42)
7:46.69 (35.84)	8:22.67 (35.98)	8:57.44 (34.77)	9:31.08 (33.64)
2 Craig Thomas	31 Rct Squad-	8:40.00	9:31.60
32.06	1:06.71 (34.65)	1:42.46 (35.75)	2:17.81 (35.35)
2:53.85 (36.04)	3:29.07 (35.22)	4:04.80 (35.73)	4:40.25 (35.45)
5:17.12 (36.87)	5:52.82 (35.70)	6:29.85 (37.03)	7:06.78 (36.93)
7:44.10 (37.32)	8:20.84 (36.74)	8:56.99 (36.15)	9:31.60 (34.61)
3 Andrew Mason	30 Cardiff Mast-	11:00.00	11:33.95
37.65	1:18.89 (41.24)	2:00.60 (41.71)	2:44.25 (43.65)
3:28.09 (43.84)	4:12.90 (44.81)	4:57.39 (44.49)	5:42.48 (45.09)
6:27.20 (44.72)	7:12.20 (45.00)	7:56.32 (44.12)	8:41.11 (44.79)
9:25.13 (44.02)	10:09.61 (44.48)	10:52.86 (43.25)	11:33.95 (41.09)

Event 38 Men 40-44 800 LC Meter Freestyle

1 Christopher Malpass	43 Trafford Met-	10:15.00	10:22.84
33.51	1:12.05 (38.54)	1:51.58 (39.53)	2:31.14 (39.56)
3:10.66 (39.52)	3:50.47 (39.81)	4:30.21 (39.74)	5:09.67 (39.46)
5:49.46 (39.79)	6:28.96 (39.50)	7:08.43 (39.47)	7:47.97 (39.54)
8:27.38 (39.41)	9:06.64 (39.26)	9:45.94 (39.30)	10:22.84 (36.90)
2 Ned Gill	42 Swansea Mast-	10:30.00	10:37.13
37.19	1:17.85 (40.66)	1:58.78 (40.93)	2:39.42 (40.64)
3:19.15 (39.73)	3:58.27 (39.12)	4:37.68 (39.41)	5:17.38 (39.70)
5:57.01 (39.63)	6:36.95 (39.94)	7:17.14 (40.19)	7:57.50 (40.36)
8:38.28 (40.78)	9:19.58 (41.30)	9:59.77 (40.19)	10:37.13 (37.36)
3 Barnaby Rudd	44 Guildford Ct-	12:38.00	12:22.49
39.42	1:25.52 (46.10)	2:11.65 (46.13)	2:58.91 (47.26)
3:46.21 (47.30)	4:34.27 (48.06)	5:21.86 (47.59)	6:09.47 (47.61)
6:56.38 (46.91)	7:43.45 (47.07)	8:30.17 (46.72)	9:17.48 (47.31)
10:03.87 (46.39)	10:50.66 (46.79)	11:37.35 (46.69)	12:22.49 (45.14)

Event 38 Men 45-49 800 LC Meter Freestyle

1 Andrew Martin	47 Cardiff Mast-	9:52.00	10:07.04
33.61	1:09.66 (36.05)	1:46.97 (37.31)	2:25.06 (38.09)
3:03.61 (38.55)	3:42.11 (38.50)	4:20.87 (38.76)	4:59.72 (38.85)
5:38.48 (38.76)	6:17.30 (38.82)	6:56.26 (38.96)	7:35.04 (38.78)
8:13.99 (38.95)	8:52.93 (38.94)	9:31.21 (38.28)	10:07.04 (35.83)

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****Event 38 Men 50-54 800 LC Meter Freestyle**

1	Peter Dixon	54	Bo Newham-	9:25.63	9:44.55
	31.90	1:07.25 (35.35)	1:43.85 (36.60)	2:20.26 (36.41)	
	2:57.13 (36.87)	3:33.98 (36.85)	4:10.81 (36.83)	4:47.81 (37.00)	
	5:25.23 (37.42)	6:02.44 (37.21)	6:40.08 (37.64)	7:17.16 (37.08)	
	7:54.88 (37.72)	8:32.22 (37.34)	9:09.76 (37.54)	9:44.55 (34.79)	
2	Paul Hatton	53	Caradon-	10:24.43	10:51.63
	36.07	1:15.40 (39.33)	1:55.90 (40.50)	2:36.12 (40.22)	
	3:17.23 (41.11)	3:58.05 (40.82)	4:39.51 (41.46)	5:20.53 (41.02)	
	6:02.23 (41.70)	6:43.94 (41.71)	7:26.39 (42.45)	8:08.33 (41.94)	
	8:50.50 (42.17)	9:32.18 (41.68)	10:14.02 (41.84)	10:51.63 (37.61)	
3	Simon Berrey	51	Spencer-	10:31.83	11:14.96
	36.30	1:16.26 (39.96)	1:57.90 (41.64)	2:39.83 (41.93)	
	3:21.78 (41.95)	4:05.16 (43.38)	4:47.32 (42.16)	5:30.30 (42.98)	
	6:13.32 (43.02)	6:56.67 (43.35)	7:40.17 (43.50)	8:23.40 (43.23)	
	9:06.36 (42.96)	9:49.57 (43.21)	10:32.43 (42.86)	11:14.96 (42.53)	

Event 38 Men 55-59 800 LC Meter Freestyle

1	Martin Bradford	55	Out To Swim-	12:30.76	11:40.58
	37.69	1:20.35 (42.66)	2:04.81 (44.46)	2:48.70 (43.89)	
	3:33.69 (44.99)	4:17.93 (44.24)	5:02.82 (44.89)	5:47.46 (44.64)	
	6:32.48 (45.02)	7:17.08 (44.60)	8:01.11 (44.03)	8:45.36 (44.25)	
	9:30.06 (44.70)	10:14.47 (44.41)	10:57.97 (43.50)	11:40.58 (42.61)	
2	Mark Partridge	59	Stroud Mast-	12:15.00	12:54.42
	41.76	1:28.49 (46.73)	2:17.69 (49.20)	3:06.80 (49.11)	
	3:56.80 (50.00)	4:46.35 (49.55)	5:35.98 (49.63)	6:25.38 (49.40)	
	7:14.90 (49.52)	8:04.46 (49.56)	8:54.06 (49.60)	9:42.60 (48.54)	
	10:31.40 (48.80)	11:19.57 (48.17)	12:08.03 (48.46)	12:54.42 (46.39)	

Event 38 Men 60-64 800 LC Meter Freestyle

1	Boyd Freeman	60	Aer Lingus Masters-	10:30.00	10:40.68
	36.63	1:17.34 (40.71)	1:58.54 (41.20)	2:39.58 (41.04)	
	3:20.03 (40.45)	4:00.60 (40.57)	4:41.16 (40.56)	5:21.87 (40.71)	
	6:01.71 (39.84)	6:42.49 (40.78)	7:22.95 (40.46)	8:03.40 (40.45)	
	8:43.86 (40.46)	9:24.46 (40.60)	10:03.88 (39.42)	10:40.68 (36.80)	
2	Mark Jones	62	Warrington M-	10:34.47	10:47.10
	36.87	1:16.79 (39.92)	1:57.63 (40.84)	2:38.23 (40.60)	
	3:19.60 (41.37)	4:00.26 (40.66)	4:41.56 (41.30)	5:22.91 (41.35)	
	6:03.85 (40.94)	6:44.73 (40.88)	7:25.94 (41.21)	8:07.39 (41.45)	
	8:48.35 (40.96)	9:29.60 (41.25)	10:09.09 (39.49)	10:47.10 (38.01)	
3	Ralph Pinel	60	Bo Newham-	10:43.58	10:50.17
	37.80	1:17.48 (39.68)	1:58.61 (41.13)	2:40.22 (41.61)	
	3:21.98 (41.76)	4:03.16 (41.18)	4:44.56 (41.40)	5:26.03 (41.47)	
	6:06.81 (40.78)	6:47.69 (40.88)	7:28.52 (40.83)	8:09.37 (40.85)	
	8:50.50 (41.13)	9:31.25 (40.75)	10:11.91 (40.66)	10:50.17 (38.26)	
4	Dale Barker	60	Team Anglia-	11:00.00	11:04.63
	37.34	1:18.08 (40.74)	1:59.74 (41.66)	2:41.09 (41.35)	
	3:23.24 (42.15)	4:05.20 (41.96)	4:47.68 (42.48)	5:30.10 (42.42)	
	6:12.90 (42.80)	6:55.13 (42.23)	7:37.46 (42.33)	8:19.35 (41.89)	
	9:01.70 (42.35)	9:43.55 (41.85)	10:25.11 (41.56)	11:04.63 (39.52)	
5	Adam Lelean	60	Diss Otters-	11:15.00	11:11.73
	36.99		2:01.07 ()		
	3:26.66 ()	4:09.92 (43.26)	4:52.20 (42.28)	5:35.01 (42.81)	
	6:17.19 (42.18)	6:59.70 (42.51)	7:41.99 (42.29)	8:24.81 (42.82)	
	9:07.28 (42.47)		10:31.70 ()	11:11.73 (40.03)	
6	Gordon Coutts	62	Totnes-	11:16.00	11:13.55
	36.46	1:15.69 (39.23)	1:57.07 (41.38)	2:39.02 (41.95)	
	3:21.28 (42.26)	4:03.20 (41.92)	4:45.64 (42.44)	5:28.93 (43.29)	
	6:12.41 (43.48)	6:55.39 (42.98)	7:38.50 (43.11)	8:22.07 (43.57)	
	9:05.75 (43.68)	9:49.53 (43.78)	10:32.80 (43.27)	11:13.55 (40.75)	

Swim Wales Open Masters 2022 - 05/03/2022 to 06/03/2022**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.15pm - 2.45pm****(Event 38 Men 60-64 800 LC Meter Freestyle)**

7	Alan Parkins	62	Spencer-	11:10.00	11:26.28
	35.61	1:15.60 (39.99)	1:57.73 (42.13)	2:40.90 (43.17)	
	3:24.15 (43.25)	4:07.56 (43.41)	4:52.10 (44.54)	5:36.56 (44.46)	
	6:21.20 (44.64)	7:06.54 (45.34)	7:50.70 (44.16)	8:35.13 (44.43)	
	9:19.33 (44.20)	10:02.91 (43.58)	10:46.56 (43.65)	11:26.28 (39.72)	
8	Patrick Allen	60	Guildford Ct-	12:40.00	12:25.57
	41.17	1:27.83 (46.66)	2:15.01 (47.18)	3:02.22 (47.21)	
	3:49.85 (47.63)	4:37.72 (47.87)	5:24.72 (47.00)	6:11.83 (47.11)	
	6:58.48 (46.65)	7:45.93 (47.45)	8:33.25 (47.32)	9:20.37 (47.12)	
	10:07.86 (47.49)	10:54.66 (46.80)	11:41.01 (46.35)	12:25.57 (44.56)	

Event 38 Men 65-69 800 LC Meter Freestyle

1	Ian Murray	65	Flitwick-	11:59.51	11:54.78
	39.64		2:08.59 ()		
	3:38.50 ()	4:24.13 (45.63)	5:08.95 (44.82)	5:54.85 (45.90)	
	6:39.66 (44.81)		8:11.29 ()	8:56.83 (45.54)	
	9:42.99 (46.16)	10:27.59 (44.60)	11:12.73 (45.14)	11:54.78 (42.05)	
2	Nick Minns	69	St Felix Sch-	12:37.88	12:40.97
	42.71	1:29.15 (46.44)	2:17.31 (48.16)	3:04.82 (47.51)	
	3:53.70 (48.88)	4:41.71 (48.01)	5:30.24 (48.53)	6:18.66 (48.42)	
	7:06.13 (47.47)	7:54.40 (48.27)	8:42.27 (47.87)	9:30.59 (48.32)	
	10:18.62 (48.03)	11:06.70 (48.08)	11:54.93 (48.23)	12:40.97 (46.04)	

Event 38 Men 70-74 800 LC Meter Freestyle

1	Stuart McLellan	73	Hadleigh-	13:20.00	13:06.08
	43.69	1:31.86 (48.17)	2:21.95 (50.09)	3:12.46 (50.51)	
	4:03.11 (50.65)	4:53.78 (50.67)	5:44.35 (50.57)	6:34.18 (49.83)	
	7:23.86 (49.68)	8:14.28 (50.42)	9:03.89 (49.61)	9:54.38 (50.49)	
	10:43.59 (49.21)	11:33.11 (49.52)	12:21.09 (47.98)	13:06.08 (44.99)	
2	Terence Mansi	73	Hadleigh-	14:30.00	14:44.09
	47.38	1:42.07 (54.69)	2:39.18 (57.11)	3:35.07 (55.89)	
	4:32.36 (57.29)	5:28.35 (55.99)	6:24.92 (56.57)	7:20.90 (55.98)	
	8:17.80 (56.90)	9:13.76 (55.96)	10:10.24 (56.48)	11:06.35 (56.11)	
	12:02.51 (56.16)	12:58.02 (55.51)	13:52.73 (54.71)	14:44.09 (51.36)	

Event 38 Men 75-79 800 LC Meter Freestyle

1	Chris Dunn	76	Hatfield-	11:10.00	11:25.81
	38.62	1:20.86 (42.24)	2:02.91 (42.05)	2:46.25 (43.34)	
	3:29.06 (42.81)	4:12.70 (43.64)	4:55.52 (42.82)	5:39.29 (43.77)	
	6:22.33 (43.04)	7:06.63 (44.30)	7:49.86 (43.23)	8:33.70 (43.84)	
	9:17.32 (43.62)	10:01.38 (44.06)	10:44.26 (42.88)	11:25.81 (41.55)	
2	Peter Stephens	75	Spencer-	13:52.49	14:08.80
	47.64		2:36.24 ()	3:31.40 (55.16)	
	4:26.47 (55.07)	5:20.46 (53.99)	6:14.09 (53.63)	7:07.77 (53.68)	
	8:01.86 (54.09)	8:55.69 (53.83)	9:49.39 (53.70)	10:42.82 (53.43)	
	11:35.77 (52.95)	12:29.28 (53.51)	13:21.63 (52.35)	14:08.80 (47.17)	

Event 38 Men 80-84 800 LC Meter Freestyle

1	Donald Leatherbarrow	84	Gloucester M-	15:30.00	14:49.11
	47.86	1:42.75 (54.89)	2:39.31 (56.56)	3:35.27 (55.96)	
	4:31.80 (56.53)	5:27.86 (56.06)	6:24.43 (56.57)	7:20.63 (56.20)	
	8:17.42 (56.79)	9:13.21 (55.79)	10:10.94 (57.73)	11:07.63 (56.69)	
	12:06.04 (58.41)	13:02.93 (56.89)	13:58.07 (55.14)	14:49.11 (51.04)	
2	Paul Clarke	80	Beaver Mast-	18:38.00	18:24.63
	58.10	2:07.72 (1:09.62)	3:16.42 (1:08.70)	4:25.79 (1:09.37)	
	5:36.66 (1:10.87)	6:47.30 (1:10.64)	7:55.23 (1:07.93)	9:05.91 (1:10.68)	
	10:14.42 (1:08.51)		12:33.50 ()	13:46.00 (1:12.50)	
	14:57.38 (1:11.38)	16:05.52 (1:08.14)	17:16.81 (1:11.29)	18:24.63 (1:07.82)	